

# 2019 BELLEVUE TRACK & FIELD INVITATIONAL

## QUALIFYING STANDARDS

### RUNNING EVENTS QUALIFYING STANDARDS

Boys 100m Dash	12.30	Boys 1600m Run	6:00.00
Girls 100m Dash	14.40	Girls 1600m Run	7:00.00
Boys 200m Dash	26.00	Boys 3200m Run	10:30.00
Girls 200m Dash	30.00	Girls 3200m Run	12:45.00
Boys 400m Dash	1:00.00	Boys 110m Hurdles	19.50
Girls 400m Dash	1:15.00	Girls 100m Hurdles	22.00
Boys 800m Run	2:25.00	Boys 300m Hurdles	50.00
Girls 800m Run	2:45.00	Girls 300m Hurdles	1:00.00

### FIELD EVENTS QUALIFYING STANDARDS

Boys Shot Put	30 feet 0 inches
Girls Shot Put	20 feet 0 inches
Boys Discus	100 feet 0 inches
Girls Discus	70 feet 0 inches
Boys Javelin	110 feet 0 inches
Girls Javelin	70 feet 0 inches