

2019 SNO-KING MIDDLE SCHOOL CROSS COUNTRY CHAMPIONSHIPS
Presented By Shoreline School District
Wednesday - October 23, 2019
Shoreline Stadium - Shoreline, WA
7th Grade Girls - Team Results

RANK	TEAM	TEAM	OVERALL PLACES OF FINISHERS								AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD	
1	Gateway	44	2	4	8	14	25	38	61	14:49.71	01:46	
2	Kellogg	70	1	15	18	21	27	30	42	14:54.50	02:08	
3	Brier Terrace	105	11	20	22	33	34	50	69	15:30.00	00:50	
4	Einstein	110	12	13	24	29	49	53	62	15:33.53	01:20	
5	College Place	150	6	16	47	48	52	65	80	15:50.90	02:13	
6	Harbour Pointe	170	17	40	41	44	45	77	79	16:06.14	01:06	
7	Alderwood	179	19	28	36	59	60	72	73	16:11.43	01:48	
8	Heatherwood	186	10	23	54	55	71			15:52.16	02:17	
9	Meadowdale	206	31	32	37	58	78	91	97	16:45.26	01:50	
10	North	216	26	35	51	64	70	88	109	17:03.00	01:41	
11	Olympic View	244	5	39	82	83	85			16:30.86	03:54	
	Explorer	0	3	56	63	96				-	-	
	Evergreen	0	7	9						-	-	
	Eisenhower	0	46	81	113					-	-	
	Voyager	0	111							-	-	

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7th Grade Girls - Team Breakdown

Gateway

Score	Name	Grade	Time
2	JONES-GRISIM, Grace	7	13:25.70
3	BANGERTER, Selena	7	13:46.90
6	RHODES, Zoey	7	14:13.70
11	PUSZTAI, Charisma	7	14:40.60
22	SKOOG, Allison	7	15:11.90
35	DUEMCHEN, Anja	7	15:45.50
54	HORACE, Luna	7	16:43.70
44			

Kellogg

Score	Name	Grade	Time
1	CLAAR, Linnea	7	13:11.50
12	WANG, Millie	7	14:42.10
15	MURRAY, Taryn	7	14:53.00
18	ZAPRZALKA, Sasha	7	15:00.80
24	METCALF-LINDENBURGER, B	7	15:19.80
27	KING, Rowan	7	15:24.20
39	SAND, Nevina	7	15:50.10
70			

Brier Terrace

Score	Name	Grade	Time
8	REGAN, Grace	7	14:37.90
17	WOODMAN, Erin	7	14:57.60
19	TRAN, Mifa	7	15:05.60
30	SETALA, Abby	7	15:27.20
31	CHEN, Sonita	7	15:27.60
45	KEO, Lily	7	16:00.30
58	AKIYAMA, Anabelle	7	16:53.80
105			

Einstein

Score	Name	Grade	Time
9	BRUNO, Hanna	7	14:39.50
10	ZIMMER, Jazzie	7	14:40.50
21	HELSTAD, Emma	7	15:10.40
26	BROULLARD, Maddy	7	15:23.80
44	HOFF, Paulina	7	15:59.50
48	NORTON, Libby	7	16:16.70
55	GLASSER, Maya	7	16:44.30
110			

College Place

Score	Name	Grade	Time
5	MASUNAGA, Mio	7	13:57.30
13	KOENIG, Riley	7	14:47.30
42	OLIVER, Adison	7	15:56.70
43	HOSTETLER, Faith	7	15:57.70
47	CURTIS, Jenna	7	16:10.70
57	MARTIN-MAZZEO, Gabrielle	7	16:48.40
66	CHU, Ariel	7	17:18.20
150			

Harbour Pointe

Score	Name	Grade	Time
14	THORSON, Abby	7	14:49.10
37	BUNDY, Chloe	7	15:48.20
38	DIAZ, Naomi	7	15:49.00
40	LEGER, Paige	7	15:52.10
41	HUGUENIN, Brooklyn	7	15:54.70
63	BANDARAGODA, Rose	7	17:13.10
65	BETTENCOURT, Annabella	7	17:16.80
170			

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Alderwood

Score	Name	Grade	Time
16	PAULSENE, Kira	7	14:54.00
25	SUMME, Hailey	7	15:23.40
33	RAMIREZ, Barbara	7	15:42.40
52	HOLMAN, Abby	7	16:36.40
53	HARMON, Emmalee	7	16:42.20
61	SCHMIDT, Hurley	7	16:58.40
62	ALMAW, Halleluya	7	17:03.20
179			

Heatherwood

Score	Name	Grade	Time
7	NORTHALL, Rylee	7	14:37.20
20	CULBERSON, Julia	7	15:09.10
49	CROSS, Makena	7	16:16.80
50	CAESAR, Sophia	7	16:23.50
60	GAUTAM, Ishani	7	16:54.20
186			

Meadowdale

Score	Name	Grade	Time
28	FLEISHMAN, Payton	7	15:25.50
29	ADAMS, Ulali	7	15:25.90
34	DETHLEFS, Sara	7	15:43.90
51	ALVAREZ, Adrianna	7	16:29.80
64	CHINN, Sophie	7	17:15.10
71	FLEIGER-HOLMES, Kasey	7	18:20.80
72	KIMBALL, Kelsi	7	18:35.80
206			

North

Score	Name	Grade	Time
23	FLORES-GRANADOS, Mia	7	15:12.80
32	BRACKET, Alice	7	15:34.00
46	FLESHMAN, Rebekah	7	16:05.10
56	WHITE, Helen	7	16:45.60
59	KUEHN, Sienna	7	16:54.00
70	MILLER, Freya	7	18:07.80
73	GILFILLAN, Addison	7	20:41.70
216			

Olympic View

Score	Name	Grade	Time
4	HOLLOWAY, Jaxin	7	13:53.10
36	HRUSCHKA, Lauren	7	15:46.30
67	CHUNG, Mina	7	17:26.70
68	LAPE, Jazlyn	7	17:40.80
69	DUKE, Charlotte	7	17:47.40
244			

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Start Time

3:30 PM

Race Distance

3,315 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	1235	CLAAR, Linnea	Kellogg	7	13:11.50	00:00	06:24
2	2	1212	JONES-GRISIM, Grace	Gateway	7	13:25.70	00:14	06:31
3		1203	GARCIA, Audrey	Explorer	7	13:30.10	00:19	06:33
4	3	1207	BANGERTER, Selena	Gateway	7	13:46.90	00:35	06:41
5	4	1271	HOLLOWAY, Jaxin	Olympic View	7	13:53.10	00:42	06:44
6	5	1178	MASUNAGA, Mio	College Place	7	13:57.30	00:46	06:46
7		1198	DIMITROV, Venina	Evergreen	7	14:11.20	01:00	06:53
8	6	1215	RHODES, Zoey	Gateway	7	14:13.70	01:02	06:54
9		1200	ROBERTSON, Clara	Evergreen	7	14:24.50	01:13	07:00
10	7	1232	NORTHALL, Rylee	Heatherwood	7	14:37.20	01:26	07:06
11	8	1165	REGAN, Grace	Brier Terrace	7	14:37.90	01:26	07:06
12	9	1182	BRUNO, Hanna	Einstein	7	14:39.50	01:28	07:07
13	10	1194	ZIMMER, Jazzie	Einstein	7	14:40.50	01:29	07:07
14	11	1214	PUSZTAI, Charisma	Gateway	7	14:40.60	01:29	07:08
15	12	1247	WANG, Millie	Kellogg	7	14:42.10	01:31	07:08
16	13	1176	KOENIG, Riley	College Place	7	14:47.30	01:36	07:11
17	14	1225	THORSON, Abby	Harbour Pointe	7	14:49.10	01:38	07:12
18	15	1243	MURRAY, Taryn	Kellogg	7	14:53.00	01:42	07:14
19	16	1151	PAULSENE, Kira	Alderwood	7	14:54.00	01:43	07:14
20	17	1171	WOODMAN, Erin	Brier Terrace	7	14:57.60	01:46	07:16
21	18	1248	ZAPRZALKA, Sasha	Kellogg	7	15:00.80	01:49	07:17
22	19	1170	TRAN, Mifa	Brier Terrace	7	15:05.60	01:54	07:20
23	20	1229	CULBERSON, Julia	Heatherwood	7	15:09.10	01:58	07:21
24	21	1188	HELSTAD, Emma	Einstein	7	15:10.40	01:59	07:22
25	22	1216	SKOOG, Allison	Gateway	7	15:11.90	02:00	07:23
26	23	1263	FLORES-GRANADOS, Mia	North	7	15:12.80	02:01	07:23
27	24	1241	METCALF-LINDENBURGER,	Kellogg	7	15:19.80	02:08	07:27
28	25	1155	SUMME, Hailey	Alderwood	7	15:23.40	02:12	07:28
29	26	1181	BROULLARD, Maddy	Einstein	7	15:23.80	02:12	07:28
30	27	1238	KING, Rowan	Kellogg	7	15:24.20	02:13	07:29
31	28	1254	FLEISHMAN, Payton	Meadowdale	7	15:25.50	02:14	07:29
32	29	1249	ADAMS, Ulali	Meadowdale	7	15:25.90	02:14	07:29
33	30	1168	SETALA, Abby	Brier Terrace	7	15:27.20	02:16	07:30
34	31	1159	CHEN, Sonita	Brier Terrace	7	15:27.60	02:16	07:30
35	32	1260	BRACKET, Alice	North	7	15:34.00	02:23	07:33
36	33	1152	RAMIREZ, Barbara	Alderwood	7	15:42.40	02:31	07:38

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Race Distance

3,315 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
37	34	1252	DETHLEFS, Sara	Meadowdale	7	15:43.90	02:32	07:38
38	35	1210	DUEMCHEN, Anja	Gateway	7	15:45.50	02:34	07:39
39	36	1272	HRUSCHKA, Lauren	Olympic View	7	15:46.30	02:35	07:39
40	37	1220	BUNDY, Chloe	Harbour Pointe	7	15:48.20	02:37	07:40
41	38	1222	DIAZ, Naomi	Harbour Pointe	7	15:49.00	02:38	07:41
42	39	1245	SAND, Nevina	Kellogg	7	15:50.10	02:39	07:41
43		1246	SCHWARTZ, Meridian	Kellogg	7	15:50.80	02:39	07:42
44	40	1224	LEGER, Paige	Harbour Pointe	7	15:52.10	02:41	07:42
45	41	1223	HUGUENIN, Brooklyn	Harbour Pointe	7	15:54.70	02:43	07:43
46		1196	CRUZ DELA PAZ, Dalia	Eisenhower	7	15:55.60	02:44	07:44
47	42	1179	OLIVER, Adison	College Place	7	15:56.70	02:45	07:44
48	43	1175	HOSTETLER, Faith	College Place	7	15:57.70	02:46	07:45
49	44	1189	HOFF, Paulina	Einstein	7	15:59.50	02:48	07:46
50	45	1162	KEO, Lily	Brier Terrace	7	16:00.30	02:49	07:46
51	46	1262	FLESHMAN, Rebekah	North	7	16:05.10	02:54	07:49
52	47	1174	CURTIS, Jenna	College Place	7	16:10.70	02:59	07:51
53	48	1191	NORTON, Libby	Einstein	7	16:16.70	03:05	07:54
54	49	1228	CROSS, Makena	Heatherwood	7	16:16.80	03:05	07:54
55	50	1227	CAESAR, Sophia	Heatherwood	7	16:23.50	03:12	07:57
56		1202	ESHMURATOVA, Guljamal	Explorer	7	16:25.00	03:14	07:58
57		1234	CAMARA, Naffi	Kellogg	7	16:28.50	03:17	08:00
58	51	1250	ALVAREZ, Adrianna	Meadowdale	7	16:29.80	03:18	08:01
59	52	1146	HOLMAN, Abby	Alderwood	7	16:36.40	03:25	08:04
60	53	1149	HARMON, Emmalee	Alderwood	7	16:42.20	03:31	08:07
61	54	1211	HORACE, Luna	Gateway	7	16:43.70	03:32	08:07
62	55	1186	GLASSER, Maya	Einstein	7	16:44.30	03:33	08:08
63		1204	HAYS, Jazzy	Explorer	7	16:44.40	03:33	08:08
64	56	1268	WHITE, Helen	North	7	16:45.60	03:34	08:08
65	57	1177	MARTIN-MAZZEO, Gabrielle	College Place	7	16:48.40	03:37	08:10
66		1184	ESAYAS, Maylet	Einstein	7	16:49.40	03:38	08:10
67		1192	SPADAFORA, Vanessa	Einstein	7	16:50.80	03:39	08:11
68		1244	MURTHY, Leena	Kellogg	7	16:51.30	03:40	08:11
69	58	1157	AKIYAMA, Anabelle	Brier Terrace	7	16:53.80	03:42	08:12
70	59	1265	KUEHN, Sienna	North	7	16:54.00	03:43	08:12
71	60	1230	GAUTAM, Ishani	Heatherwood	7	16:54.20	03:43	08:12
72	61	1154	SCHMIDT, Hurley	Alderwood	7	16:58.40	03:47	08:14

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3,315 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
73	62	1147	ALMAW, Halleluya	Alderwood	7	17:03.20	03:52	08:17
74		1190	NGUYEN, Vy	Einstein	7	17:04.30	03:53	08:17
75		1185	GHATAK, Toa	Einstein	7	17:05.60	03:54	08:18
76		1161	GARFF, Kayleigh	Brier Terrace	7	17:12.80	04:01	08:21
77	63	1218	BANDARAGODA, Rose	Harbour Pointe	7	17:13.10	04:02	08:22
78	64	1251	CHINN, Sophie	Meadowdale	7	17:15.10	04:04	08:23
79	65	1219	BETTENCOURT, Annabella	Harbour Pointe	7	17:16.80	04:05	08:23
80	66	1173	CHU, Ariel	College Place	7	17:18.20	04:07	08:24
81		1195	ASNAUSKAS, Alexis	Eisenhower	7	17:24.80	04:13	08:27
82	67	1269	CHUNG, Mina	Olympic View	7	17:26.70	04:15	08:28
83	68	1273	LAPE, Jazlyn	Olympic View	7	17:40.80	04:29	08:35
84		1221	CALDWELL, Christine	Harbour Pointe	7	17:44.90	04:33	08:37
85	69	1270	DUKE, Charlotte	Olympic View	7	17:47.40	04:36	08:38
86		1226	WESTERMANN, Catherine	Harbour Pointe	7	17:48.60	04:37	08:39
87		1209	CANAVAN, Keira	Gateway	7	17:51.10	04:40	08:40
88	70	1266	MILLER, Freya	North	7	18:07.80	04:56	08:48
89		1180	BRITTLE, Mari	Einstein	7	18:17.70	05:06	08:53
90		1183	DAO, Hannah	Einstein	7	18:20.00	05:09	08:54
91	71	1253	FLEIGER-HOLMES, Kasey	Meadowdale	7	18:20.80	05:09	08:54
92		1193	BRUINGTON, Eliana	Einstein	7	18:21.30	05:10	08:55
93		1239	LYNN, Adele	Kellogg	7	18:22.10	05:11	08:55
94		1148	CHRISTIANSON, Jorja	Alderwood	7	18:30.30	05:19	08:59
95		1150	MORCULES, Miah	Alderwood	7	18:30.90	05:19	08:59
96		1205	HUYNH, Vivian	Explorer	7	18:31.30	05:20	09:00
97	72	1257	KIMBALL, Kelsi	Meadowdale	7	18:35.80	05:24	09:02
98		1187	HELGESON, Emi	Einstein	7	18:37.50	05:26	09:03
99		1166	RUTHERFORD, Anya	Brier Terrace	7	18:39.30	05:28	09:03
100		1158	BROOKHART, Penelope	Brier Terrace	7	18:55.20	05:44	09:11
101		1153	SAKUMA, Klair	Alderwood	7	18:59.20	05:48	09:13
102		1163	PETERSON, Abigail	Brier Terrace	7	19:26.70	06:15	09:26
103		1255	GERSZLER, Ariana	Meadowdale	7	19:43.50	06:32	09:35
104		1259	SINNES, Laela	Meadowdale	7	19:46.20	06:35	09:36
105		1240	MCLAUGHLIN, Audrey	Kellogg	7	19:49.80	06:38	09:38
106		1256	HARRISON, Madelyn	Meadowdale	7	19:58.70	06:47	09:42
107		1258	MYRICK, Odaisha	Meadowdale	7	20:22.30	07:11	09:53
108		1172	ASAY, Kendall	College Place	7	20:35.60	07:24	10:00

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109	73	1264	GILFILLAN, Addison	North	7	20:41.70	07:30	10:03
110		1267	MORIN, Isabella	North	7	20:44.70	07:33	10:04
111		1274	RIVERA, Mia	Voyager	7	20:49.90	07:38	10:07
112		1208	BUELL, Addison	Gateway	7	20:50.50	07:39	10:07
113		1197	SMITH, Rylynn T	Eisenhower	7	20:52.90	07:41	10:08
114		1169	STEINHAGEN, Annika	Brier Terrace	7	22:32.90	09:21	10:57
115		1160	CROFT, Kera	Brier Terrace	7	22:32.90	09:21	10:57