

2019 METRO LEAGUE XC #1
Presented By Lakeside School
Friday - September 20, 2019
Lower Woodland Park - Seattle, WA
Women's Junior Varsity - Team Results

RANK	TEAM	TEAM	PLACES OF FINISHERS								AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD	
1	Holy Names Academy	29	1	4	7	8	9	16	17	23:58.53	01:32	
2	Seattle Prep	51	5	10	11	12	13	19	24	24:28.89	00:34	
3	Lakeside (Seattle)	75	3	6	15	28	33	39	49	25:01.09	01:38	
4	Bishop Blanchet	86	2	14	26	27	29	36	40	25:01.09	01:26	
5	Bellarmino Prep	130	21	25	31	46	70	81	93	26:35.21	02:57	
	Eastside Catholic	0	91	99	106					-	-	

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Women's Junior Varsity - Team Breakdown

Holy Names Academy

Score	Name	Grade	Time
1	RAAB, Kathleen	9	22:37.70
4	JONES, Sydney	10	23:51.10
7	LYSAKER, Anasara	12	23:57.70
8	COSTELLO, Ellie	12	23:59.60
9	CHEN, Olivia	11	24:10.00
16	FAREWELL, Mary	11	24:36.50
17	GARCIA, Emma	10	24:37.10
29			

Seattle Prep

Score	Name	Grade	Time
5	GWYNN, Margot	9	23:53.90
10	KLEIN, Kennedy	10	24:25.60
11	PODANY, Ava	10	24:25.90
12	ROZA, Adeline	11	24:27.30
13	KRISCHE, Julia	9	24:27.80
18	POPPE, Natty	11	24:44.90
20	SHIGO, Kate	12	24:56.80
51			

Lakeside (Seattle)

Score	Name	Grade	Time
3	RICHARDS, Lily	12	23:50.60
6	MCLEOD, Coco	9	23:56.50
15	WRIGHT THORDARSON, Grac	9	24:31.40
24	MATHIEU, Megan	12	25:10.40
27	BRADFORD, Anne Elise	10	25:28.90
29	BOROWSKI, Mila	11	25:54.80
32	LAI, Sydney	10	26:15.00
75			

Bishop Blanchet

Score	Name	Grade	Time
2	WERNER, Lilli	10	23:44.20
14	SKOKAN, Mae	11	24:30.40
22	MCGAVICK, Sydney	11	25:03.50
23	SUMMERS, Claire	11	25:08.20
25	MACKENZIE, Madeleine	9	25:10.60
28	GRAY, Logan	12	25:35.60
30	KANE, Katie	10	25:55.10
86			

Bellarmino Prep

Score	Name	Grade	Time
19	MCKAIN, Molly	12	24:48.40
21	PIERSON, Ava	11	25:00.20
26	RICHENDIFER, Brooklyn	9	25:13.40
31	WEBBER, Devoney	11	26:13.20
33	BLINN, Barbara	9	27:45.70
34	BAILEY, Claire	12	28:15.40
35	BURK, Kayleigh	9	28:50.20
130			

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Start Time
4:50 PM
Race Distance
5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	1100	RAAB, Kathleen	Holy Names Academ	9	22:37.70	00:00	07:17
2	2	1068	WERNER, Lilli	Bishop Blanchet	10	23:44.20	01:07	07:38
3	3	1117	RICHARDS, Lily	Lakeside (Seattle)	12	23:50.60	01:13	07:40
4	4	1092	JONES, Sydney	Holy Names Academ	10	23:51.10	01:14	07:41
5	5	1140	GWYNN, Margot	Seattle Prep	9	23:53.90	01:16	07:42
6	6	1116	MCLEOD, Coco	Lakeside (Seattle)	9	23:56.50	01:19	07:42
7	7	1094	LYSAKER, Anasara	Holy Names Academ	12	23:57.70	01:20	07:43
8	8	1081	COSTELLO, Ellie	Holy Names Academ	12	23:59.60	01:22	07:43
9	9	1080	CHEN, Olivia	Holy Names Academ	11	24:10.00	01:33	07:47
10	10	1143	KLEIN, Kennedy	Seattle Prep	10	24:25.60	01:48	07:52
11	11	1150	PODANY, Ava	Seattle Prep	10	24:25.90	01:48	07:52
12	12	1154	ROZA, Adeline	Seattle Prep	11	24:27.30	01:50	07:52
13	13	1146	KRISCHE, Julia	Seattle Prep	9	24:27.80	01:50	07:52
14	14	1063	SKOKAN, Mae	Bishop Blanchet	11	24:30.40	01:53	07:53
15	15	1125	WRIGHT THORDARSON, Gra	Lakeside (Seattle)	9	24:31.40	01:54	07:54
16	16	1085	FAREWELL, Mary	Holy Names Academ	11	24:36.50	01:59	07:55
17	17	1087	GARCIA, Emma	Holy Names Academ	10	24:37.10	02:00	07:55
18		1104	STEPHENS, Chloe	Holy Names Academ	10	24:38.70	02:01	07:56
19	18	1151	POPPE, Natty	Seattle Prep	11	24:44.90	02:07	07:58
20		1073	BRENNAN, Avery	Holy Names Academ	10	24:45.20	02:08	07:58
21	19	1038	MCKAIN, Molly	Bellarmino Prep	12	24:48.40	02:11	07:59
22		1090	HUMMEL, Carmen	Holy Names Academ	11	24:51.30	02:14	08:00
23		1091	JAKSHA, Ava	Holy Names Academ	11	24:54.90	02:17	08:01
24	20	1158	SHIGO, Kate	Seattle Prep	12	24:56.80	02:19	08:02
25	21	1039	PIERSON, Ava	Bellarmino Prep	11	25:00.20	02:23	08:03
26	22	1058	MCGAVICK, Sydney	Bishop Blanchet	11	25:03.50	02:26	08:04
27	23	1064	SUMMERS, Claire	Bishop Blanchet	11	25:08.20	02:31	08:05
28	24	1115	MATHIEU, Megan	Lakeside (Seattle)	12	25:10.40	02:33	08:06
29	25	1056	MACKENZIE, Madeleine	Bishop Blanchet	9	25:10.60	02:33	08:06
30		1152	ROBERTS, Anna	Seattle Prep	9	25:10.60	02:33	08:06
31	26	1043	RICHENDIFER, Brooklyn	Bellarmino Prep	9	25:13.40	02:36	08:07
32		1084	EWERT, Sylvia	Holy Names Academ	9	25:13.70	02:36	08:07
33	27	1111	BRADFORD, Anne Elise	Lakeside (Seattle)	10	25:28.90	02:51	08:12
34		1156	SAUVAGE, Margaret	Seattle Prep	10	25:31.20	02:54	08:13
35		1139	GEMMA, Natalie	Seattle Prep	9	25:33.80	02:56	08:14
36	28	1051	GRAY, Logan	Bishop Blanchet	12	25:35.60	02:58	08:14

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PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
37		1134	DAVIS, Shanti	Seattle Prep	9	25:48.20	03:11	08:18
38		1101	ROTHROCK, Elizabeth	Holy Names Academ	12	25:53.20	03:16	08:20
39	29	1110	BOROWSKI, Mila	Lakeside (Seattle)	11	25:54.80	03:17	08:20
40	30	1054	KANE, Katie	Bishop Blanchet	10	25:55.10	03:18	08:21
41		1067	WALTIER, Sierra	Bishop Blanchet	11	25:56.00	03:19	08:21
42		1052	HAGENS, Grace	Bishop Blanchet	9	25:56.40	03:19	08:21
43		1103	STEFONIC, Sage	Holy Names Academ	10	25:56.40	03:19	08:21
44		1066	ULMAN, Audrey	Bishop Blanchet	11	26:10.30	03:33	08:25
45		1095	MAHER, Imani	Holy Names Academ	10	26:11.80	03:34	08:26
46	31	1045	WEBBER, Devoney	Bellarmino Prep	11	26:13.20	03:36	08:26
47		1135	DEASY, Annabelle	Seattle Prep	10	26:13.60	03:36	08:26
48		1108	WISEMAN, Grace	Holy Names Academ	10	26:14.30	03:37	08:27
49	32	1114	LAI, Sydney	Lakeside (Seattle)	10	26:15.00	03:38	08:27
50		1076	BYRNE, Caroline	Holy Names Academ	10	26:19.00	03:42	08:28
51		1162	VANDENBERGH, Karin	Seattle Prep	10	26:21.10	03:44	08:29
52		1048	CHESTER, Brynn	Bishop Blanchet	9	26:24.80	03:47	08:30
53		1099	PICKEL, Jacqueline	Holy Names Academ	12	26:28.00	03:51	08:31
54		1123	WHITE, Ali	Lakeside (Seattle)	9	26:30.10	03:53	08:32
55		1061	PETERMAN, Maddy	Bishop Blanchet	10	26:33.10	03:56	08:33
56		1059	MCGINNIS, Sofia	Bishop Blanchet	9	26:47.60	04:10	08:37
57		1130	CHARLES, Ellie	Seattle Prep	9	26:49.50	04:12	08:38
58		1105	STONER, Alice	Holy Names Academ	9	26:53.30	04:16	08:39
59		1093	LARSON, Grace	Holy Names Academ	9	27:00.60	04:23	08:42
60		1163	WELD, Blake	Seattle Prep	11	27:01.20	04:24	08:42
61		1127	AMBUSKE, Ava	Seattle Prep	11	27:07.00	04:30	08:44
62		1097	MCGUIRE, Finola	Holy Names Academ	10	27:07.30	04:30	08:44
63		1118	SANCHEZ-MEDINA, Ana	Lakeside (Seattle)	11	27:09.20	04:32	08:44
64		1086	FRIJLINK, Annabell	Holy Names Academ	10	27:16.20	04:39	08:47
65		1096	MATT, Katarina	Holy Names Academ	12	27:31.10	04:54	08:51
66		1145	KRISCHE, Ellen	Seattle Prep	9	27:31.80	04:54	08:52
67		1065	THOREN, Jane	Bishop Blanchet	9	27:32.80	04:55	08:52
68		1055	LUNDE, Elizabeth	Bishop Blanchet	11	27:33.30	04:56	08:52
69		1147	MCLAUGHLIN, Kate	Seattle Prep	10	27:42.20	05:05	08:55
70	33	1032	BLINN, Barbara	Bellarmino Prep	9	27:45.70	05:08	08:56
71		1107	TURLA, Estella	Holy Names Academ	10	27:47.40	05:10	08:57
72		1078	CANTOR, Julia	Holy Names Academ	10	27:52.50	05:15	08:58

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73		1050	EINMO, Maria	Bishop Blanchet	11	27:54.30	05:17	08:59
74		1049	CHRISTENSON, Maddie	Bishop Blanchet	11	27:56.90	05:19	09:00
75		1133	CUTNER, Nina	Seattle Prep	9	28:00.60	05:23	09:01
76		1144	KRAFT, Katie	Seattle Prep	10	28:01.00	05:24	09:01
77		1160	SPENCER, Causey	Seattle Prep	10	28:05.60	05:28	09:03
78		1082	DE LA TORRE-GONZALES, Al	Holy Names Academ	10	28:06.80	05:29	09:03
79		1132	CONDON, Carly	Seattle Prep	11	28:08.00	05:31	09:03
80		1131	CHRISTIAN, Carly	Seattle Prep	9	28:14.00	05:37	09:05
81	34	1031	BAILEY, Claire	Bellarmino Prep	12	28:15.40	05:38	09:06
82		1121	TOTTENE-DARVAS, Sophia	Lakeside (Seattle)	11	28:18.10	05:41	09:07
83		1079	CEDERGREEN, Mary Megha	Holy Names Academ	11	28:22.30	05:45	09:08
84		1109	BOROWSKI, Jaiden	Lakeside (Seattle)	11	28:24.80	05:47	09:09
85		1088	GROSS, Claire	Holy Names Academ	10	28:30.70	05:53	09:11
86		1161	STANLEY, Paige	Seattle Prep	11	28:32.10	05:55	09:11
87		1057	MANSFIELD, Jaden	Bishop Blanchet	11	28:33.40	05:56	09:11
88		1046	ALLEN, Ellie	Bishop Blanchet	11	28:33.80	05:56	09:12
89		1142	KAIN, Lucy	Seattle Prep	10	28:36.90	05:59	09:13
90		1053	HASSELBALCH, Dori	Bishop Blanchet	12	28:37.70	06:00	09:13
91		1071	LIEN, Regan	Eastside Catholic	12	28:40.00	06:03	09:14
92		1062	ROE, Liza	Bishop Blanchet	12	28:45.30	06:08	09:15
93	35	1033	BURK, Kayleigh	Bellarmino Prep	9	28:50.20	06:13	09:17
94		1112	DARVAS, Maya	Lakeside (Seattle)	10	29:16.30	06:39	09:25
95		1098	PATAMIA, Lily	Holy Names Academ	12	29:30.10	06:53	09:30
96		1149	NOWAK, Natalie	Seattle Prep	11	29:42.40	07:05	09:34
97		1077	CALLANAN, Emma	Holy Names Academ	11	29:55.20	07:18	09:38
98		1102	SHEPARD, Mary	Holy Names Academ	9	30:06.20	07:29	09:41
99		1070	LANGWORTHY, Maria	Eastside Catholic	10	30:27.70	07:50	09:48
100		1083	ENDRES, Maggie	Holy Names Academ	10	30:31.30	07:54	09:49
101		1074	BUNKER, Truly	Holy Names Academ	10	30:36.60	07:59	09:51
102		1138	FELTON, Margaret	Seattle Prep	11	30:58.50	08:21	09:58
103		1035	LIU, Jennifer	Bellarmino Prep	10	31:12.30	08:35	10:03
104		1124	XU, Hallie	Lakeside (Seattle)	9	31:19.50	08:42	10:05
105		1113	JACOBS, Kate	Lakeside (Seattle)	9	31:19.50	08:42	10:05
106		1072	LUDWIG, Tori	Eastside Catholic	11	32:39.20	10:02	10:31
107		1141	HURLEY, Jane	Seattle Prep	9	32:48.80	10:11	10:34