

**2019 WESCO LEAGUE XC #1**  
**Presented By Lynnwood High School**  
**Thursday - September 17, 2019**  
**Martha Lake Airport Park - Lynnwood, WA**  
**Men's Varsity - Team Results**

RANK	TEAM	TEAM	PLACES OF FINISHERS							AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD
1	Glacier Peak	<b>26</b>	2	3	6	7	8	14		13:28.12	00:45
2	Lynnwood	<b>40</b>	1	5	9	12	16	17	18	13:52.21	01:30
3	Mariner	<b>66</b>	4	10	15	19	25			14:14.40	01:47
4	Cascade (Everett)	<b>101</b>	21	22	23	24	26	27	28	15:01.79	00:44
	Archbishop Murphy	<b>0</b>	11	13						-	-

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**Men's Varsity - Team Breakdown**

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<b>Glacier Peak</b>			<b>Lynnwood</b>		
<b>Score</b>	<b>Name</b>	<b>Grade Time</b>	<b>Score</b>	<b>Name</b>	<b>Grade Time</b>
2	LOPEZ, Elijah	12 12:54.20	1	MURPHY, Micah	12 12:46.30
3	TASTAD, Nathan	12 12:55.30	5	CASTAGNETTA, Daxtyn	10 13:35.70
6	LOPEZ-VAZQUEZ, Ulysses	9 13:35.80	9	MASON, Matthew	11 13:39.80
7	NICHOLS, Levi	9 13:36.50	11	CHAMBERS, Anthony	11 14:04.50
8	CARWIN, Andrew	12 13:39.60	14	MCCONNELL, Dylan	10 14:16.80
12	BISHOP, Mason	12 14:07.30	15	CAMARA, Musa	12 14:18.50
			16	POTTER, Jacob	12 14:23.90
<b>26</b>			<b>40</b>		

<b>Mariner</b>			<b>Cascade (Everett)</b>		
<b>Score</b>	<b>Name</b>	<b>Grade Time</b>	<b>Score</b>	<b>Name</b>	<b>Grade Time</b>
4	CRUZ-ESTRADA, Dominic	10 13:24.70	18	KARAKOTOV, Ilya	12 14:36.50
10	SMITH, James	12 13:52.70	19	LOPEZ, Anthony	11 14:41.90
13	NUNEZ, Marque	12 14:12.30	20	ANDERSON, Micah	11 14:41.90
17	HINOJOSA, Bryan	11 14:30.50	21	WILLIAMS, Bodie	10 15:06.60
22	TURNER, Xavier	10 15:11.80	23	HUYNH, Devin	12 15:20.10
			24	VONGPHET, Anouthai	10 15:21.90
			25	CONKLIN, Conner	11 15:23.60
<b>66</b>			<b>101</b>		

**2019 WESCO LEAGUE XC #1**  
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**Thursday - September 17, 2019**  
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**Men's Varsity - Individual Results**

**Start Time**  
**4:45 PM**  
**Race Distance**  
**4,185 meters**

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	862	MURPHY, Micah	Lynnwood	12	12:46.30	00:00	04:55
2	2	851	LOPEZ, Elijah	Glacier Peak	12	12:54.20	00:08	04:58
3	3	854	TASTAD, Nathan	Glacier Peak	12	12:55.30	00:09	04:58
4	4	864	CRUZ-ESTRADA, Dominic	Mariner	10	13:24.70	00:38	05:09
5	5	857	CASTAGNETTA, Daxtyn	Lynnwood	10	13:35.70	00:49	05:14
6	6	852	LOPEZ-VAZQUEZ, Ulysses	Glacier Peak	9	13:35.80	00:49	05:14
7	7	853	NICHOLS, Levi	Glacier Peak	9	13:36.50	00:50	05:14
8	8	849	CARWIN, Andrew	Glacier Peak	12	13:39.60	00:53	05:15
9	9	859	MASON, Matthew	Lynnwood	11	13:39.80	00:53	05:15
10	10	869	SMITH, James	Mariner	12	13:52.70	01:06	05:20
11		832	BALEN, Sean	Archbishop Murphy	9	14:01.40	01:15	05:24
12	11	858	CHAMBERS, Anthony	Lynnwood	11	14:04.50	01:18	05:25
13		834	WOLD, Philip	Archbishop Murphy	10	14:06.50	01:20	05:26
14	12	848	BISHOP, Mason	Glacier Peak	12	14:07.30	01:21	05:26
15	13	867	NUNEZ, Marque	Mariner	12	14:12.30	01:26	05:28
16	14	860	MCCONNELL, Dylan	Lynnwood	10	14:16.80	01:30	05:29
17	15	856	CAMARA, Musa	Lynnwood	12	14:18.50	01:32	05:30
18	16	863	POTTER, Jacob	Lynnwood	12	14:23.90	01:37	05:32
19	17	865	HINOJOSA, Bryan	Mariner	11	14:30.50	01:44	05:35
20		861	MIRANDA, Raphael	Lynnwood	12	14:36.50	01:50	05:37
21	18	840	KARAKOTOV, Ilya	Cascade (Everett)	12	14:36.50	01:50	05:37
22	19	841	LOPEZ, Anthony	Cascade (Everett)	11	14:41.90	01:55	05:39
23	20	835	ANDERSON, Micah	Cascade (Everett)	11	14:41.90	01:55	05:39
24	21	847	WILLIAMS, Bodie	Cascade (Everett)	10	15:06.60	02:20	05:49
25	22	870	TURNER, Xavier	Mariner	10	15:11.80	02:25	05:51
26	23	839	HUYNH, Devin	Cascade (Everett)	12	15:20.10	02:34	05:54
27	24	845	VONGPHET, Anouthai	Cascade (Everett)	10	15:21.90	02:35	05:55
28	25	844	CONKLIN, Conner	Cascade (Everett)	11	15:23.60	02:37	05:55
29		838	HAMMOND, Calvin	Cascade (Everett)	11	16:00.90	03:14	06:10
30		837	FOX, Hayden	Cascade (Everett)	11	16:09.50	03:23	06:13
31		836	CRUM, Glenn	Cascade (Everett)	11	16:24.80	03:38	06:19
32		843	TRETIAKOV, Max	Cascade (Everett)	10	16:26.60	03:40	06:19
33		842	STAVIG, Sean	Cascade (Everett)	12	17:02.90	04:16	06:33