

**2018 NPSL 4A LEAGUE XC CHAMPIONSHIPS**  
**Presented By North Puget Sound League**  
**Saturday - October 20, 2018**  
**Fort Steilacoom Park - Tacoma, WA**  
**Women's 4A Varsity - Team Results**

RANK	TEAM	TEAM	PLACES OF FINISHERS								AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD	
1	Thomas Jefferson	<b>43</b>	5	6	9	11	12	35	36	20:08.51	00:33	
2	Tahoma	<b>54</b>	1	4	7	20	22	27	29	20:10.39	01:37	
3	Mt Rainier	<b>161</b>	15	17	23	45	61	98		21:53.33	02:50	
4	Federal Way	<b>174</b>	19	26	37	44	48	58	91	22:03.27	01:57	
5	Auburn Riverside	<b>184</b>	10	30	34	51	59	65	75	22:00.03	03:07	
6	Kentlake	<b>186</b>	2	28	39	46	71	77	82	22:08.90	04:17	
7	Hazen	<b>189</b>	8	14	32	62	73	80	89	22:12.13	03:50	
8	Kennedy Catholic	<b>191</b>	3	18	49	53	68	93		22:07.95	03:53	
9	Enumclaw	<b>198</b>	16	21	31	56	74	92	100	22:40.33	03:22	
10	Kentridge	<b>201</b>	24	25	33	50	69	70	78	22:12.49	02:36	
11	Todd Beamer	<b>258</b>	13	42	55	72	76	79	101	23:03.81	03:36	
12	Decatur	<b>305</b>	38	43	47	81	96	97		23:23.02	03:47	
13	Auburn Mountainview	<b>337</b>	41	60	64	84	88	95	102	23:57.19	02:42	
14	Auburn	<b>349</b>	54	57	63	85	90	103		24:05.45	01:57	
15	Kent Meridian	<b>365</b>	40	66	67	86	106			24:37.74	09:23	
16	Kentwood	<b>415</b>	52	83	87	94	99	104	105	25:48.40	03:05	

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**Thomas Jefferson**

Score	Name	Grade	Time
5	MURRAY, Alyssa	11	19:24.70
6	HUANG, Marcella	12	19:29.10
9	SAUCEDO, Ali	10	19:36.30
11	RIORDAN, Kathleen	10	19:52.30
12	PEREZ, Mayela	11	19:57.30
35	HOLDEN, Amy	11	21:19.90
36	PEREZ, Angeles	9	21:20.00
<b>43</b>			

**Tahoma**

Score	Name	Grade	Time
1	MARTINEZ, Faith	9	18:58.30
4	JENSEN, Natalie	9	19:23.90
7	BRADY, Lulu	10	19:31.40
20	SIMS, Victoria	10	20:27.00
22	WOODS, Moira	12	20:35.70
27	AGUILAR, Sage	9	21:06.90
29	ADAMS, Lillia	11	21:09.50
<b>54</b>			

**Mt Rainier**

Score	Name	Grade	Time
15	PARADISE, Nathalie	12	20:02.80
17	LUCERO, Elena	9	20:14.10
23	JOHNSEN, Taylor	12	20:38.30
45	LARSEN, Erika	12	22:06.10
61	MARSHALL, Trisity	9	22:53.00
98	LUONG, Susan	11	25:25.70
<b>161</b>			

**Federal Way**

Score	Name	Grade	Time
19	FORWARD, Bethany	12	20:27.00
26	JACOBSON, Haley	12	20:42.10
37	RUVALCABA, Yorling	10	21:21.80
44	CHONG, Jillian	11	22:03.60
48	MWERU, Bakta	11	22:23.60
58	CLUM, Cosette	12	22:41.30
91	ARANGO, Rosa	10	24:43.50
<b>174</b>			

**Auburn Riverside**

Score	Name	Grade	Time
10	MUNETON, Jasmin	10	19:36.90
30	TATE, Samena	9	21:12.50
34	HALFORD, Emma	10	21:19.80
51	RANDALL, Sophia	11	22:24.90
59	KOPCHO, Kira	12	22:43.90
65	WALTON, Rhiannon	11	23:08.70
75	CHANG, Audrey	11	23:33.50
<b>184</b>			

**Kentlake**

Score	Name	Grade	Time
2	MARKO, Madison	12	19:02.60
28	BALLARD, Kelsey	10	21:07.90
39	MATUSKA, Krista	11	21:31.80
46	FOREE, Jadyn	10	22:10.70
71	KIMMET, Madison	11	23:19.60
77	SAUCEDA, Alex	11	23:45.00
82	MAITRE, Fabienne	11	24:04.70
<b>186</b>			

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<b>Hazen</b>		
<b>Score</b>	<b>Name</b>	<b>Grade Time</b>
8	DENNIS, Rachel	12 19:35.20
14	GIFFORD, Shannon	12 20:02.50
32	MORRIS, Clare	11 21:18.30
62	HONG, Grace	11 22:53.30
73	CUNIO, Isabella	11 23:25.00
80	MOHAN, Keila	11 23:50.10
89	YEE, Erin	12 24:20.50
<b>189</b>		

<b>Kennedy Catholic</b>		
<b>Score</b>	<b>Name</b>	<b>Grade Time</b>
3	TWEEDY, Marissa	12 19:21.20
18	BRAUN, Billie	10 20:21.30
49	MCCALLISTER, Mikayla	12 22:24.20
53	MYRICK, Heidi	12 22:28.10
68	SWEGLE, Natalia	10 23:14.40
93	FITELSON, Eva	10 24:58.50
<b>191</b>		

<b>Enumclaw</b>		
<b>Score</b>	<b>Name</b>	<b>Grade Time</b>
16	ROBERSON, Payton	12 20:06.60
21	PUZON, Natasha	11 20:27.90
31	LAYMEN, Piper	12 21:17.00
56	DICKSON, Kristen	9 22:35.80
74	SCHULZ, Mikeala	11 23:28.30
92	SANDERS, Vanessa	12 24:57.30
100	SCHAFFETT, Rachael	12 25:49.40
<b>198</b>		

<b>Kentridge</b>		
<b>Score</b>	<b>Name</b>	<b>Grade Time</b>
24	UST, Annabelle	12 20:41.10
25	ERICKSON, Ingrid	10 20:41.60
33	RAYKOVA, Diana	12 21:19.30
50	WONG, Lisa	10 22:24.40
69	GARANA, Jasmine	10 23:17.50
70	GOSAL, Shubhpreet	10 23:18.40
78	JONES, Isabelle	9 23:45.10
<b>201</b>		

<b>Todd Beamer</b>		
<b>Score</b>	<b>Name</b>	<b>Grade Time</b>
13	SAFLEY, Lisa	10 20:01.90
42	MARTIN, Na'lla	9 21:50.90
55	LIM, Emily	10 22:35.20
72	YAGEN, Heidi	12 23:24.20
76	ODOM, Emily	11 23:37.90
79	STILLWELL, Sierra	12 23:45.70
101	KING, Maricella	11 26:10.90
<b>258</b>		

<b>Decatur</b>		
<b>Score</b>	<b>Name</b>	<b>Grade Time</b>
38	SPENCER, Adrianna	11 21:29.60
43	BWANA, Anne Marie	9 21:55.60
47	AUTRY, Kayla	9 22:19.80
81	HUYNH, Catherine	11 23:59.30
96	FILIPPOVA, Anna	9 25:16.70
97	MENDOZA, Samantha	11 25:17.10
<b>305</b>		

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**Auburn Mountainview**

Score	Name	Grade	Time
41	AUSTIN, Josie	11	21:37.90
60	QUINNEY, Laura	12	22:47.00
64	MANGAHAS, Zoe	9	23:03.70
84	WRIGHT, Olivia	9	24:12.80
88	URY, Hannah	9	24:19.60
95	MEREDITH, Sidney	9	25:11.90
102	NGUYEN, Danna	11	26:27.40
<b>337</b>			

**Auburn**

Score	Name	Grade	Time
54	CIOLEK, Kylie	9	22:32.80
57	JOHNSON, Katherine	12	22:37.40
63	LEE, Kara	10	22:59.80
85	CASPERSON, Claire	10	24:15.50
90	COLLINGS, Morgan	11	24:29.90
103	YANGO, Mercedes	12	27:37.30
<b>349</b>			

**Kent Meridian**

Score	Name	Grade	Time
40	KAUR, Arundeeep	10	21:32.90
66	BAERNY, Allison	12	23:11.50
67	QUINTANA, Jennifer	12	23:11.90
86	JIMENEZ-JOVEL, Jenny	10	24:17.00
106	JEFFERSEN, Eden	12	30:55.40
<b>365</b>			

**Kentwood**

Score	Name	Grade	Time
52	CUEVAS, Daniela	11	22:26.50
83	ROBINETT, Margeret	9	24:07.50
87	HOLLAND, Danielle	10	24:18.80
94	SARAI, Raveena	10	25:10.50
99	NALIVAYKO, Allison	10	25:31.30
104	BRANTLEY, Kammi	11	28:48.30
105	COLEMAN, Sierra	10	30:15.90
<b>415</b>			

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Fort Steilacoom Park - Tacoma, WA

Women's 4A Varsity - Individual Results

Start Time

1:00 PM

Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	498	MARTINEZ, Faith	Tahoma	9	18:58.30	00:00	06:06
2	2	470	MARKO, Madison	Kentlake	12	19:02.60	00:04	06:08
3	3	460	TWEEDY, Marissa	Kennedy Catholic	12	19:21.20	00:23	06:14
4	4	497	JENSEN, Natalie	Tahoma	9	19:23.90	00:25	06:15
5	5	503	MURRAY, Alyssa	Thomas Jefferson	11	19:24.70	00:26	06:15
6	6	502	HUANG, Marcella	Thomas Jefferson	12	19:29.10	00:31	06:16
7	7	496	BRADY, Lulu	Tahoma	10	19:31.40	00:33	06:17
8	8	448	DENNIS, Rachel	Hazen	12	19:35.20	00:37	06:18
9	9	507	SAUCEDO, Ali	Thomas Jefferson	10	19:36.30	00:38	06:19
10	10	422	MUNETON, Jasmin	Auburn Riverside	10	19:36.90	00:38	06:19
11	11	506	RIORDAN, Kathleen	Thomas Jefferson	10	19:52.30	00:54	06:24
12	12	505	PEREZ, Mayela	Thomas Jefferson	11	19:57.30	00:59	06:25
13	13	509	SAFLEY, Lisa	Todd Beamer	10	20:01.90	01:03	06:27
14	14	449	GIFFORD, Shannon	Hazen	12	20:02.50	01:04	06:27
15	15	490	PARADISE, Nathalie	Mt Rainier	12	20:02.80	01:04	06:27
16	16	435	ROBERSON, Payton	Enumclaw	12	20:06.60	01:08	06:28
17	17	488	LUCERO, Elena	Mt Rainier	9	20:14.10	01:16	06:31
18	18	454	BRAUN, Billie	Kennedy Catholic	10	20:21.30	01:23	06:33
19	19	442	FORWARD, Bethany	Federal Way	12	20:27.00	01:29	06:35
20	20	499	SIMS, Victoria	Tahoma	10	20:27.00	01:29	06:35
21	21	434	PUZON, Natasha	Enumclaw	11	20:27.90	01:29	06:35
22	22	500	WOODS, Moira	Tahoma	12	20:35.70	01:37	06:38
23	23	487	JOHNSEN, Taylor	Mt Rainier	12	20:38.30	01:40	06:39
24	24	478	UST, Annabelle	Kentridge	12	20:41.10	01:43	06:39
25	25	473	ERICKSON, Ingrid	Kentridge	10	20:41.60	01:43	06:40
26	26	443	JACOBSON, Haley	Federal Way	12	20:42.10	01:44	06:40
27	27	495	AGUILAR, Sage	Tahoma	9	21:06.90	02:08	06:48
28	28	466	BALLARD, Kelsey	Kentlake	10	21:07.90	02:09	06:48
29	29	494	ADAMS, Lillia	Tahoma	11	21:09.50	02:11	06:49
30	30	424	TATE, Samena	Auburn Riverside	9	21:12.50	02:14	06:50
31	31	433	LAYMEN, Piper	Enumclaw	12	21:17.00	02:19	06:51
32	32	453	MORRIS, Clare	Hazen	11	21:18.30	02:20	06:51
33	33	477	RAYKOVA, Diana	Kentridge	12	21:19.30	02:21	06:52
34	34	420	HALFORD, Emma	Auburn Riverside	10	21:19.80	02:21	06:52
35	35	501	HOLDEN, Amy	Thomas Jefferson	11	21:19.90	02:21	06:52
36	36	504	PEREZ, Angeles	Thomas Jefferson	9	21:20.00	02:22	06:52

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PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
37	37	445	RUVALCABA, Yorling	Federal Way	10	21:21.80	02:23	06:53
38	38	432	SPENCER, Adrianna	Decatur	11	21:29.60	02:31	06:55
39	39	471	MATUSKA, Krista	Kentlake	11	21:31.80	02:33	06:56
40	40	464	KAUR, Arundeeep	Kent Meridian	10	21:32.90	02:34	06:56
41	41	412	AUSTIN, Josie	Auburn Mountainvie	11	21:37.90	02:39	06:58
42	42	512	MARTIN, Na'lla	Todd Beamer	9	21:50.90	02:52	07:02
43	43	427	BWANA, Anne Marie	Decatur	9	21:55.60	02:57	07:03
44	44	440	CHONG, Jillian	Federal Way	11	22:03.60	03:05	07:06
45	45	491	LARSEN, Erika	Mt Rainier	12	22:06.10	03:08	07:07
46	46	467	FOREE, Jady	Kentlake	10	22:10.70	03:12	07:08
47	47	426	AUTRY, Kayla	Decatur	9	22:19.80	03:21	07:11
48	48	444	MWERU, Bakta	Federal Way	11	22:23.60	03:25	07:12
49	49	457	MCCALLISTER, Mikayla	Kennedy Catholic	12	22:24.20	03:26	07:13
50	50	479	WONG, Lisa	Kentridge	10	22:24.40	03:26	07:13
51	51	423	RANDALL, Sophia	Auburn Riverside	11	22:24.90	03:26	07:13
52	52	481	CUEVAS, Daniela	Kentwood	11	22:26.50	03:28	07:13
53	53	458	MYRICK, Heidi	Kennedy Catholic	12	22:28.10	03:30	07:14
54	54	406	CIOLEK, Kylie	Auburn	9	22:32.80	03:34	07:15
55	55	513	LIM, Emily	Todd Beamer	10	22:35.20	03:37	07:16
56	56	439	DICKSON, Kristen	Enumclaw	9	22:35.80	03:37	07:16
57	57	408	JOHNSON, Katherine	Auburn	12	22:37.40	03:39	07:17
58	58	441	CLUM, Cosette	Federal Way	12	22:41.30	03:43	07:18
59	59	421	KOPCHO, Kira	Auburn Riverside	12	22:43.90	03:45	07:19
60	60	417	QUINNEY, Laura	Auburn Mountainvie	12	22:47.00	03:49	07:20
61	61	493	MARSHALL, Trisity	Mt Rainier	9	22:53.00	03:55	07:22
62	62	450	HONG, Grace	Hazen	11	22:53.30	03:55	07:22
63	63	410	LEE, Kara	Auburn	10	22:59.80	04:01	07:24
64	64	414	MANGAHAS, Zoe	Auburn Mountainvie	9	23:03.70	04:05	07:25
65	65	425	WALTON, Rhiannon	Auburn Riverside	11	23:08.70	04:10	07:27
66	66	461	BAERNY, Allison	Kent Meridian	12	23:11.50	04:13	07:28
67	67	465	QUINTANA, Jennifer	Kent Meridian	12	23:11.90	04:13	07:28
68	68	459	SWEGLE, Natalia	Kennedy Catholic	10	23:14.40	04:16	07:29
69	69	474	GARANA, Jasmine	Kentridge	10	23:17.50	04:19	07:30
70	70	475	GOSAL, Shubhpreet	Kentridge	10	23:18.40	04:20	07:30
71	71	468	KIMMET, Madison	Kentlake	11	23:19.60	04:21	07:30
72	72	514	YAGEN, Heidi	Todd Beamer	12	23:24.20	04:26	07:32

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73	73	447	CUNIO, Isabella	Hazen	11	23:25.00	04:27	07:32
74	74	438	SCHULZ, Mikeala	Enumclaw	11	23:28.30	04:30	07:33
75	75	419	CHANG, Audrey	Auburn Riverside	11	23:33.50	04:35	07:35
76	76	508	ODOM, Emily	Todd Beamer	11	23:37.90	04:39	07:36
77	77	472	SAUCEDA, Alex	Kentlake	11	23:45.00	04:47	07:39
78	78	476	JONES, Isabelle	Kentridge	9	23:45.10	04:47	07:39
79	79	510	STILLWELL, Sierra	Todd Beamer	12	23:45.70	04:47	07:39
80	80	451	MOHAN, Keila	Hazen	11	23:50.10	04:52	07:40
81	81	429	HUYNH, Catherine	Decatur	11	23:59.30	05:01	07:43
82	82	469	MAITRE, Fabienne	Kentlake	11	24:04.70	05:06	07:45
83	83	484	ROBINETT, Margeret	Kentwood	9	24:07.50	05:09	07:46
84	84	418	WRIGHT, Olivia	Auburn Mountainvie	9	24:12.80	05:14	07:48
85	85	405	CASPERSON, Claire	Auburn	10	24:15.50	05:17	07:48
86	86	463	JIMENEZ-JOVEL, Jenny	Kent Meridian	10	24:17.00	05:19	07:49
87	87	482	HOLLAND, Danielle	Kentwood	10	24:18.80	05:20	07:50
88	88	1246	URY, Hannah	Auburn Mountainvie	9	24:19.60	05:21	07:50
89	89	452	YEE, Erin	Hazen	12	24:20.50	05:22	07:50
90	90	407	COLLINGS, Morgan	Auburn	11	24:29.90	05:31	07:53
91	91	446	ARANGO, Rosa	Federal Way	10	24:43.50	05:45	07:57
92	92	436	SANDERS, Vanessa	Enumclaw	12	24:57.30	05:59	08:02
93	93	456	FITELSON, Eva	Kennedy Catholic	10	24:58.50	06:00	08:02
94	94	485	SARAI, Raveena	Kentwood	10	25:10.50	06:12	08:06
95	95	415	MEREDITH, Sidney	Auburn Mountainvie	9	25:11.90	06:13	08:07
96	96	428	FILIPPOVA, Anna	Decatur	9	25:16.70	06:18	08:08
97	97	431	MENDOZA, Samantha	Decatur	11	25:17.10	06:19	08:08
98	98	489	LUONG, Susan	Mt Rainier	11	25:25.70	06:27	08:11
99	99	483	NALIVAYKO, Allison	Kentwood	10	25:31.30	06:33	08:13
100	100	437	SCHAFFETT, Rachael	Enumclaw	12	25:49.40	06:51	08:19
101	101	1362	KING, Maricella	Todd Beamer	11	26:10.90	07:12	08:26
102	102	416	NGUYEN, Danna	Auburn Mountainvie	11	26:27.40	07:29	08:31
103	103	411	YANGO, Mercedes	Auburn	12	27:37.30	08:39	08:53
104	104	480	BRANTLEY, Kammi	Kentwood	11	28:48.30	09:50	09:16
105	105	1312	COLEMAN, Sierra	Kentwood	10	30:15.90	11:17	09:44
106	106	462	JEFFERSEN, Eden	Kent Meridian	12	30:55.40	11:57	09:57