

**2019 METRO LEAGUE XC #1**  
**Presented By Lakeside School**  
**Friday - September 20, 2019**  
**Lower Woodland Park - Seattle, WA**  
**Women's Varsity - Team Results**

RANK	TEAM	TEAM	PLACES OF FINISHERS							AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD
1	Holy Names Academy	<b>31</b>	2	3	6	8	13	20	25	20:43.94	01:31
2	Bellarmino Prep	<b>58</b>	7	9	10	15	19	44	46	21:48.00	01:05
3	Bishop Blanchet	<b>72</b>	4	14	16	18	24	27	29	21:29.04	01:43
4	Seattle Prep	<b>83</b>	5	11	17	23	39	45	49	22:17.77	03:20
5	Eastside Catholic	<b>97</b>	1	21	22	34	38	40		21:58.95	04:43
	Lakeside (Seattle)	<b>0</b>	12	42						-	-

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**Women's Varsity - Team Breakdown**

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**Holy Names Academy**

Score	Name	Grade	Time
2	MIRKIN, Sarah	11	19:32.30
3	WELLS, Riley	10	20:02.30
6	CROW, Christina	11	20:22.70
8	MCCAMMON, Avery	12	20:34.40
12	MCMANUS, Maisie	9	21:03.40
19	WINGFIELD, Beatrice	11	21:33.10
24	LAPORTE, Lauren	11	21:59.40
<b>31</b>			

**Bellarmino Prep**

Score	Name	Grade	Time
7	BOLY, Bridget	12	20:25.20
9	STEVENSON, Josephine	9	20:39.30
10	VERTETIS, Mary	10	20:43.30
14	TAMURIAN, Kelen	10	21:21.40
18	LEWIS, Lauren	10	21:30.50
31	HUNT, Maeve	11	23:55.50
33	LOWER, Jewell	11	24:00.80
<b>58</b>			

**Bishop Blanchet**

Score	Name	Grade	Time
4	FREEMAN, Olivia	11	20:06.10
13	ROWLEY, Tait	12	21:09.60
15	LEONARD, Emme	11	21:26.70
17	KENT, Frances	11	21:29.30
23	HILLON, Margarita	11	21:48.80
25	CARTWRIGHT, Reilly	11	22:07.20
26	SIRES, Lily	11	22:15.60
<b>72</b>			

**Seattle Prep**

Score	Name	Grade	Time
5	O'DONOGHUE-MCDONALD, L	10	20:07.30
11	SEKHAR, Daniela	10	20:53.30
16	KEARNEY, Emily	12	21:26.70
22	COLLERAN, Emily	11	21:45.30
29	LEAHY, Colleen	12	23:27.60
32	JOHNSON, Tess	12	23:58.50
34	JOY, Leighton	12	24:25.70
<b>83</b>			

**Eastside Catholic**

Score	Name	Grade	Time
1	SIMMONS, Kate	12	18:39.60
20	FAITH, Hailey	12	21:43.40
21	HOPKINS, Gracie	10	21:44.50
27	CANTINE, Maya	10	22:52.20
28	CANEL, Audrey	12	23:22.40
30	DURRELL, Lauren	10	23:31.60
<b>97</b>			

**0**

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**Women's Varsity - Individual Results**

**Start Time**  
**3:40 PM**  
**Race Distance**  
**5,000 meters**

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	470	SIMMONS, Kate	Eastside Catholic	12	18:39.60	00:00	06:00
2	2	477	MIRKIN, Sarah	Holy Names Academ	11	19:32.30	00:53	06:17
3	3	483	WELLS, Riley	Holy Names Academ	10	20:02.30	01:23	06:27
4	4	454	FREEMAN, Olivia	Bishop Blanchet	11	20:06.10	01:27	06:28
5	5	496	O'DONOGHUE-MCDONALD,	Seattle Prep	10	20:07.30	01:28	06:29
6	6	473	CROW, Christina	Holy Names Academ	11	20:22.70	01:43	06:34
7	7	443	BOLY, Bridget	Bellarmino Prep	12	20:25.20	01:46	06:34
8	8	475	MCCAMMON, Avery	Holy Names Academ	12	20:34.40	01:55	06:37
9	9	449	STEVENSON, Josephine	Bellarmino Prep	9	20:39.30	02:00	06:39
10	10	451	VERTETIS, Mary	Bellarmino Prep	10	20:43.30	02:04	06:40
11	11	497	SEKHAR, Daniela	Seattle Prep	10	20:53.30	02:14	06:43
12		485	KOLENSKI, Megan	Lakeside (Seattle)	9	20:57.30	02:18	06:45
13	12	476	MCMANUS, Maisie	Holy Names Academ	9	21:03.40	02:24	06:47
14	13	461	ROWLEY, Tait	Bishop Blanchet	12	21:09.60	02:30	06:49
15	14	450	TAMURIAN, Kelen	Bellarmino Prep	10	21:21.40	02:42	06:52
16	15	457	LEONARD, Emme	Bishop Blanchet	11	21:26.70	02:47	06:54
17	16	491	KEARNEY, Emily	Seattle Prep	12	21:26.70	02:47	06:54
18	17	456	KENT, Frances	Bishop Blanchet	11	21:29.30	02:50	06:55
19	18	446	LEWIS, Lauren	Bellarmino Prep	10	21:30.50	02:51	06:55
20	19	484	WINGFIELD, Beatrice	Holy Names Academ	11	21:33.10	02:54	06:56
21	20	467	FAITH, Hailey	Eastside Catholic	12	21:43.40	03:04	07:00
22	21	468	HOPKINS, Gracie	Eastside Catholic	10	21:44.50	03:05	07:00
23	22	489	COLLERAN, Emily	Seattle Prep	11	21:45.30	03:06	07:00
24	23	455	HILLON, Margarita	Bishop Blanchet	11	21:48.80	03:09	07:01
25	24	474	LAPORTE, Lauren	Holy Names Academ	11	21:59.40	03:20	07:05
26		481	PARK-DAVIS, Yumi	Holy Names Academ	10	22:02.60	03:23	07:06
27	25	453	CARTWRIGHT, Reilly	Bishop Blanchet	11	22:07.20	03:28	07:07
28		478	MOHN, Olivia	Holy Names Academ	12	22:12.00	03:33	07:09
29	26	463	SIRES, Lily	Bishop Blanchet	11	22:15.60	03:36	07:10
30		472	BARKLEY, Lauren	Holy Names Academ	12	22:18.90	03:39	07:11
31		479	MORROW, Kyleigh	Holy Names Academ	10	22:28.20	03:49	07:14
32		482	SHIRLEY, Tess	Holy Names Academ	10	22:37.00	03:58	07:17
33		464	WELLS, Eliza	Bishop Blanchet	11	22:43.00	04:04	07:19
34	27	466	CANTINE, Maya	Eastside Catholic	10	22:52.20	04:13	07:22
35		458	LEWIS, Ellen	Bishop Blanchet	11	22:54.00	04:15	07:22
36		462	SEELEY, Maia	Bishop Blanchet	10	22:58.00	04:19	07:24

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<b>PLACE</b>	<b>TEAM</b> <b>POINTS</b>	<b>BIB</b>	<b>ATHLETE</b>	<b>TEAM</b>	<b>GRADE</b>	<b>FINISH</b> <b>TIME</b>	<b>TIME</b> <b>BACK</b>	<b>MILE</b> <b>PACE</b>
37		480	NELSON, Virginia	Holy Names Academ'	9	23:01.90	04:22	07:25
38	28	465	CANEL, Audrey	Eastside Catholic	12	23:22.40	04:43	07:31
39	29	493	LEAHY, Colleen	Seattle Prep	12	23:27.60	04:48	07:33
40	30	1069	DURRELL, Lauren	Eastside Catholic	10	23:31.60	04:52	07:34
41		459	MUETING, Mia	Bishop Blanchet	12	23:32.40	04:53	07:35
42		486	MONTGOMERY, Ellie	Lakeside (Seattle)	10	23:38.30	04:59	07:37
43		460	RECUPERO, Chloe	Bishop Blanchet	9	23:50.10	05:11	07:40
44	31	445	HUNT, Maeve	Bellarmino Prep	11	23:55.50	05:16	07:42
45	32	490	JOHNSON, Tess	Seattle Prep	12	23:58.50	05:19	07:43
46	33	447	LOWER, Jewell	Bellarmino Prep	11	24:00.80	05:21	07:44
47		448	SPELLACY, Antonia	Bellarmino Prep	10	24:08.80	05:29	07:46
48		444	FISHER, Kensie	Bellarmino Prep	9	24:11.80	05:32	07:47
49	34	499	JOY, Leighton	Seattle Prep	12	24:25.70	05:46	07:52