

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium****Meet Program****Event 218 Girls 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Wednesday 5/8/2019 - 5:10 PM****WESCO 3A: 12.11 2016 Wurrrie Njadoo****Meet Qualifying: 13.37**

<b>Lane</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 3 Prelims</b>			
1	Hoffman, Christine	Shorecrest	13.97
2	Espiritu, Kat	Edmonds-Wood	13.79
3	Pallares, Cordelia	Ferndale	13.28
4	Wollman, Gilana	Shorewood	13.00
5	Johnson, Audra	Squalicum	13.27
6	Cline, Josie	Ferndale	13.49
7	Afshari, Sara	Squalicum	13.73
8	Gutierrez, Sharon	Edmonds-Wood	14.21
<b>Heat 2 of 3 Prelims</b>			
1	Nelson, Chloe	Ferndale	13.87
2	Navarro, Asia	Lynnwood	13.86
3	McCudden, Ashli	Squalicum	13.34
4	Kongira, Kaddy	Edmonds-Wood	13.10
5	Chappell, Gaby	Edmonds-Wood	13.24
6	Meas, Julia	Meadowdale	13.44
7	Jackson, Isabel	Shorewood	13.80
8	Takahashi, Amalia	Edmonds-Wood	14.19
<b>Heat 3 of 3 Prelims</b>			
1	Mason, Emily	Shorecrest	14.01
2	Dierdorff, Jamie	Squalicum	13.79
3	Di Virgilio, Mina	Shorewood	13.40
4	Gary, Nevaeh	Edmonds-Wood	13.16
5	Kagarabi, Amanda	Shorecrest	13.24
6	Reitan, Julia	Meadowdale	13.40
7	Sokolik, Talia	Squalicum	13.80
8	Whatmore, Kaylee	Meadowdale	14.08

**Alternates**

1	Rees, Ava	Edmonds-Wood	14.27
2	Tran, Julia	Shorewood	14.29

**Event 219 Girls 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Wednesday 5/8/2019 - 6:50 PM****WESCO 3A: 24.57 2016 Wurrrie Njadoo****Meet Qualifying: 27.70**

<b>Lane</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 3 Prelims</b>			
1	Whatmore, Kaylee	Meadowdale	29.99
2	Harris, Donna Marie	Lynnwood	28.57
3	Chappell, Gaby	Edmonds-Wood	27.75
4	Kongira, Kaddy	Edmonds-Wood	26.58
5	Cline, Josie	Ferndale	27.48
6	Danyo, Michaela	Edmonds-Wood	28.38
7	Hoffman, Christine	Shorecrest	28.95
8	Wu, Joey	Shorewood	29.59
<b>Heat 2 of 3 Prelims</b>			
1	Weg, Rylee	Ferndale	29.41
2	Andry, Alayjah	Lynnwood	28.58
3	Love, Sesley	Meadowdale	27.79
4	McAllister, Dahlia	Shorecrest	26.88
5	Johnson, Audra	Squalicum	27.46
6	Reitan, Julia	Meadowdale	28.22
7	Chappell, Sydney	Edmonds-Wood	29.30
8	Aw, Teagan	Shorewood	29.75

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium****Meet Program****Heat 3 of 3 Prelims...(Event 219 Girls 200 Meter Dash)**

1	Gutierrez, Sharon	Edmonds-Wood	29.51	_____
2	Jackson, Isabel	Shorewood	28.59	_____
3	Gary, Nevaeh	Edmonds-Wood	27.80	_____
4	Wollman, Gilana	Shorewood	26.96	_____
5	Di Virgilio, Mina	Shorewood	27.12	_____
6	McCudden, Ashli	Squalicum	28.20	_____
7	Schlenbaker, Djennika	Squalicum	28.94	_____
8	Nelson, Chloe	Ferndale	29.34	_____

**Alternates**

1	Tran, Julia	Shorewood	30.20	
2	Takahashi, Amalia	Edmonds-Wood	30.24	

**Event 220 Girls 400 Meter Dash****8 Advance: Top 4 Each Heat plus Next 0 Best Times****Wednesday 5/8/2019 - 5:50 PM****WESCO 3A: 56.61 2016 Jordyn Edwards****Meet Qualifying: 1:04.87**

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>
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**Heat 1 of 2 Prelims**

1	Montero-Duong, Kristina	Squalicum	1:09.09	_____
2	Getnet, Hermon	Shorewood	1:04.39	_____
3	Kamila, Grace	Shorewood	1:03.22	_____
4	Rust, Kaitlyn	Edmonds-Wood	1:00.11	_____
5	Starr, Lorelei	Shorecrest	1:02.85	_____
6	Harris, Donna Marie	Lynnwood	1:03.26	_____
7	Georgieva, Gergana	Lynnwood	1:05.76	_____
8	Dailer, Maya	Meadowdale	1:10.16	_____

**Heat 2 of 2 Prelims**

1	Wu, Joey	Shorewood	1:06.84	_____
2	Sherry, Keegan	Shorewood	1:04.73	_____
3	Nephew, Skye	Shorewood	1:03.01	_____
4	Schemmel, Eloika	Shorecrest	1:01.14	_____
5	Love, Sesley	Meadowdale	1:02.47	_____
6	Serafini, Chiara	Edmonds-Wood	1:03.32	_____
7	McArthur, Allyson	Lynnwood	1:05.23	_____
8	Samateh, Binta	Meadowdale	1:14.57	_____

**Event 221 Girls 800 Meter Run****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Wednesday 5/8/2019 - 6:30 PM****WESCO 3A: 2:08.22 2013 Amy Eloise Neale****Meet Qualifying: 2:35.48**

<u>Lane Name</u>	<u>School</u>	<u>Seed Time</u>
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**Heat 1 of 3 Prelims**

1				_____
2	Block, Lauren	Shorecrest	2:22.38	_____
3	Gard, Sofia	Edmonds-Wood	2:32.46	_____
4	Salomon, Maria	Squalicum	2:32.84	_____
5	Sperry, Kally	Edmonds-Wood	2:45.29	_____
6	Kim, Janice	Shorewood	2:45.38	_____
7	Lynch, Ellie	Meadowdale	2:53.83	_____
8	Frederick, Savannah	Shorecrest	2:57.38	_____

**Heat 2 of 3 Prelims**

1				_____
2	Glascocock, Livia	Shorecrest	2:24.53	_____
3	Hershey, Alyssa	Edmonds-Wood	2:30.81	_____
4	Savenkova, Christina	Lynnwood	2:33.09	_____
5	Samione, Siena	Edmonds-Wood	2:40.36	_____
6	Dailer, Maya	Meadowdale	2:46.49	_____
7	Hakim, Natalie	Shorecrest	2:51.71	_____
8	Fleiger-Holmes, Kahlan	Meadowdale	2:59.72	_____

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium****Meet Program****Heat 3 of 3 Prelims...(Event 221 Girls 800 Meter Run)**

1			
2	Gard, Ellie	Edmonds-Wood	2:25.57
3	Askew, Hailey	Squalicum	2:30.79
4	Amy, Sonja	Meadowdale	2:36.00
5	Beeks, Braunte	Edmonds-Wood	2:36.81
6	Kolmer, Naomi	Shorecrest	2:47.94
7	Goett, Eile	Shorewood	2:51.48
8			

**Event 222 Girls 1600 Meter Run****Wednesday 5/8/2019 - 5:30 PM****WESCO 3A: 4:49.74 2013 Amy Eloise Neale****Meet Qualifying: 5:38.34**

<b>Lane</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>
<b>Section 1 of 1 Finals</b>			
1	Visser, Lillian	Shorecrest	5:15.43
2	Hershey, Alyssa	Edmonds-Wood	5:19.77
3	Willcox, Jemma	Edmonds-Wood	5:23.15
4	Gard, Ellie	Edmonds-Wood	5:27.19
5	Halsell, Laura	Squalicum	5:31.20
6	Wroblewski, Stephanie	Edmonds-Wood	5:34.41
7	Miller, Jenna	Lynnwood	5:36.82
8	McCormack, Delaney	Shorecrest	5:38.45
9	Savenkova, Christina	Lynnwood	5:40.65
10	Amy, Sonja	Meadowdale	5:42.22
11	Doud, Grace	Squalicum	5:44.40
12	Beres, Eileen	Shorewood	5:46.95
13	Nelson, Julia	Shorewood	5:53.17
14	Carroll, Jules	Shorewood	5:54.84
15	Lee, Samantha	Shorewood	5:57.40
16	Iloff, Anne	Meadowdale	5:57.77
17	Goett, Eile	Shorewood	6:00.97
18	Johnson, Kyla	Shorewood	6:02.21
19	Tunkara, Eya	Lynnwood	6:03.00
20	Ball, Helen	Edmonds-Wood	6:10.69
21	Beam, Jill	Edmonds-Wood	6:12.85
22	Schmidt, Clara	Meadowdale	6:24.46
23	Dailer, Maya	Meadowdale	6:38.59
24	Rhodes, Shannon	Shorecrest	6:40.00

**Alternates**

1	Lynch, Trinity	Meadowdale	6:41.30
2	Hakim, Natalie	Shorecrest	6:43.75

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium  
Meet Program****Event 223 Girls 3200 Meter Run****Friday 5/10/2019 - 8:00 PM****WESCO 3A: 10:17.04 2011****Amy Eloise Neale****Meet Qualifying: 12:23.14**

<b>Lane</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>
<b>Section 1 of 1 Finals</b>			
1	Halsell, Laura	Squalicum	11:51.95
2	Wroblewski, Stephanie	Edmonds-Wood	11:55.20
3	Willcox, Jemma	Edmonds-Wood	12:00.42
4	Visser, Lillian	Shorecrest	12:10.96
5	McCormack, Delaney	Shorecrest	12:11.36
6	Beres, Eileen	Shorewood	12:18.72
7	Nelson, Julia	Shorewood	12:28.76
8	Doud, Grace	Squalicum	12:30.44
9	Miller, Jenna	Lynnwood	12:41.44
10	Lee, Samantha	Shorewood	12:53.11
11	Amy, Sonja	Meadowdale	12:56.92
12	Carroll, Jules	Shorewood	12:57.99
13	Johnson, Kyla	Shorewood	13:00.20
14	Samione, Siena	Edmonds-Wood	13:24.80
15	Beam, Jill	Edmonds-Wood	13:30.80
16	Iliff, Anne	Meadowdale	13:40.31
17	Himmelfarb, Esther	Lynnwood	13:46.27
18	Schmidt, Clara	Meadowdale	13:50.41
19	Ball, Helen	Edmonds-Wood	13:51.70
20	Morehouse, Ellie	Lynnwood	14:00.43
21	Kaushansky, Ivah	Edmonds-Wood	14:11.30
22	Rhodes, Shannon	Shorecrest	14:28.60
23	Hakim, Natalie	Shorecrest	14:43.77
24	Lynch, Trinity	Meadowdale	15:30.10

**Event 224 Girls 100 Meter Hurdles****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Wednesday 5/8/2019 - 4:50 PM****WESCO 3A: 14.70 1984 Amy Moore****Meet Qualifying: 18.05**

<b>Lane</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 3 Prelims</b>			
1			
2	Sokolik, Talia	Squalicum	19.34
3	Ely, Katelyn	Edmonds-Wood	17.90
4	Metales, Nadia	Shorewood	15.66
5	Prunier, Jocelyn	Meadowdale	17.65
6	Finazzo, Gina	Shorecrest	18.59
7	Finley, Riessa	Meadowdale	21.37
8			
<b>Heat 2 of 3 Prelims</b>			
1			
2	Nash, Summer	Lynnwood	19.35
3	Knyphausen, Anna	Shorecrest	18.16
4	Hollingsworth, Ellison	Squalicum	16.57
5	Do, Catherine	Meadowdale	17.26
6	Francisco, Erin	Edmonds-Wood	18.34
7	Engel, Ally	Meadowdale	21.20
8			
<b>Heat 3 of 3 Prelims</b>			
1			
2	Russell-Hoff, Maya	Edmonds-Wood	19.60
3	DeRyan, Valerie	Shorewood	18.13
4	Leavitt, Morgan	Shorecrest	16.80
5	Bolonduro, Yemisi	Shorecrest	17.04
6	Pope, Natalie	Meadowdale	18.21
7	Cassiau, Maelle	Edmonds-Wood	20.68
8			

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019**

**Edmonds Woodway Stadium  
Meet Program**

**Event 225 Girls 300 Meter Hurdles**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

**Wednesday 5/8/2019 - 6:10 PM**

**WESCO 3A: 44.57 1999 Cambrielle Jensen**

**Meet Qualifying: 52.88**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1			
2	Pope, Natalie	Meadowdale	55.38
3	Ely, Katelyn	Edmonds-Wood	51.90
4	Metales, Nadia	Shorewood	48.44
5	Knyphausen, Anna	Shorecrest	51.72
6	Finazzo, Gina	Shorecrest	54.90
7	Jacobs, Jackie	Squalicum	1:00.93
8			

**Heat 2 of 3 Prelims**

1			
2	Paule, Stacey	Shorecrest	56.04
3	Heagler, Lucy	Shorewood	51.80
4	Francisco, Erin	Edmonds-Wood	48.98
5	Leavitt, Morgan	Shorecrest	50.49
6	DeRyan, Valerie	Shorewood	53.45
7	Nash, Summer	Lynnwood	58.94
8			

**Heat 3 of 3 Prelims**

1			
2	Engel, Ally	Meadowdale	56.53
3	Cassiau, Maelle	Edmonds-Wood	52.48
4	Do, Catherine	Meadowdale	50.20
5	Bolonduro, Yemisi	Shorecrest	50.38
6	Petit, Clair	Shorewood	52.82
7	Russell-Hoff, Maya	Edmonds-Wood	57.26
8			

**Event 226 Girls 4x100 Meter Relay**

**Friday 5/10/2019 - 6:40 PM**

**WESCO 3A: 49.21 2009**

**Brown - Oliver - Harris - Ramos**

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1			
2	Lynnwood	A	54.50
	1) Andry, Alayjah	2) Vo, Madelyn	
	3) Navarro, Asia	4) Whalen, Sarah	
3	Shorecrest	A	51.74
	1) Bolonduro, Yemisi	2) McAllister, Dahlia	
	3) Schemmel, Eloika	4) Kagarabi, Amanda	
4	Edmonds-Wood	A	50.58
	1) Gary, Nevaeh	2) Kongira, Kaddy	
	3) Danyo, Michaela	4) Chappell, Gaby	
5	Shorewood	A	51.49
	1) Di Virgilio, Mina	2) Aw, Hai-Ying	
	3) Rodriguez, Rebeca	4) Wollman, Gilana	
6	Squalicum	A	52.18
	1) Johnson, Audra	2) Sokolik, Talia	
	3) McCudden, Ashli	4) Dierdorff, Jamie	
7			
8			

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium****Meet Program****Event 227 Girls 4x200 Meter Relay****Wednesday 5/8/2019 - 4:30 PM****WESCO 3A: 1:44.33 2016****Brown - Bell - Sakharov - Edwards**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Finals</b>			
1	Edmonds-Wood	A	1:47.10 _____
	1) Gary, Nevaeh	2) Chappell, Sydney	
	3) Danyo, Michaela	4) Rust, Kaitlyn	
2	Shorewood	A	1:49.81 _____
	1) Nephew, Skye	2) Heagler, Lucy	
	3) Di Virgilio, Mina	4) Kamila, Grace	
3	Shorecrest	A	1:49.86 _____
	1) Hoffman, Christine	2) Starr, Lorelei	
	3) Schemmel, Eloika	4) McAllister, Dahlia	
4	Meadowdale	A	1:53.00 _____
	1) Reitan, Julia	2) Love, Kesley	
	3) Whatmore, Kaylee	4) Love, Sesley	
5	Squalicum	A	1:54.00 _____
	1) Johnson, Audra	2) Sokolik, Talia	
	3) McCudden, Ashli	4) Dierdorff, Jamie	
6	Lynnwood	A	1:55.00 _____
	1) Harris, Donna Marie	2) Andry, Alayjah	
	3) Navarro, Asia	4) Vo, Madelyn	
7	Ferndale	A	1:56.00 _____
	1) Weg, Rylee	2) Cline, Josie	
	3) Pallares, Cordelia	4) Leishman, Paige	
8			_____

**Event 228 Girls 4x400 Meter Relay****Friday 5/10/2019 - 8:25 PM****WESCO 3A: 3:58.57 2013****King - Pilon - Nolte - Klep**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Finals</b>			
1			_____
2	Edmonds-Wood	A	4:09.84 _____
	1) Francisco, Erin	2) Serafini, Chiara	
	3) Rust, Kaitlyn	4) Gard, Ellie	
3	Shorecrest	A	4:10.59 _____
	1) Bolonduro, Yemisi	2) Glascock, Livia	
	3) Starr, Lorelei	4) Block, Lauren	
4	Shorewood	A	4:16.00 _____
	1) Nephew, Skye	2) Metales, Nadia	
	3) Heagler, Lucy	4) Getnet, Hermon	
5	Lynnwood	A	4:21.22 _____
	1) Harris, Donna Marie	2) Andry, Alayjah	
	3) Georgieva, Gergana	4) Savenkova, Christina	
6	Squalicum	A	4:37.00 _____
	1) Halsell, Laura	2) Montero-Duong, Kristina	
	3) Salomon, Maria	4) Askew, Hailey	
7			_____
8			_____

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019**

**Edmonds Woodway Stadium  
Meet Program**

**Event 229 Girls High Jump**

**Friday 5/10/2019 - 5:30 PM**

**WESCO 3A: 5-10 2015**

**Madison Yerigan**

**Meet Qualifying: 4-07.00**

Pos	Name	School	Seed Mark	
<b>Flight 1 of 1 Finals</b>				
1	Hicks, Kyra	Edmonds-Wood	4-02.00	_____
2	Pate, Lilia	Shorewood	4-04.00	_____
3	Leavitt, Morgan	Shorecrest	4-06.00	_____
4	Kolmer, Naomi	Shorecrest	4-06.00	_____
5	Broce, Lilianna	Meadowdale	4-06.00	_____
6	Orcutt, Aria	Shorewood	4-08.00	_____
7	Pham, Kendra	Squalicum	4-08.00	_____
8	Schlenbaker, Djennika	Squalicum	4-10.00	_____
9	Sellentini, Ella	Shorecrest	4-10.00	_____
10	Georgieva, Gergana	Lynnwood	4-10.00	_____
11	Hoang, Emily	Edmonds-Wood	4-10.00	_____
12	Amy, Sonja	Meadowdale	5-00.00	_____
13	Petit, Clairra	Shorewood	5-01.00	_____
14				_____
15				_____
16				_____
17				_____
18				_____
19				_____
20				_____
21				_____
22				_____
23				_____
24				_____

**Event 230 Girls Pole Vault**

**Wednesday 5/8/2019 - 4:00 PM**

**WESCO 3A: 12-07 2015**

**Chinne Okoronkwo**

**Meet Qualifying: 7-05.00**

Pos	Name	School	Seed Mark	
<b>Flight 1 of 1 Finals</b>				
1	Radvany, Ella	Squalicum	5-06.00	_____
2	Enriquez, Valeria	Shorewood	6-00.00	_____
3	Jackson, Isabel	Shorewood	6-00.00	_____
4	Powell, Ainsley	Edmonds-Wood	6-06.00	_____
5	Pritchard, Mariah	Shorewood	6-06.00	_____
6	Orcutt, Aria	Shorewood	7-06.00	_____
7	Nash, Summer	Lynnwood	7-06.00	_____
8	Singkeo, Sarah	Edmonds-Wood	8-00.00	_____
9	Yamane, Lexi	Shorewood	8-00.00	_____
10	Johns, Amy	Edmonds-Wood	8-06.00	_____
11	Dailer, Maya	Meadowdale	8-06.00	_____
12	Giles, Chloe	Shorewood	8-06.00	_____
13	Prunier, Jocelyn	Meadowdale	8-06.00	_____
14	Livingston, Megan	Edmonds-Wood	9-00.00	_____
15				_____
16				_____
17				_____
18				_____
19				_____
20				_____
21				_____
22				_____
23				_____
24				_____

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium  
Meet Program****Event 231 Girls Long Jump****Wednesday 5/8/2019 - 4:00 PM****WESCO 3A: 18-09 2014 Chinne Okoronkwo****Meet Qualifying: 15-02.00**

Pos	Name	School	Seed Mark	
<b>Flight 1 of 3 Finals</b>				
1	Kasap, Emine	Ferndale	10-05.25	_____
2	Templin, Bonnie	Ferndale	12-08.50	_____
3	Smith, Cecilia	Edmonds-Wood	13-01.50	_____
4	Nash, Summer	Lynnwood	13-06.50	_____
5	Broce, Lilianna	Meadowdale	14-00.00	_____
6	Bryan, Abby	Ferndale	14-03.50	_____
7	Barlean, Hannah	Ferndale	14-03.75	_____
8				_____
<b>Flight 2 of 3 Finals</b>				
1	Hoffman, Christine	Shorecrest	14-06.50	_____
2	Rammell, Morgan	Shorecrest	14-07.25	_____
3	Pham, Kendra	Squalicum	14-09.75	_____
4	Reyes, Victoria	Shorecrest	15-00.00	_____
5	Mason, Emily	Shorecrest	15-01.00	_____
6	Beeks, Braunte	Edmonds-Wood	15-01.00	_____
7	Flores, Amy	Squalicum	15-01.50	_____
8	Pallares, Cordelia	Ferndale	15-03.00	_____
<b>Flight 3 of 3 Finals</b>				
1	Quinones, Vianca	Edmonds-Wood	15-03.00	_____
2	Afshari, Sara	Squalicum	15-03.75	_____
3	Meas, Julia	Meadowdale	16-00.00	_____
4	Weg, Rylee	Ferndale	16-02.50	_____
5	Wollman, Gilana	Shorewood	16-02.75	_____
6	McAllister, Dahlia	Shorecrest	16-04.00	_____
7	Hicks, Kyra	Edmonds-Wood	16-04.00	_____
8	Aw, Hai-Ying	Shorewood	17-08.75	_____

**Event 232 Girls Triple Jump****Friday 5/10/2019 - 5:30 PM****WESCO 3A: 41-04 2016 Chinne Okoronkwo****Meet Qualifying: 31-05.00**

Pos	Name	School	Seed Mark	
<b>Flight 1 of 2 Finals</b>				
1	Smith, Cecilia	Edmonds-Wood	24-08.00	_____
2	Montero-Duong, Kristina	Squalicum	28-04.00	_____
3	Bryan, Abby	Ferndale	29-08.00	_____
4	Miller, Jenna	Lynnwood	30-00.00	_____
5	Starr, Lorelei	Shorecrest	31-06.50	_____
6	Flores, Amy	Squalicum	31-08.00	_____
7	Mason, Emily	Shorecrest	31-09.25	_____
8				_____
<b>Flight 2 of 2 Finals</b>				
1	Quinones, Vianca	Edmonds-Wood	32-06.00	_____
2	Halsell, Laura	Squalicum	32-11.50	_____
3	Schemmel, Eloika	Shorecrest	33-02.25	_____
4	Pallares, Cordelia	Ferndale	34-00.50	_____
5	Hicks, Kyra	Edmonds-Wood	34-06.50	_____
6	Rodriguez, Rebeca	Shorewood	35-08.75	_____
7	Weg, Rylee	Ferndale	35-09.50	_____
8				_____



**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium  
Meet Program****Event 233 Girls Shot Put****Friday 5/10/2019 - 5:30 PM****WESCO 3A: 47-05 1983****Jennifer Ponath****Meet Qualifying: 30-05.00**

Pos	Name	School	Seed Mark	
<b>Flight 1 of 3 Finals</b>				
1	Vongsouthep, Faith	Edmonds-Wood	19-08.50	_____
2	Doph, Mya	Meadowdale	21-07.00	_____
3	Rainville, Madison	Lynnwood	22-05.00	_____
4	Christianson, Maya	Lynnwood	22-05.00	_____
5	Sanchez, Brezan'e	Meadowdale	22-05.50	_____
6	Reardon, Madison	Squalicum	23-00.00	_____
7				_____
8				_____

**Flight 2 of 3 Finals**

1	Cambroner, Sara Ysabella	Lynnwood	23-01.00	_____
2	Sandoval, Isabella	Meadowdale	23-08.00	_____
3	Kerns, Lindsey	Edmonds-Wood	25-00.00	_____
4	Strong, Johanna	Meadowdale	25-05.00	_____
5	Valadez, Adriana	Meadowdale	25-06.25	_____
6	Reyes, Victoria	Shorecrest	27-11.00	_____
7	Eunson, Bella	Edmonds-Wood	28-03.50	_____
8				_____

**Flight 3 of 3 Finals**

1	Welch, Amehra	Shorecrest	28-09.00	_____
2	Thurston, Hannah	Squalicum	28-10.00	_____
3	Lopez, Marilyn	Shorewood	29-02.75	_____
4	Sellentini, Ella	Shorecrest	30-07.50	_____
5	Sherry, Timony	Shorewood	32-07.50	_____
6	Keyes, Vatoria	Edmonds-Wood	36-00.00	_____
7	Lino, Kiana	Shorecrest	41-06.50	_____
8				_____

**Event 234 Girls Discus Throw****Wednesday 5/8/2019 - 4:00 PM****WESCO 3A: 133-04 2017****Vernice Keyes****Meet Qualifying: 89-08**

Pos	Name	School	Seed Mark	
<b>Flight 1 of 3 Finals</b>				
1	Heckle, Kaylee	Meadowdale	39-06	_____
2	Doph, Mya	Meadowdale	43-00	_____
3	Tran, Cindy	Edmonds-Wood	57-07	_____
4	Christianson, Maya	Lynnwood	64-09	_____
5	Reardon, Madison	Squalicum	66-07	_____
6	Apio, Kaiona	Edmonds-Wood	83-08	_____
7				_____
8				_____

**Flight 2 of 3 Finals**

1	Rainville, Madison	Lynnwood	71-09	_____
2	Kerns, Lindsey	Edmonds-Wood	74-04	_____
3	Watson, Madison	Shorewood	80-06	_____
4	Lopez, Marilyn	Shorewood	82-00	_____
5	Sandoval, Isabella	Meadowdale	66-08	_____
6	Strong, Johanna	Meadowdale	86-00	_____
7				_____
8				_____

**Flight 3 of 3 Finals**

1	Sherry, Timony	Shorewood	87-06	_____
2	Welch, Amehra	Shorecrest	91-07	_____
3	Thurston, Hannah	Squalicum	92-09	_____
4	Eunson, Bella	Edmonds-Wood	114-09	_____
5	Lino, Kiana	Shorecrest	117-06	_____
6	Keyes, Vatoria	Edmonds-Wood	122-01	_____
7				_____
8				_____

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium  
Meet Program****Event 235 Girls Javelin Throw****Wednesday 5/8/2019 - 4:00 PM****WESCO 3A: 138-04 2016****Mikayla Pivec****Meet Qualifying: 88-03**

<b>Pos</b>	<b>Name</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 3 Finals</b>			
1	Jossi, Sabrina	Edmonds-Wood	65-02 _____
2	Watson, Madison	Shorewood	65-10 _____
3	DeRyan, Valerie	Shorewood	67-02 _____
4	Kleyn, Anna	Shorewood	68-01 _____
5	Sandoval, Isabella	Meadowdale	69-00 _____
6	Sanchez, Brezan'e	Meadowdale	69-03 _____
7	Aw, Teagan	Shorewood	72-00 _____
8	Barlean, Bailey	Ferndale	77-05 _____
<b>Flight 2 of 3 Finals</b>			
1	Hill, Sophia	Lynnwood	80-05 _____
2	Greene, Imani	Squalicum	80-06 _____
3	Olds-Craig, Reanna	Edmonds-Wood	80-08 _____
4	Iloff, Anne	Meadowdale	80-11 _____
5	Sherry, Keegan	Shorewood	84-07 _____
6	McArthur, Allyson	Lynnwood	85-10 _____
7	Lyons, Nikki	Edmonds-Wood	86-07 _____
8	Lynch, Trinity	Meadowdale	91-10 _____
<b>Flight 3 of 3 Finals</b>			
1	Valadez, Adriana	Meadowdale	94-10 _____
2	Sellentini, Ella	Shorecrest	96-06 _____
3	Jatta, Oumie	Edmonds-Wood	102-00 _____
4	Reyes, Victoria	Shorecrest	103-03 _____
5	Apio, Kaiona	Edmonds-Wood	106-01 _____
6	Eunson, Bella	Edmonds-Wood	110-09 _____
7	Lino, Kiana	Shorecrest	115-08 _____
8	Censale, Paige	Squalicum	121-05 _____

**Event 201 Boys 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Wednesday 5/8/2019 - 5:00 PM****WESCO 3A: 10.68 2014****Austin Joyner****Meet Qualifying: 11.84**

<b>Lane</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 3 Prelims</b>			
1	Quick, Hunter	Shorecrest	11.93 _____
2	Morrison, Brady	Ferndale	11.80 _____
3	Ridenhour, Zachary	Shorecrest	11.24 _____
4	Nguyen, Alex	Lynnwood	10.92 _____
5	Taylor, Chris	Shorewood	11.24 _____
6	Soumpholphakdy, Pavin	Lynnwood	11.71 _____
7	Swinton, Steele	Edmonds-Wood	11.92 _____
8	Swinson, Denver	Meadowdale	12.01 _____
<b>Heat 2 of 3 Prelims</b>			
1	Becker, Cole	Shorewood	11.96 _____
2	Nelson, Gabe	Shorecrest	11.81 _____
3	Williamson, Joseph	Shorewood	11.46 _____
4	Lolkema, Christopher	Squalicum	10.95 _____
5	Stevenson, Sebastian	Squalicum	11.18 _____
6	Morgan, Adrian	Lynnwood	11.67 _____
7	Lybeer, Sam	Meadowdale	11.89 _____
8	Johansen, Levi	Ferndale	11.99 _____
<b>Heat 3 of 3 Prelims</b>			
1	Beck, Hans	Meadowdale	11.96 _____
2	Morales, Elijah	Shorecrest	11.84 _____
3	Tu, Preston	Shorewood	11.56 _____
4	Acholonu, Chinedu	Edmonds-Wood	10.97 _____
5	Williams, Tallen	Ferndale	11.00 _____
6	Seliga, Sammy	Shorecrest	11.64 _____
7	Wijayasundara, Mihin	Edmonds-Wood	11.85 _____
8	Smet, Hayden	Squalicum	11.96 _____

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium****Meet Program****Alternates...(Event 201 Boys 100 Meter Dash)**

1	Stoecker, Logan	Shorecrest	12.02
2	Olguin, Damian	Ferndale	12.06

**Event 202 Boys 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Wednesday 5/8/2019 - 6:40 PM****WESCO 3A: 22.29 2011 Nate Schmidt****Meet Qualifying: 24.17**

<b>Lane Name</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 3 Prelims</b>		
1	Lease, Jaymar	Squalicum 24.53 _____
2	Swinson, Denver	Meadowdale 24.21 _____
3	Weitkamp, David	Lynnwood 23.70 _____
4	Nguyen, Alex	Lynnwood 22.24 _____
5	Ridenhour, Zachary	Shorecrest 23.47 _____
6	Becker, Cole	Shorewood 24.03 _____
7	Smith, Isaac	Shorecrest 24.46 _____
8	Beck, Hans	Meadowdale 24.66 _____

**Heat 2 of 3 Prelims**

1	Stoecker, Logan	Shorecrest	24.54 _____
2	Olguin, Damian	Ferndale	24.33 _____
3	Mortensen, Ian	Shorecrest	23.77 _____
4	Acholonu, Chinedu	Edmonds-Wood	22.64 _____
5	Lolkema, Christopher	Squalicum	23.19 _____
6	Wijayasundara, Mihin	Edmonds-Wood	24.09 _____
7	Morales, Elijah	Shorecrest	24.41 _____
8	Burk-Woodard, Isaiah	Meadowdale	24.66 _____

**Heat 3 of 3 Prelims**

1	Swinton, Steele	Edmonds-Wood	24.54 _____
2	Carroll, Kadin	Lynnwood	24.34 _____
3	Carlson, Isaac	Meadowdale	23.97 _____
4	Stevenson, Sebastian	Squalicum	23.02 _____
5	Salvione, Anthony	Shorewood	23.15 _____
6	Quick, Hunter	Shorecrest	24.12 _____
7	Morgan, Adrian	Lynnwood	24.37 _____
8	Freitas, Brayden	Shorewood	24.58 _____

**Alternates**

1	Smet, Hayden	Squalicum	24.70
2	Lybeer, Sam	Meadowdale	24.74

**Event 203 Boys 400 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Wednesday 5/8/2019 - 5:40 PM****WESCO 3A: 48.87 2000 Nik Williams****Meet Qualifying: 54.80**

<b>Lane Name</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 3 Prelims</b>		
1	Cuprynski, Casey	Meadowdale 57.01 _____
2	Bruneau, Shane	Edmonds-Wood 54.44 _____
3	Salvione, Anthony	Shorewood 53.21 _____
4	Acholonu, Chinedu	Edmonds-Wood 51.03 _____
5	Mueller, Morgan	Shorewood 52.70 _____
6	Bates, Josh	Squalicum 54.31 _____
7	Broadhead, David	Shorecrest 56.73 _____
8		_____

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium  
Meet Program****Heat 2 of 3 Prelims...(Event 203 Boys 400 Meter Dash)**

1	Alrobae, Zayn	Lynnwood	57.90	_____
2	Mueller, Lake	Shorewood	54.49	_____
3	Smith, Isaac	Shorecrest	53.30	_____
4	Taylor, Chris	Shorewood	51.16	_____
5	Carlson, Isaac	Meadowdale	52.66	_____
6	Seeber, Adrian	Lynnwood	54.08	_____
7	McAfee, Colin	Edmonds-Wood	55.07	_____
8				_____

**Heat 3 of 3 Prelims**

1	Cambron, Carlos	Ferndale	58.93	_____
2	Freitas, Brayden	Shorewood	54.52	_____
3	Burk-Woodard, Isaiah	Meadowdale	53.38	_____
4	Adjibly, Reed	Shorecrest	51.89	_____
5	Nouwens, Cole	Shorewood	52.41	_____
6	Mortensen, Ian	Shorecrest	53.45	_____
7	Paavola, Kalevi	Edmonds-Wood	54.89	_____
8	Fajarillo, David	Meadowdale	59.89	_____

**Heat 2 of 3 Prelims**

1				_____
2	Lacambra, Lucas	Edmonds-Wood	1:58.49	_____
3	Sturdevant, Landon	Ferndale	2:02.15	_____
4	Kruse, Rafe	Shorecrest	2:03.13	_____
5	Burk-Woodard, Isaiah	Meadowdale	2:09.22	_____
6	Smith, Nathan	Edmonds-Wood	2:15.27	_____
7	Hiett, Will	Shorewood	2:16.42	_____
8	Chambers, Charles	Lynnwood	2:19.38	_____

**Heat 3 of 3 Prelims**

1				_____
2	Mueller, Stefan	Shorewood	1:59.97	_____
3	Christian, John	Edmonds-Wood	2:01.78	_____
4	Bartlett, Miles	Squalicum	2:07.24	_____
5	Regimbal, Gabe	Squalicum	2:07.64	_____
6	Espinola, Elijah	Edmonds-Wood	2:16.08	_____
7	Potter, Jacob	Lynnwood	2:16.89	_____
8	Carroll, Jackson	Shorewood	2:20.47	_____

**Event 204 Boys 800 Meter Run****8 Advance: Top 2 Each Heat plus Next 2 Best Times****Wednesday 5/8/2019 - 6:20 PM****WESCO 3A: 1:51.98 2016 Devan Kirk****Meet Qualifying: 2:08.34**

<b>Lane</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>	
<b>Heat 1 of 3 Prelims</b>				
1				_____
2	Christian, Grant	Edmonds-Wood	1:57.51	_____
3	Gandara, Jose Luis	Shorewood	2:02.70	_____
4	Ponton, Josiah	Edmonds-Wood	2:03.40	_____
5	Latta, Benjamin	Squalicum	2:09.46	_____
6	Burk, Andrew	Meadowdale	2:12.99	_____
7	Barrie, Jack	Shorecrest	2:17.83	_____
8	Laflin, Quincy	Shorewood	2:19.36	_____

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium  
Meet Program****Event 205 Boys 1600 Meter Run****Wednesday 5/8/2019 - 5:20 PM****WESCO 3A: 4:13.93 1999****Dustin Duke****Meet Qualifying: 4:36.90**

<b>Lane</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>	
<b>Section 1 of 1 Finals</b>				
1	Lacabra, Lucas	Edmonds-Wood	4:17.09	_____
2	Thurman, Spencer	Shorecrest	4:19.87	_____
3	Luu, Erik	Shorecrest	4:21.16	_____
4	Hartono, Dylan	Edmonds-Wood	4:24.50	_____
5	Peraza, Deyago	Edmonds-Wood	4:25.10	_____
6	Murphy, Micah	Lynnwood	4:26.57	_____
7	Willcox, Jacob	Edmonds-Wood	4:29.88	_____
8	Lin, Steven	Shorewood	4:30.77	_____
9	Mueller, Stefan	Shorewood	4:35.70	_____
10	Kleyn, Lucas	Shorewood	4:40.51	_____
11	Brodeur, Joe	Squalicum	4:41.93	_____
12	Walde, Andrew	Edmonds-Wood	4:45.23	_____
13	Regimbal, Gabe	Squalicum	4:49.08	_____
14	Hiett, Will	Shorewood	4:49.50	_____
15	Lacabra, Matthew	Edmonds-Wood	4:49.62	_____
16	Burk, Andrew	Meadowdale	4:50.85	_____
17	Panteleeff, Alex	Shorewood	4:51.02	_____
18	Bury, Logan	Edmonds-Wood	4:53.02	_____
19	Miller, Brandon	Lynnwood	4:53.30	_____
20	Latta, Benjamin	Squalicum	4:54.95	_____
21	Broderhausen, Lance	Meadowdale	4:57.46	_____
22	Rinauro, Griffin	Squalicum	4:58.21	_____
23	Shellito, Silas	Squalicum	4:58.89	_____
24	Chambers, Charles	Lynnwood	4:59.71	_____

**Alternates**

1	Sackett, Dillon	Edmonds-Wood	5:02.08	
2	Menanno, Alphonse	Edmonds-Wood	5:02.47	

**Event 206 Boys 3200 Meter Run****Friday 5/10/2019 - 7:45 PM****WESCO 3A: 9:18.92 2016****Nathan Beamer****Meet Qualifying: 10:10.94**

<b>Lane</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>	
<b>Section 1 of 1 Finals</b>				
1	Hartono, Dylan	Edmonds-Wood	9:10.23	_____
2	Peraza, Deyago	Edmonds-Wood	9:19.34	_____
3	Luu, Erik	Shorecrest	9:23.60	_____
4	Thurman, Spencer	Shorecrest	9:29.48	_____
5	Heagler, Ben	Shorewood	9:42.38	_____
6	Willcox, Jacob	Edmonds-Wood	9:52.52	_____
7	Murphy, Micah	Lynnwood	9:56.76	_____
8	Kleyn, Lucas	Shorewood	9:59.75	_____
9	Lin, Steven	Shorewood	10:17.61	_____
10	Brodeur, Joe	Squalicum	10:20.50	_____
11	Lacabra, Matthew	Edmonds-Wood	10:33.99	_____
12	Bury, Logan	Edmonds-Wood	10:34.27	_____
13	Bryan, Connor	Edmonds-Wood	10:34.92	_____
14	Broderhausen, Lance	Meadowdale	10:41.91	_____
15	Deasy, Nathaniel	Edmonds-Wood	10:50.36	_____
16	Trull, Isaac	Shorewood	10:51.57	_____
17	Shellito, Silas	Squalicum	10:53.77	_____
18	Mason, Matthew	Lynnwood	11:00.62	_____
19	Menanno, Alphonse	Edmonds-Wood	11:01.83	_____
20	Panteleeff, Alex	Shorewood	11:12.10	_____
21	Burk, Andrew	Meadowdale	11:14.86	_____
22	Uran, Nathaniel	Shorewood	11:22.57	_____
23	Bushnell, Josiah	Ferndale	11:36.97	_____
24	Barrie, Jack	Shorecrest	11:42.60	_____

**Alternates**

1	North, TJ	Meadowdale	11:46.78	
2	Ramirez, Nolan	Ferndale	11:47.77	

## 2019 Northwest &amp; Wesco 3A South League Champs - 5/8/2019 to 5/10/2019

Edmonds Woodway Stadium  
Meet Program**Event 207 Boys 110 Meter Hurdles****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Wednesday 5/8/2019 - 4:40 PM

WESCO 3A: 14.48 2001 Ryan McKinney

Meet Qualifying: 17.45

Lane	Name	School	Seed Time
------	------	--------	-----------

**Heat 1 of 3 Prelims**

1	Park, Daniel	Edmonds-Wood	21.73
2	Phan, Alan	Meadowdale	18.30
3	Vo, Richard	Lynnwood	17.07
4	Birchman, Jonathan	Shorewood	14.37
5	Graves, Evan	Edmonds-Wood	16.37
6	Myers, Charley	Squalicum	17.85
7			
8			

**Heat 2 of 3 Prelims**

1	Hewitt, Gregory	Edmonds-Wood	21.85
2	Johnston, Soren	Shorecrest	18.46
3	Fox, Colton	Ferndale	17.26
4	Dilworth, Marcus	Edmonds-Wood	15.40
5	Toyo, Amado	Shorecrest	16.37
6	Secrest, Ryan	Meadowdale	17.75
7	Holman, Joshua	Squalicum	19.58
8			

**Heat 3 of 3 Prelims**

1	Rose, Josh	Edmonds-Wood	20.65
2	Seefeldt, Ryan	Squalicum	19.15
3	DeBell, Deklund	Meadowdale	17.45
4	Aboudou, Amdane	Shorecrest	15.45
5	Bangsberg, Matthew	Shorewood	15.82
6	Rogers, Jacob	Squalicum	17.47
7	Downes, Sebastian	Shorecrest	19.22
8			

**Event 208 Boys 300 Meter Hurdles****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Wednesday 5/8/2019 - 6:00 PM

WESCO 3A: 39.02 2001 Ryan McKinney

Meet Qualifying: 44.89

Lane	Name	School	Seed Time
------	------	--------	-----------

**Heat 1 of 3 Prelims**

1	Hewitt, Gregory	Edmonds-Wood	50.31
2	Myers, Charley	Squalicum	46.65
3	Toyo, Amado	Shorecrest	42.87
4	Birchman, Jonathan	Shorewood	39.40
5	DeBell, Deklund	Meadowdale	42.46
6	Rogers, Jacob	Squalicum	46.12
7	Johnston, Soren	Shorecrest	48.61
8			

**Heat 2 of 3 Prelims**

1	Park, Daniel	Edmonds-Wood	50.46
2	Cook, Edgerton	Ferndale	47.23
3	Secrest, Ryan	Meadowdale	43.61
4	Aboudou, Amdane	Shorecrest	40.88
5	Dilworth, Marcus	Edmonds-Wood	42.22
6	Downes, Sebastian	Shorecrest	45.97
7	Seefeldt, Ryan	Squalicum	48.88
8			

**Heat 3 of 3 Prelims**

1	Phan, Alan	Meadowdale	50.71
2	Mcdevitt, Ian	Squalicum	47.50
3	Graves, Evan	Edmonds-Wood	44.46
4	Fox, Colton	Ferndale	41.64
5	Bangsberg, Matthew	Shorewood	41.93
6	Vo, Richard	Lynnwood	44.56
7	Felix, Beau	Ferndale	47.99
8			

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium****Meet Program****Event 209 Boys 4x100 Meter Relay****Friday 5/10/2019 - 6:30 PM****WESCO 3A: 42.72 2014****Stell - Fields - Paulk - Joyner**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Finals</b>			
1	Meadowdale	A	46.12 _____
	1) Bui, Alain	2) Lybeer, Sam	
	3) Hartono, Matthew	4) Swinson, Denver	
2	Shorewood	A	45.00 _____
	1) Tanaka, Curt	2) Williamson, Joseph	
	3) Becker, Cole	4) Taylor, Chris	
3	Shorecrest	A	44.40 _____
	1) Nelson, Gabe	2) Ridenhour, Zachary	
	3) McKee, Satchel	4) Seliga, Sammy	
4	Lynnwood	A	43.53 _____
	1) Soumpholphakdy, Pavin	2) Weitkamp, David	
	3) Nguyen, Alex	4) Morgan, Adrian	
5	Squalicum	A	44.30 _____
	1) Lolkema, Christopher	2) Myers, Charley	
	3) Smet, Hayden	4) Stevenson, Sebastian	
6	Edmonds-Wood	A	44.54 _____
	1) Wijayasundara, Mihin	2) Dilworth, Marcus	
	3) Swinton, Steele	4) Acholonu, Chinedu	
7	Ferndale	A	46.00 _____
	1) Johansen, Levi	2) Morrison, Brady	
	3) Williams, Tallen	4) Fox, Colton	
8			_____

**Event 210 Boys 4x400 Meter Relay****Friday 5/10/2019 - 8:15 PM****WESCO 3A: 3:24.11 2000****McKinney - Mann - Graham - Williams**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Finals</b>			
1			_____
2	Shorewood	A	3:29.96 _____
	1) Bangsberg, Matthew	2) Birchman, Jonathan	
	3) Mueller, Morgan	4) Salvione, Anthony	
3	Edmonds-Wood	A	3:32.02 _____
	1) Christian, John	2) Lacambra, Lucas	
	3) Ponton, Josiah	4) Christian, Grant	
4	Shorecrest	A	3:33.06 _____
	1) Mortensen, Ian	2) Kruse, Rafe	
	3) Aboudou, Amdane	4) Adjibly, Reed	
5	Meadowdale	A	3:33.86 _____
	1) DeBell, Deklund	2) Hartono, Matthew	
	3) Secrest, Ryan	4) Carlson, Isaac	
6	Lynnwood	A	3:37.00 _____
	1) Seeber, Adrian	2) Morgan, Adrian	
	3) Murphy, Micah	4) Nguyen, Alex	
7	Squalicum	A	3:43.00 _____
	1) Lolkema, Christopher	2) Regimbal, Gabe	
	3) Rinauro, Griffin	4) Brodeur, Joe	
8	Ferndale	A	3:54.00 _____
	1) Bushnell, Josiah	2) Sturdevant, Landon	
	3) Fox, Colton	4) Olguin, Damian	

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium  
Meet Program****Event 211 Boys High Jump****Wednesday 5/8/2019 - 4:00 PM****WESCO 3A: 6-07.50 1987****Darren Nicholson****Meet Qualifying: 5-06.00**

Pos	Name	School	Seed Mark	
<b>Flight 1 of 1 Finals</b>				
1	Myers, Charley	Squalicum	4-10.00	_____
2	Washington, Alvis	Ferndale	5-00.00	_____
3	Rink, Brian	Squalicum	5-02.00	_____
4	Edwards, Cayden	Edmonds-Wood	5-02.00	_____
5	Potter, Jacob	Lynnwood	5-04.00	_____
6	Vo, Richard	Lynnwood	5-06.00	_____
7	Jackson, Keon	Shorecrest	5-06.00	_____
8	Zuze, Benito	Shorecrest	5-06.00	_____
9	Stearns, Nathan	Meadowdale	5-06.00	_____
10	Nguyen, Quang	Edmonds-Wood	5-06.00	_____
11	Seals, Austin	Meadowdale	5-06.00	_____
12	Swinson, Denver	Meadowdale	5-08.00	_____
13	Kautzman, Brayden	Meadowdale	5-09.00	_____
14	Johnson, Nathaniel	Lynnwood	5-10.00	_____
15	Birchman, Jonathan	Shorewood	6-02.00	_____
16				_____
17				_____
18				_____
19				_____
20				_____
21				_____
22				_____
23				_____
24				_____

**Event 212 Boys Pole Vault****Friday 5/10/2019 - 5:30 PM****WESCO 3A: 15-06 1997****Tim Morse****Meet Qualifying: 9-09.00**

Pos	Name	School	Seed Mark	
<b>Flight 1 of 1 Finals</b>				
1	Laffin, Quincy	Shorewood	8-06.00	_____
2	Le, Anthony	Squalicum	8-06.00	_____
3	Clark, Joe	Shorecrest	9-00.00	_____
4	Salvatierra, Christian ange	Squalicum	9-00.00	_____
5	Tan, Henry	Shorecrest	9-00.00	_____
6	Mcdevitt, Ian	Squalicum	9-00.00	_____
7	Fahey, Ryan	Edmonds-Wood	9-06.00	_____
8	Holdridge, Jonathan	Shorewood	10-00.00	_____
9	Yuyama, Caetano	Shorecrest	11-00.00	_____
10	Lann, Christopher	Squalicum	11-00.00	_____
11	Barrett, Rowen	Shorecrest	11-00.00	_____
12	Seals, Austin	Meadowdale	11-06.00	_____
13	Fahey, Tanner	Lynnwood	11-06.00	_____
14	Rust, Alec	Edmonds-Wood	12-00.00	_____
15	McKee, Satchel	Shorecrest	13-00.00	_____
16	Tanaka, Cade	Shorewood	13-06.00	_____
17	Sibiryakov, Nicholas	Edmonds-Wood	14-00.00	_____
18	Tanaka, Curt	Shorewood	15-00.00	_____
19				_____
20				_____
21				_____
22				_____
23				_____
24				_____



**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium  
Meet Program****Event 213 Boys Long Jump****Wednesday 5/8/2019 - 4:00 PM****WESCO 3A: 23-02.25 1990****Levon Major****Meet Qualifying: 19-04.00**

Pos	Name	School	Seed Mark	
<b>Flight 1 of 3 Finals</b>				
1	Brim, Anthony	Squalicum	16-10.25	_____
2	Merril, Justin	Meadowdale	16-11.00	_____
3	Lease, Jaymar	Squalicum	16-11.50	_____
4	Petroff, Noah	Meadowdale	17-00.00	_____
5	Decker, Kai	Lynnwood	17-00.25	_____
6	Prempeh, Andy	Meadowdale	17-05.00	_____
7	Mahinan, Julian	Shorewood	17-07.50	_____
8	Cao, Brian	Edmonds-Wood	17-08.00	_____
<b>Flight 2 of 3 Finals</b>				
1	Quintans, George	Edmonds-Wood	17-08.50	_____
2	Hartono, Matthew	Meadowdale	18-00.50	_____
3	Seeber, Adrian	Lynnwood	18-02.00	_____
4	Stearns, Nathan	Meadowdale	18-02.25	_____
5	Tipple, Andersen (Andy)	Shorewood	18-06.75	_____
6	Lybeer, Sam	Meadowdale	19-01.00	_____
7	Nguyen, Nam	Shorecrest	19-05.50	_____
8	Zuze, Benito	Shorecrest	19-07.50	_____
<b>Flight 3 of 3 Finals</b>				
1	Morales, Elijah	Shorecrest	19-08.50	_____
2	Quick, Hunter	Shorecrest	19-10.00	_____
3	Taylor, Chris	Shorewood	19-10.25	_____
4	Becker, Cole	Shorewood	20-02.50	_____
5	Dilworth, Marcus	Edmonds-Wood	20-09.50	_____
6	Williams, Tallen	Ferndale	21-08.00	_____
7	Aboudou, Amdane	Shorecrest	22-01.25	_____
8	Free, Raymond	Meadowdale	22-02.00	_____

**Alternates**

1	Yared, Joseph	Shorewood	16-08.50
2	Orrego, John	Ferndale	16-07.00

**Event 214 Boys Triple Jump****Friday 5/10/2019 - 5:30 PM****WESCO 3A: 46-08.25 1992****Jason Rowe****Meet Qualifying: 38-10.00**

Pos	Name	School	Seed Mark	
<b>Flight 1 of 3 Finals</b>				
1	Brim, Anthony	Squalicum	32-11.00	_____
2	Nguyen, Quang	Edmonds-Wood	33-00.50	_____
3	Cao, Brian	Edmonds-Wood	33-05.00	_____
4	Quintans, George	Edmonds-Wood	33-06.50	_____
5	Prempeh, Andy	Meadowdale	33-06.75	_____
6	Jackson, Keon	Shorecrest	33-09.00	_____
7	Shellito, Silas	Squalicum	35-10.25	_____
8				_____
<b>Flight 2 of 3 Finals</b>				
1	Petroff, Noah	Meadowdale	36-01.00	_____
2	Latta, Benjamin	Squalicum	36-01.75	_____
3	Stearns, Nathan	Meadowdale	36-05.00	_____
4	Secrest, Ryan	Meadowdale	36-05.50	_____
5	Merril, Justin	Meadowdale	38-01.50	_____
6	Potter, Jacob	Lynnwood	38-02.50	_____
7	Easley, Cynnccear	Shorecrest	38-05.00	_____
8				_____

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium****Meet Program****Flight 3 of 3 Finals...(Event 214 Boys Triple Jump)**

1	Kautzman, Brayden	Meadowdale	38-06.00	_____
2	Hartono, Matthew	Meadowdale	38-08.75	_____
3	Bangsberg, Matthew	Shorewood	38-10.00	_____
4	Decker, Kai	Lynnwood	38-10.50	_____
5	Zuze, Benito	Shorecrest	43-00.50	_____
6	Williams, Tallen	Ferndale	44-02.00	_____
7	Free, Raymond	Meadowdale	45-05.50	_____
8				_____

**Event 215 Boys Shot Put****Wednesday 5/8/2019 - 4:00 PM****WESCO 3A: 64-04.25 1996 Ben Lindsey****Meet Qualifying: 41-08.00**

Pos	Name	School	Seed Mark	
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**Flight 1 of 3 Finals**

1	Elder, Brian	Shorewood	32-08.50	_____
2	Paul, Tyler	Meadowdale	33-00.50	_____
3	Bui, Alain	Meadowdale	33-06.75	_____
4	Mcdevitt, Ian	Squalicum	33-09.00	_____
5	Schlichting, Mark	Ferndale	33-10.00	_____
6	Kiewicz, Noah	Meadowdale	33-10.00	_____
7	Berger, Gage	Edmonds-Wood	34-02.00	_____
8	DeBella, Joey	Edmonds-Wood	34-09.00	_____

**Flight 2 of 3 Finals**

1	Cherry, Capassio	Edmonds-Wood	35-09.00	_____
2	Hornaday, Hunter	Edmonds-Wood	36-00.00	_____
3	Holand, Chase	Edmonds-Wood	36-00.00	_____
4	Atayev, Murad	Shorewood	36-03.00	_____
5	Yakovlev, David	Ferndale	37-02.00	_____
6	Holland, Maclain	Shorecrest	37-07.75	_____
7	Latta, Julian	Shorewood	37-10.00	_____
8	Montgomery, Clifton	Edmonds-Wood	39-09.00	_____

**Flight 3 of 3 Finals**

1	Gimse, Brandon	Squalicum	39-11.00	_____
2	Reyes, Gabriel	Shorecrest	40-04.50	_____
3	Reed-Henderson, Blake	Lynnwood	42-06.00	_____
4	Thongdee, Taejin	Shorewood	43-01.00	_____
5	Bjornson, Ian	Lynnwood	44-05.50	_____
6	Woo, Anthony	Edmonds-Wood	45-04.75	_____
7	Fairbarin, Larson	Ferndale	46-09.00	_____
8	Rivera, David	Shorecrest	47-05.50	_____

**Alternates**

1	Spanier, Thereon	Ferndale	31-07.00	
2	Kalilola, Jonah	Meadowdale	30-02.75	

**Event 216 Boys Discus Throw****Friday 5/10/2019 - 5:30 PM****WESCO 3A: 203-06 1996 Ben Lindsey****Meet Qualifying: 117-05**

Pos	Name	School	Seed Mark	
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**Flight 1 of 3 Finals**

1	Nelson, Andrew	Ferndale	78-00	_____
2	Berger, Gage	Edmonds-Wood	78-11	_____
3	Orrego, John	Ferndale	79-09	_____
4	Bada, Norman	Shorewood	85-10	_____
5	Leyva, Carlos	Ferndale	86-10	_____
6	Hartono, Darren	Edmonds-Wood	88-08	_____
7	Holland, Maclain	Shorecrest	93-04	_____
8	Paul, Tyler	Meadowdale	93-10	_____

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019****Edmonds Woodway Stadium****Meet Program****Flight 2 of 3 Finals...(Event 216 Boys Discus Throw)**

1	Schlichting, Mark	Ferndale	96-00	_____
2	Rivera, David	Shorecrest	99-10	_____
3	Gimse, Brandon	Squalicum	100-01	_____
4	Thongdee, Taejin	Shorewood	100-10	_____
5	Reyes, Gabriel	Shorecrest	101-07	_____
6	Lane, Brandon	Lynnwood	101-08	_____
7	Smith, Gabriel	Squalicum	102-05	_____
8	Latta, Julian	Shorewood	105-04	_____

**Flight 3 of 3 Finals**

1	Paulson, Ian	Shorewood	106-06	_____
2	Bui, Alain	Meadowdale	107-06	_____
3	Montgomery, Clifton	Edmonds-Wood	107-09	_____
4	Bjornson, Ian	Lynnwood	109-11	_____
5	Yakovlev, David	Ferndale	114-02	_____
6	Atayev, Murad	Shorewood	115-09	_____
7	Fairbarin, Larson	Ferndale	120-10	_____
8	Woo, Anthony	Edmonds-Wood	129-06	_____

**Alternates**

1	Kinney, Kallen	Meadowdale	71-06	
2	Spanier, Thereon	Ferndale	71-00	

**Event 217 Boys Javelin Throw****Friday 5/10/2019 - 5:30 PM****WESCO 3A: 190-00 1997 Terry Weigelt****Meet Qualifying: 131-06**

<b>Pos</b>	<b>Name</b>	<b>School</b>	<b>Seed Mark</b>	
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**Flight 1 of 3 Finals**

1	Hartono, Darren	Edmonds-Wood	98-11.25	_____
2	Kinney, Kallen	Meadowdale	99-06	_____
3	Paulson, Ian	Shorewood	102-02	_____
4	London, Maxwell	Shorewood	107-11	_____
5	Yared, Joseph	Shorewood	109-08	_____
6	Atayev, Murad	Shorewood	109-11	_____
7	Daley, Kallon	Shorewood	110-04	_____
8	Thierry, Jordan	Meadowdale	111-11	_____

**Flight 2 of 3 Finals**

1	Orrego, John	Ferndale	116-01	_____
2	Johnson, Nathaniel	Lynnwood	117-00	_____
3	Smith, Gabriel	Squalicum	119-01	_____
4	Wakefield, Brendan	Lynnwood	120-05	_____
5	Wydur, Eliyjah	Ferndale	123-08	_____
6	Huffman, James	Shorecrest	132-00	_____
7	Zeigler, Tres	Shorewood	135-07	_____
8	Montgomery, Clifton	Edmonds-Wood	143-01	_____

**Flight 3 of 3 Finals**

1	Schlichting, Mark	Ferndale	145-03	_____
2	DeBella, Joey	Edmonds-Wood	147-06	_____
3	Chavarria, Felipe	Lynnwood	150-02	_____
4	Bjornson, Ian	Lynnwood	150-07	_____
5	Rybka, Barrett	Ferndale	159-00	_____
6	Nelson, Andrew	Ferndale	159-02	_____
7	Mortensen, Ian	Shorecrest	161-08	_____
8	Weitkamp, David	Lynnwood	182-03	_____

**2019 Northwest & Wesco 3A South League Champs - 5/8/2019 to 5/10/2019**

**Edmonds Woodway Stadium**

**Meet Program**

**Alternates...(Event 217 Boys Javelin Throw)**

1	Gimse, Brandon	Squalicum	97-00
2	Nielsen, Collin	Squalicum	96-10.50