



**2018 WESTERN WA SENIOR GAMES**  
**Presented by Puget Sound Senior Games**  
**Sunday - July 22, 2018 - Olympia, WA**

**5K Time Trial - All Categories**

**Finish Results**

**All Categories - Combined**

**# of Starters**  
**24**

-	
-	
<b>Start Time = 9:00 AM</b>	-
<b>Race Distance</b> 3.1 miles	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>21.9 mph</b>

PLACE	BIB	AGE BRACKET	RIDERS NAME	CITY	STATE	AGE	RACE TIME	TIME BACK
1	70	Men-65-69	WICKHAM, Jerry	Benicia	CA	66	08:30.61	00:00
2	66	Men-60-64	KODIN, John	Bellingham	WA	63	08:37.14	00:07
3	93	Men-50-54	CULBERTSON, Tim	0	0	52	08:49.87	00:19
4	62	Men-55-59	BARRETT, David	Tacoma	WA	59	08:52.63	00:22
5	65	Men-60-64	NILSSEN, John	Bainbridge Island	WA	62	08:55.28	00:25
6	77	Men-70-74	NOONAN, James	Vancouver	WA	72	09:07.89	00:37
7	78	Men-70-74	MATTHEWS, Mike	Rosburg	WA	72	09:08.19	00:38
8	89	Women-60-64	GRAFF, Beth	Gig Harbor	WA	62	09:19.45	00:49
9	76	Men-70-74	AUSTAD, Dan	Port Ludlow	WA	72	09:21.92	00:51
10	59	Men-55-59	FLAMMANG, Jeff	Everett	WA	56	09:22.04	00:52
11	94	Men-65-69	TRUSCOTT, Al	0	0	69	09:24.95	00:54
12	92	Men-70-74	PATTERSON, Jeffrey	0	0	70	09:46.19	01:16
13	80	Men-70-74	FRIEDT, David	Mercer Island	WA	73	09:49.97	01:19
14	88	Women-60-64	JACKSON, Laura	Roseburg	OR	61	10:15.69	01:45
15	95	Men-60-64	BYRNE, Mark	0	0	61	10:22.95	01:52
16	64	Men-60-64	MCNAMARA, James	Vancouver	WA	61	10:30.37	02:00
17	85	Men-80-84	KAYE, Bob	Black Diamond	WA	81	10:37.89	02:07
18	84	Men-75-79	JOHNSON, Roger	West Linn	OR	77	10:57.98	02:27
19	67	Men-60-64	TURNER, Paul	Spokane	WA	64	11:09.22	02:39
20	91	Women-70-74	LOSICK, Bonnie	Portland	OR	70	11:27.32	02:57
21	72	Men-65-69	SORENSEN, Ken	Bend	OR	67	12:03.08	03:33
22	90	Women-65-69	HENDY, Sandra	Roseburg	OR	66	12:03.95	03:33
23	86	Women-50-54	SULLIVAN, Kathleen	Portland	OR	53	13:07.34	04:37
24	87	Women-55-59	PUGH, Lucianne	Port Hadlock	WA	59	17:04.99	08:34



**2018 WESTERN WA SENIOR GAMES**  
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**# of Starters**  
**24**

**5K Time Trial - All Categories**  
**Finish Results**  
**All Categories - Sorted**

-	
-	
<b>Start Time = 9:00 AM</b>	-
<b>Race Distance</b> 3.1 miles	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>21.1 mph</b>

PLACE	BIB	AGE BRACKET	RIDERS NAME	CITY	STATE	AGE	RACE TIME	TIME BACK
1	93	Men-50-54	CULBERTSON, Tim	0	0	52	08:49.87	00:00
1	62	Men-55-59	BARRETT, David	Tacoma	WA	59	08:52.63	00:00
2	59	Men-55-59	FLAMMANG, Jeff	Everett	WA	56	09:22.04	00:30
1	66	Men-60-64	KODIN, John	Bellingham	WA	63	08:37.14	00:00
2	65	Men-60-64	NILSSEN, John	Bainbridge Island	WA	62	08:55.28	00:18
3	95	Men-60-64	BYRNE, Mark	0	0	61	10:22.95	01:45
4	64	Men-60-64	MCNAMARA, James	Vancouver	WA	61	10:30.37	01:53
5	67	Men-60-64	TURNER, Paul	Spokane	WA	64	11:09.22	02:32
1	70	Men-65-69	WICKHAM, Jerry	Benicia	CA	66	08:30.61	00:00
2	94	Men-65-69	TRUSCOTT, Al	0	0	69	09:24.95	00:54
3	72	Men-65-69	SORENSEN, Ken	Bend	OR	67	12:03.08	03:33
1	77	Men-70-74	NOONAN, James	Vancouver	WA	72	09:07.89	00:00
2	78	Men-70-74	MATTHEWS, Mike	Rosburg	WA	72	09:08.19	00:01
3	76	Men-70-74	AUSTAD, Dan	Port Ludlow	WA	72	09:21.92	00:14
4	92	Men-70-74	PATTERSON, Jeffrey	0	0	70	09:46.19	00:39
5	80	Men-70-74	FRIEDT, David	Mercer Island	WA	73	09:49.97	00:42
1	84	Men-75-79	JOHNSON, Roger	West Linn	OR	77	10:57.98	00:00
1	85	Men-80-84	KAYE, Bob	Black Diamond	WA	81	10:37.89	00:00
1	86	Women-50-54	SULLIVAN, Kathleen	Portland	OR	53	13:07.34	00:00
1	87	Women-55-59	PUGH, Lucianne	Port Hadlock	WA	59	17:04.99	00:00
1	89	Women-60-64	GRAFF, Beth	Gig Harbor	WA	62	09:19.45	00:00
2	88	Women-60-64	JACKSON, Laura	Roseburg	OR	61	10:15.69	00:56
1	90	Women-65-69	HENDY, Sandra	Roseburg	OR	66	12:03.95	00:00
1	91	Women-70-74	LOSICK, Bonnie	Portland	OR	70	11:27.32	00:00



**2018 WESTERN WA SENIOR GAMES**  
 Presented by Puget Sound Senior Games  
 Sunday - July 22, 2018 - Olympia, WA  
**10K Time Trial - All Categories**  
**Finish Results**  
**All Categories - Combined**

**# of Starters**  
**23**

-	
-	
<b>Start Time = 10:30 AM</b>	-
<b>Race Distance</b> 6.2 miles	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>22.2 mph</b>

PLACE	BIB #	AGE BRACKET	RIDERS NAME	CITY	STATE	AGE	RACE TIME	TIME BACK
1	63	Men-60-64	CLAUSEN, Mark	Seattle	WA	60	16:47.32	00:00
2	70	Men-65-69	WICKHAM, Jerry	Benicia	CA	66	17:19.11	00:32
3	96	Men-55-59	HOUSLER, Dan	0	0	56	17:39.41	00:52
4	65	Men-60-64	NILSSEN, John	Bainbridge Island	WA	62	17:59.07	01:12
5	66	Men-60-64	KODIN, John	Bellingham	WA	63	18:05.93	01:18
6	62	Men-55-59	BARRETT, David	Tacoma	WA	59	18:10.38	01:23
7	79	Men-70-74	NILES, Dennis	Olympia	WA	73	18:46.46	01:59
8	77	Men-70-74	NOONAN, James	Vancouver	WA	72	18:51.54	02:04
9	94	Men-65-69	TRUSCOTT, Al	0	0	69	18:55.29	02:08
10	92	Men-70-74	PATTERSON, Jeffrey	0	0	70	19:02.92	02:15
11	76	Men-70-74	AUSTAD, Dan	Port Ludlow	WA	72	19:09.71	02:22
12	89	Women-60-64	GRAFF, Beth	Gig Harbor	WA	62	19:12.02	02:25
13	71	Men-65-69	DAIFUKU, Richard	Mercer Island	WA	66	19:38.19	02:51
14	95	Men-60-64	BYRNE, Mark	0	0	61	19:51.59	03:04
15	59	Men-55-59	FLAMMANG, Jeff	Everett	WA	56	20:30.29	03:43
16	88	Women-60-64	JACKSON, Laura	Roseburg	OR	61	20:33.04	03:46
17	80	Men-70-74	FRIEDT, David	Mercer Island	WA	73	20:52.85	04:05
18	64	Men-60-64	MCNAMARA, James	Vancouver	WA	61	21:28.09	04:41
19	85	Men-80-84	KAYE, Bob	Black Diamond	WA	81	21:34.12	04:47
20	84	Men-75-79	JOHNSON, Roger	West Linn	OR	77	22:00.99	05:13
21	91	Women-70-74	LOSICK, Bonnie	Portland	OR	70	23:45.39	06:58
22	90	Women-65-69	HENDY, Sandra	Roseburg	OR	66	25:22.21	08:35
23	72	Men-65-69	SORENSEN, Ken	Bend	OR	67	25:40.61	08:53
DNS	58	Men-50-54	RICE, Robert	Seattle	WA	52	-	-
DNS	61	Men-55-59	LY, Du	Tacoma	WA	57	-	-
DNS	67	Men-60-64	TURNER, Paul	Spokane	WA	64	-	-
DNS	73	Men-65-69	SILVER, Glenn	Waitsburg	WA	67	-	-
DNS	78	Men-70-74	MATTHEWS, Mike	Rosburg	WA	72	-	-
DNS	82	Men-70-74	ROWE, Edward	Portland	OR	74	-	-



**2018 WESTERN WA SENIOR GAMES**  
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**10K Time Trial - All Categories**

**Finish Results**

**All Categories - Sorted**

**# of Starters**  
**23**

-	
-	
<b>Start Time = 10:30 AM</b>	-
<b>Race Distance</b> 6.2 miles	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>#VALUE!</b>

PLACE	BIB #	AGE BRACKET	RIDERS NAME	CITY	STATE	AGE	RACE TIME	TIME BACK
DNS	58	Men-50-54	RICE, Robert	Seattle	WA	52	-	-
1	96	Men-55-59	HOUSLER, Dan	0	0	56	17:39.41	00:00
2	62	Men-55-59	BARRETT, David	Tacoma	WA	59	18:10.38	00:31
3	59	Men-55-59	FLAMMANG, Jeff	Everett	WA	56	20:30.29	02:51
DNS	61	Men-55-59	LY, Du	Tacoma	WA	57	-	-
1	63	Men-60-64	CLAUSEN, Mark	Seattle	WA	60	16:47.32	00:00
2	65	Men-60-64	NILSSEN, John	Bainbridge Island	WA	62	17:59.07	01:12
3	66	Men-60-64	KODIN, John	Bellingham	WA	63	18:05.93	01:18
4	95	Men-60-64	BYRNE, Mark	0	0	61	19:51.59	03:04
5	64	Men-60-64	MCNAMARA, James	Vancouver	WA	61	21:28.09	04:41
DNS	67	Men-60-64	TURNER, Paul	Spokane	WA	64	-	-
1	70	Men-65-69	WICKHAM, Jerry	Benicia	CA	66	17:19.11	00:00
2	94	Men-65-69	TRUSCOTT, Al	0	0	69	18:55.29	01:36
3	71	Men-65-69	DAIFUKU, Richard	Mercer Island	WA	66	19:38.19	02:19
4	72	Men-65-69	SORENSEN, Ken	Bend	OR	67	25:40.61	08:21
DNS	73	Men-65-69	SILVER, Glenn	Waitsburg	WA	67	-	-
1	79	Men-70-74	NILES, Dennis	Olympia	WA	73	18:46.46	00:00
2	77	Men-70-74	NOONAN, James	Vancouver	WA	72	18:51.54	00:05
3	92	Men-70-74	PATTERSON, Jeffrey	0	0	70	19:02.92	00:16
4	76	Men-70-74	AUSTAD, Dan	Port Ludlow	WA	72	19:09.71	00:23
5	80	Men-70-74	FRIEDT, David	Mercer Island	WA	73	20:52.85	02:06
DNS	78	Men-70-74	MATTHEWS, Mike	Rosburg	WA	72	-	-
DNS	82	Men-70-74	ROWE, Edward	Portland	OR	74	-	-
1	84	Men-75-79	JOHNSON, Roger	West Linn	OR	77	22:00.99	00:00
1	85	Men-80-84	KAYE, Bob	Black Diamond	WA	81	21:34.12	00:00
1	89	Women-60-64	GRAFF, Beth	Gig Harbor	WA	62	19:12.02	00:00
2	88	Women-60-64	JACKSON, Laura	Roseburg	OR	61	20:33.04	01:21
1	90	Women-65-69	HENDY, Sandra	Roseburg	OR	66	25:22.21	00:00
1	91	Women-70-74	LOSICK, Bonnie	Portland	OR	70	23:45.39	00:00



**2018 WESTERN WA SENIOR GAMES**  
**Presented by Puget Sound Senior Games**  
**Sunday - July 22, 2018 - Olympia, WA**

**40k Road Race - All Categories**

**Finish Results**

**All Categories - Combined**

**# of Starters**  
**30**

-	
-	
<b>Start Time = 12:00 PM</b>	-
<b>Race Distance</b> 24.85 miles	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>21.5 mph</b>

PLACE	BIB #	AGE BRACKET	RIDERS NAME	CITY	STATE	AGE	RACE TIME	TIME BACK
1	98	Men-50-54	STRONG, Sidney (Richie)	Kenmore	0	50	1:09:15	00:00
2	63	Men-60-64	CLAUSEN, Mark	Seattle	WA	60	1:09:26	00:11
3	70	Men-65-69	WICKHAM, Jerry	Benicia	CA	66	1:09:28	00:12
4	97	Men-50-54	ARNOLD, Phil	Eatonville	Wa	50	1:09:28	00:13
5	96	Men-55-59	HOUSLER, Dan	0	0	56	1:09:29	00:13
6	66	Men-60-64	KODIN, John	Bellingham	WA	63	1:09:30	00:14
7	93	Men-50-54	CULBERTSON, Tim	0	0	52	1:09:45	00:29
8	492	Men-70-74	HERBIN, Richard	Portland,	OE	70	1:09:45	00:30
9	69	Men-65-69	HERSHMAN, Frank	Surrey	BC	65	1:09:46	00:31
10	73	Men-65-69	SILVER, Glenn	Waitsburg	WA	67	1:10:31	01:16
11	65	Men-60-64	NILSSEN, John	Bainbridge Island	WA	62	1:12:04	02:48
12	60	Men-55-59	CUMMINS, Gary	Kent	WA	56	1:12:21	03:06
13	74	Men-65-69	FROSCHUISER, Curtis	Spokane	WA	68	1:12:29	03:14
14	78	Men-70-74	MATTHEWS, Mike	Rosburg	WA	72	1:12:43	03:28
15	68	Men-65-69	WEST, Steve	Covington	WA	65	1:13:21	04:05
16	62	Men-55-59	BARRETT, David	Tacoma	WA	59	1:15:41	06:26
17	99	Men-65-69	HAMLIN, Jay	Greshman	OR	68	1:15:50	06:35
18	83	Men-70-74	NELSON, Jerry	Lynnwood	WA	74	1:15:51	06:36
19	81	Men-70-74	SILLS, Steve	Graham	WA	74	1:15:52	06:36
20	85	Men-80-84	KAYE, Bob	Black Diamond	WA	81	1:18:55	09:39
21	80	Men-70-74	FRIEDT, David	Mercer Island	WA	73	1:18:55	09:39
22	95	Men-60-64	BYRNE, Mark	0	0	61	1:22:43	13:27
23	76	Men-70-74	AUSTAD, Dan	Port Ludlow	WA	72	1:31:00	21:45
24	91	Women-70-74	LOSICK, Bonnie	Mexico	MX	70	1:40:25	31:10
25	86	Women-50-54	SULLIVAN, Kathleen	Portland	OR	53	1:56:16	47:00
26	87	Women-55-59	PUGH, Lucianne	Port Hadlock	WA	59	2:48:00	38:45
DNF	59	Men-55-59	FLAMMANG, Jeff	Everett	WA	56	-	-
DNF	64	Men-60-64	MCNAMARA, James	Vancouver	WA	61	-	-
DNF	72	Men-65-69	SORENSEN, Ken	Bend	OR	67	-	-
DNF	77	Men-70-74	NOONAN, James	Vancouver	WA	72	-	-
DNS	58	Men-50-54	RICE, Robert	Seattle	WA	52	-	-
DNS	79	Men-70-74	NILES, Dennis	Olympia	WA	73	-	-
DNS	92	Men-70-74	PATTERSON, Jeffrey	0	0	70	-	-
DNS	89	Women-60-64	GRAFF, Beth	Gig Harbor	WA	62	-	-



**2018 WESTERN WA SENIOR GAMES**  
**Presented by Puget Sound Senior Games**  
**Sunday - July 22, 2018 - Olympia, WA**  
**40k Road Race - All Categories**

**# of Starters**  
**30**

**Finish Results**  
**All Categories - Sorted**

-	
-	
<b>Start Time = 12:00 PM</b>	-
<b>Race Distance</b> 24.85 miles	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>21.5 mph</b>

PLACE	BIB #	AGE BRACKET	RIDERS NAME	CITY	STATE	AGE	RACE TIME	TIME BACK
1	98	Men-50-54	STRONG, Sidney (Richie)	Kenmore	0	50	1:09:15	00:00
2	97	Men-50-54	ARNOLD, Phil	Eatonville	Wa	50	1:09:28	00:13
3	93	Men-50-54	CULBERTSON, Tim	0	0	52	1:09:45	00:29
DNS	58	Men-50-54	RICE, Robert	Seattle	WA	52	-	-
1	96	Men-55-59	HOUSLER, Dan	0	0	56	1:09:29	00:00
2	60	Men-55-59	CUMMINS, Gary	Kent	WA	56	1:12:21	02:53
3	62	Men-55-59	BARRETT, David	Tacoma	WA	59	1:15:41	06:13
DNF	59	Men-55-59	FLAMMANG, Jeff	Everett	WA	56	-	-
1	63	Men-60-64	CLAUSEN, Mark	Seattle	WA	60	1:09:26	00:00
2	66	Men-60-64	KODIN, John	Bellingham	WA	63	1:09:30	00:03
3	65	Men-60-64	NILSSEN, John	Bainbridge Island	WA	62	1:12:04	02:37
4	95	Men-60-64	BYRNE, Mark	0	0	61	1:22:43	13:16
DNF	64	Men-60-64	MCNAMARA, James	Vancouver	WA	61	-	-
1	70	Men-65-69	WICKHAM, Jerry	Benicia	CA	66	1:09:28	00:00
2	69	Men-65-69	HERSHMAN, Frank	Surrey	BC	65	1:09:46	00:19
3	73	Men-65-69	SILVER, Glenn	Waitsburg	WA	67	1:10:31	01:04
4	74	Men-65-69	FROSCHUISER, Curtis	Spokane	WA	68	1:12:29	03:02
5	68	Men-65-69	WEST, Steve	Covington	WA	65	1:13:21	03:53
6	99	Men-65-69	HAMLIN, Jay	Greshman	OR	68	1:15:50	06:23
DNF	72	Men-65-69	SORENSEN, Ken	Bend	OR	67	-	-
1	492	Men-70-74	HERBIN, Richard	Portland,	OE	70	1:09:45	00:00
2	78	Men-70-74	MATTHEWS, Mike	Rosburg	WA	72	1:12:43	02:58
3	83	Men-70-74	NELSON, Jerry	Lynnwood	WA	74	1:15:51	06:06
4	81	Men-70-74	SILLS, Steve	Graham	WA	74	1:15:52	06:06
5	80	Men-70-74	FRIEDT, David	Mercer Island	WA	73	1:18:55	09:09
6	76	Men-70-74	AUSTAD, Dan	Port Ludlow	WA	72	1:31:00	21:15
DNF	77	Men-70-74	NOONAN, James	Vancouver	WA	72	-	-
DNS	79	Men-70-74	NILES, Dennis	Olympia	WA	73	-	-
DNS	92	Men-70-74	PATTERSON, Jeffrey	0	0	70	-	-
1	85	Men-80-84	KAYE, Bob	Black Diamond	WA	81	1:18:55	00:00
1	86	Women-50-54	SULLIVAN, Kathleen	Portland	OR	53	1:56:16	00:00
1	87	Women-55-59	PUGH, Lucianne	Port Hadlock	WA	59	2:48:00	00:00
DNS	89	Women-60-64	GRAFF, Beth	Gig Harbor	WA	62	-	-
1	91	Women-70-74	LOSICK, Bonnie	Mexico	MX	70	1:40:25	00:00

