

2019 NORTH PUGET SOUND LEAGUE XC CHAMPS
Presented By North Puget Sound League
Saturday - October 26, 2019
Fort Steilacoom Park - Lakewood, WA
Women's Varsity - Team Results

RANK	TEAM	TEAM	OVERALL PLACES OF FINISHERS							AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD
1	Tahoma	30	2	5	6	8	9	10	12	19:28.13	00:41
2	Thomas Jefferson	78	7	13	18	19	21	23	24	20:21.64	01:12
3	Auburn Riverside	102	1	11	22	32	36	38	68	20:51.99	03:03
4	Todd Beamer	159	4	25	39	44	49	66	71	21:37.80	02:56
5	Enumclaw	169	3	15	16	63	74	85	86	21:55.19	04:05
6	Auburn Mountainview	182	20	30	33	43	58	92	97	22:24.99	02:06
7	Kentridge	207	34	35	41	48	51	64	69	22:06.07	00:39
8	Mt Rainier	216	26	29	40	53	70	83		22:07.63	01:57
9	Kentlake	237	14	17	47	79	84	87	90	22:35.70	03:38
10	Federal Way	260	37	50	55	57	65	91	100	22:59.90	01:18
11	Auburn	288	28	52	61	75	76	80	82	22:49.36	02:17
12	Hazen	288	45	59	60	62	67	88	89	22:58.39	00:55
13	Kentwood	337	27	72	73	77	93	102	103	26:17.70	08:27
14	Decatur	370	54	56	78	94	95	96	98	-	-
15	Kennedy Catholic	374	31	46	99	101	104	105	106	-	-
	Kent Meridian	0	42	81						-	-

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Women's Varsity - Team Breakdown

Tahoma

Score	Name	Grade	Time
2	MARTINEZ, Faith	10	18:56.20
5	BARNHART, Theresa	10	19:12.00
6	NAU, Anika	9	19:18.50
8	BRADY, Lulu	11	19:36.50
9	SANDERS, Sara	9	19:36.90
10	AGUILAR, Sage	10	19:42.00
12	ACOSTA, Savanna	9	19:54.80
30			

Thomas Jefferson

Score	Name	Grade	Time
7	RIORDAN, Kathleen	11	19:25.90
13	SAUCEDO, Alisha	11	20:08.10
18	PEREZ, Mayela	12	20:26.50
19	MURRAY, Alyssa	12	20:27.40
21	HOLDEN, Amy	12	20:37.80
23	WOLF, Bailey	11	20:41.80
24	JUNG, Julia	9	20:44.00
78			

Auburn Riverside

Score	Name	Grade	Time
1	MUNETON, Jasmin	11	18:26.60
11	TATE, Samena	10	19:48.20
22	RANDALL, Sophia	12	20:38.90
32	HALFORD, Emma	11	21:17.60
36	WALTON, Rhiannon	12	21:29.70
38	YU, Isabel	10	21:31.00
67	HAMILTON, Ruby	10	22:51.90
102			

Todd Beamer

Score	Name	Grade	Time
4	SAFLEY, Lisa	11	19:09.90
25	ODOM, Sophie	9	20:50.80
39	MORAN, Natalie	9	21:36.60
43	STOVIN, Evelyn	11	21:54.10
48	MARTIN, Na'lla	10	22:06.30
65	LIM, Emily	11	22:50.30
70	ODOM, Emily	12	22:56.60
159			

Enumclaw

Score	Name	Grade	Time
3	PUZON, Natasha	12	19:02.20
15	NEU, Addie	10	20:21.80
16	DICKSON, Kate	9	20:21.90
62	DICKSON, Kristen	10	22:42.60
73	WILLIS, Eva	10	23:06.70
83	SCHULZ, Mikeala	12	23:53.20
84	BREIDENBACH, Hadley	10	23:57.90
169			

Auburn Mountainview

Score	Name	Grade	Time
20	MANGAHAS, Zoe	10	20:28.80
30	AUSTIN, Josie	12	21:08.30
33	SELLERS, Nala	9	21:17.90
42	WRIGHT, Olivia	10	21:52.90
57	MONJE, Stacy	12	22:34.90
90	STASYUK, Yana	9	24:34.60
95	MEREDITH, Sidney	10	24:57.50
182			

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Kentridge			Mt Rainier		
Score	Name	Grade Time	Score	Name	Grade Time
34	ERICKSON, Ingrid	11 21:28.70	26	LUCERO, Elena	10 20:56.10
35	MITCHELL, Olivia	10 21:29.70	29	MARSHALL, Trisity	10 21:07.40
41	GOSAL, Shubhpreet	11 21:50.60	40	CHIRKO, Skyler	10 21:49.50
47	JONES, Isabelle	10 22:05.40	52	LEE, Harmony	10 22:13.20
50	BUSKE, Caroline	10 22:07.90	69	TUTTLE, Moriah	10 22:53.10
63	LUDWIG, Johannah	12 22:47.60	81	LUONG, Susan	12 23:46.50
68	WONG, Lisa	11 22:52.60	216		1:45:15
207			216		

Kentlake			Federal Way		
Score	Name	Grade Time	Score	Name	Grade Time
14	BALLARD, Kelsey	11 20:09.40	37	RUVALCABA, Yorling	11 21:30.90
17	MATUSKA, Krista	12 20:24.60	49	VERGARA RAMOS, Isabel	10 22:07.00
46	JOHNSON, Kendall	12 22:01.20	54	CHONG, Jillian	12 22:23.50
78	MAITRE, Fabienne	12 23:34.10	56	CLUM, Beatrice	9 22:31.90
82	SAUCEDA, Alex	12 23:47.00	64	MWERU, Bakta	12 22:49.00
85	FOREE, Jadyne	11 24:01.60	89	ARANGO, Rosa	11 24:15.90
88	PACK, Nora	9 24:12.00	98	NAKAYA, Kaylie	11 25:21.10
237			260		

Auburn			Hazen		
Score	Name	Grade Time	Score	Name	Grade Time
28	BARKER, Bailey	9 21:03.20	44	MORRIS, Clare	12 21:56.10
51	LEE, Kara	11 22:10.20	58	MOHAN, Keila	12 22:36.80
60	COLLINGS, Morgan	12 22:38.80	59	HONG, Grace	12 22:38.50
74	CIOLEK, Kylie	10 23:14.10	61	KELLY, Rose	9 22:39.10
75	CASPERSON, Claire	11 23:20.00	66	JASMAN, Ava	12 22:50.80
79	RAI, Harjot	10 23:35.10	86	CUNIO, Isabella	12 24:03.60
80	REBOLLO CELIS, Jennifer	12 23:44.10	87	METIVIER, Lola	9 24:03.80
288			288		

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Kennedy Catholic

Score	Name	Grade	Time	
31	KURTH, Ashley	9	21:12.70	
45	FRANKOVICH, Jordan	10	21:59.40	
97	SWEGLE, Natalia	11	25:12.70	
99	CASTRONOVER, Gaby	10	25:37.50	
102	FERRERA, Stephanie	9	29:39.70	
103	HODGSON, Katja	11	30:03.70	
104	HERRERA, Lindsay	12	30:18.20	
374				0

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Fort Steilacoom Park - Lakewood, WA

Women's Varsity - Individual Results

Start Time

10:00 AM

Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	127	MUNETON, Jasmin	Auburn Riverside	11	18:26.60	00:00	05:56
2	2	203	MARTINEZ, Faith	Tahoma	10	18:56.20	#####	06:06
3	3	140	PUZON, Natasha	Enumclaw	12	19:02.20	00:36	06:08
4	4	214	SAFLEY, Lisa	Todd Beamer	11	19:09.90	00:43	06:10
5	5	201	BARNHART, Theresa	Tahoma	10	19:12.00	17:34	06:11
6	6	204	NAU, Anika	Tahoma	9	19:18.50	00:52	06:13
7	7	210	RIORDAN, Kathleen	Thomas Jefferson	11	19:25.90	00:59	06:15
8	8	202	BRADY, Lulu	Tahoma	11	19:36.50	01:10	06:19
9	9	205	SANDERS, Sara	Tahoma	9	19:36.90	01:10	06:19
10	10	200	AGUILAR, Sage	Tahoma	10	19:42.00	01:16	06:20
11	11	129	TATE, Samena	Auburn Riverside	10	19:48.20	01:22	06:22
12	12	199	ACOSTA, Savanna	Tahoma	9	19:54.80	01:28	06:25
13	13	211	SAUCEDO, Alisha	Thomas Jefferson	11	20:08.10	01:42	06:29
14	14	171	BALLARD, Kelsey	Kentlake	11	20:09.40	01:43	06:29
15	15	139	NEU, Addie	Enumclaw	10	20:21.80	01:55	06:33
16	16	144	DICKSON, Kate	Enumclaw	9	20:21.90	01:55	06:33
17	17	175	MATUSKA, Krista	Kentlake	12	20:24.60	01:58	06:34
18	18	209	PEREZ, Mayela	Thomas Jefferson	12	20:26.50	02:00	06:35
19	19	208	MURRAY, Alyssa	Thomas Jefferson	12	20:27.40	02:01	06:35
20	20	119	MANGAHAS, Zoe	Auburn Mountainvie	10	20:28.80	02:02	06:36
21	21	206	HOLDEN, Amy	Thomas Jefferson	12	20:37.80	02:11	06:38
22	22	128	RANDALL, Sophia	Auburn Riverside	12	20:38.90	02:12	06:39
23	23	212	WOLF, Bailey	Thomas Jefferson	11	20:41.80	02:15	06:40
24	24	207	JUNG, Julia	Thomas Jefferson	9	20:44.00	02:18	06:40
25	25	217	ODOM, Sophie	Todd Beamer	9	20:50.80	02:24	06:43
26	26	193	LUCERO, Elena	Mt Rainier	10	20:56.10	02:30	06:44
27	27	185	ASELIN, Lolarose	Kentwood	11	20:57.80	02:31	06:45
28	28	111	BARKER, Bailey	Auburn	9	21:03.20	02:37	06:47
29	29	197	MARSHALL, Trisity	Mt Rainier	10	21:07.40	02:41	06:48
30	30	118	AUSTIN, Josie	Auburn Mountainvie	12	21:08.30	02:42	06:48
31	31	165	KURTH, Ashley	Kennedy Catholic	9	21:12.70	02:46	06:50
32	32	125	HALFORD, Emma	Auburn Riverside	11	21:17.60	02:51	06:51
33	33	122	SELLERS, Nala	Auburn Mountainvie	9	21:17.90	02:51	06:51
34	34	179	ERICKSON, Ingrid	Kentridge	11	21:28.70	03:02	06:55
35	35	183	MITCHELL, Olivia	Kentridge	10	21:29.70	03:03	06:55
36	36	130	WALTON, Rhiannon	Auburn Riverside	12	21:29.70	03:03	06:55

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Women's Varsity - Individual Results

Start Time

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Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
37	37	150	RUVALCABA, Yorling	Federal Way	11	21:30.90	03:04	06:56
38	38	131	YU, Isabel	Auburn Riverside	10	21:31.00	03:05	06:56
39	39	216	MORAN, Natalie	Todd Beamer	9	21:36.60	03:10	06:57
40	40	192	CHIRKO, Skyler	Mt Rainier	10	21:49.50	03:23	07:01
41	41	180	GOSAL, Shubhpreet	Kentridge	11	21:50.60	03:24	07:02
42		168	KAUR, Arundeeep	Kent Meridian	11	21:51.60	03:25	07:02
43	42	124	WRIGHT, Olivia	Auburn Mountainvie	10	21:52.90	03:26	07:03
44	43	218	STOVIN, Evelyn	Todd Beamer	11	21:54.10	03:28	07:03
45	44	159	MORRIS, Clare	Hazen	12	21:56.10	03:30	07:04
46	45	162	FRANKOVICH, Jordan	Kennedy Catholic	10	21:59.40	03:33	07:05
47	46	173	JOHNSON, Kendall	Kentlake	12	22:01.20	03:35	07:05
48	47	181	JONES, Isabelle	Kentridge	10	22:05.40	03:39	07:07
49	48	215	MARTIN, Na'IIa	Todd Beamer	10	22:06.30	03:40	07:07
50	49	151	VERGARA RAMOS, Isabel	Federal Way	10	22:07.00	03:41	07:07
51	50	178	BUSKE, Caroline	Kentridge	10	22:07.90	03:41	07:07
52	51	115	LEE, Kara	Auburn	11	22:10.20	03:44	07:08
53	52	196	LEE, Harmony	Mt Rainier	10	22:13.20	03:47	07:09
54	53	132	AUTRY, Kayla	Decatur	10	22:23.40	03:57	07:12
55	54	146	CHONG, Jillian	Federal Way	12	22:23.50	03:57	07:12
56	55	136	MENDOZA, Samantha	Decatur	12	22:26.00	04:00	07:13
57	56	147	CLUM, Beatrice	Federal Way	9	22:31.90	04:05	07:15
58	57	121	MONJE, Stacy	Auburn Mountainvie	12	22:34.90	04:08	07:16
59	58	158	MOHAN, Keila	Hazen	12	22:36.80	04:10	07:17
60	59	154	HONG, Grace	Hazen	12	22:38.50	04:12	07:17
61	60	114	COLLINGS, Morgan	Auburn	12	22:38.80	04:12	07:17
62	61	156	KELLY, Rose	Hazen	9	22:39.10	04:13	07:17
63	62	145	DICKSON, Kristen	Enumclaw	10	22:42.60	04:16	07:19
64	63	182	LUDWIG, Johannah	Kentridge	12	22:47.60	04:21	07:20
65	64	148	MWERU, Bakta	Federal Way	12	22:49.00	04:23	07:21
66	65	219	LIM, Emily	Todd Beamer	11	22:50.30	04:24	07:21
67	66	155	JASMAN, Ava	Hazen	12	22:50.80	04:24	07:21
68	67	126	HAMILTON, Ruby	Auburn Riverside	10	22:51.90	04:25	07:22
69	68	184	WONG, Lisa	Kentridge	11	22:52.60	04:26	07:22
70	69	198	TUTTLE, Moriah	Mt Rainier	10	22:53.10	04:27	07:22
71	70	213	ODOM, Emily	Todd Beamer	12	22:56.60	04:30	07:23
72	71	187	DOLAN, Maya	Kentwood	11	23:01.30	04:35	07:25

10/26/2019 11:30 AM

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PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
73	72	188	ROBINETT, Margaret	Kentwood	10	23:04.90	04:38	07:26
74	73	142	WILLIS, Eva	Enumclaw	10	23:06.70	04:40	07:26
75	74	113	CIOLEK, Kylie	Auburn	10	23:14.10	04:48	07:29
76	75	112	CASPERSON, Claire	Auburn	11	23:20.00	04:54	07:31
77	76	186	CUEVAS, Daniela	Kentwood	12	23:21.80	04:55	07:31
78	77	138	WOLF, Abbie	Decatur	10	23:30.30	05:04	07:34
79	78	174	MAITRE, Fabienne	Kentlake	12	23:34.10	05:08	07:35
80	79	116	RAI, Harjot	Auburn	10	23:35.10	05:09	07:35
81		167	JIMENEZ-JOVEL, Jenny	Kent Meridian	11	23:37.80	05:11	07:36
82	80	117	REBOLLO CELIS, Jennifer	Auburn	12	23:44.10	05:18	07:38
83	81	194	LUONG, Susan	Mt Rainier	12	23:46.50	05:20	07:39
84	82	177	SAUCEDA, Alex	Kentlake	12	23:47.00	05:21	07:39
85	83	141	SCHULZ, Mikeala	Enumclaw	12	23:53.20	05:27	07:41
86	84	143	BREIDENBACH, Hadley	Enumclaw	10	23:57.90	05:31	07:43
87	85	172	FOREE, Jacy	Kentlake	11	24:01.60	05:35	07:44
88	86	153	CUNIO, Isabella	Hazen	12	24:03.60	05:37	07:45
89	87	157	METIVIER, Lola	Hazen	9	24:03.80	05:37	07:45
90	88	176	PACK, Nora	Kentlake	9	24:12.00	05:46	07:47
91	89	152	ARANGO, Rosa	Federal Way	11	24:15.90	05:49	07:49
92	90	540	STASYUK, Yana	Auburn Mountainvie	9	24:34.60	06:08	07:55
93	91	191	SANFORD, Alexandria	Kentwood	12	24:39.40	06:13	07:56
94	92	134	HUYNH, Catherine	Decatur	12	24:40.20	06:14	07:56
95	93	133	BIEMBONGO, Samira	Decatur	10	24:49.00	06:23	07:59
96	94	135	MCCONVILLE, Lani	Decatur	9	24:56.00	06:30	08:02
97	95	120	MEREDITH, Sidney	Auburn Mountainvie	10	24:57.50	06:31	08:02
98	96	137	VELORIA, Ezra	Decatur	9	25:09.60	06:43	08:06
99	97	166	SWEGLE, Natalia	Kennedy Catholic	11	25:12.70	06:46	08:07
100	98	149	NAKAYA, Kaylie	Federal Way	11	25:21.10	06:55	08:10
101	99	160	CASTRONOVER, Gaby	Kennedy Catholic	10	25:37.50	07:11	08:15
102	100	190	COLEMAN, Sierra	Kentwood	11	26:16.40	07:50	08:27
103	101	189	SARAI, Raveena	Kentwood	11	26:52.50	08:26	08:39
104	102	161	FERRERA, Stephanie	Kennedy Catholic	9	29:39.70	11:13	09:33
105	103	164	HODGSON, Katja	Kennedy Catholic	11	30:03.70	11:37	09:41
106	104	163	HERRERA, Lindsay	Kennedy Catholic	12	30:18.20	11:52	09:45