

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium
Team Rankings - Through Event 235****Combined Team Scores**

Place	School	Points	Sprints	Distance	Hurdles	Relays	Field Events	Combined
1	Edmonds-Woodway	143.33	0	44	0	6	93.33	0
2	Shorecrest	97.33	0	23	0	8	66.33	0
3	Shorewood	41.50	0	6	0	10	25.50	0
4	Lynnwood	34.33	0	0	0	4	30.33	0
5	Meadowdale	27.83	0	4	0	0	23.83	0
6	Squalicum	27.33	0	1	0	5	21.33	0
7	Ferndale	12.33	0	0	0	0	12.33	0
Total		384.00	0.00	78.00	0.00	33.00	273.00	0.00

Female Team Scores

Place	School	Points	Sprints	Distance	Hurdles	Relays	Field Events	Combined
1	Edmonds-Woodway	86	0	23	0	6	57	0
2	Shorecrest	58	0	13	0	8	37	0
3	Shorewood	24.50	0	3	0	10	11.50	0
4	Squalicum	23.33	0	0	0	5	18.33	0
5	Lynnwood	16.33	0	0	0	4	12.33	0
6	Meadowdale	10.50	0	0	0	0	10.50	0
7	Ferndale	9.33	0	0	0	0	9.33	0
Total		228.00	0.00	39.00	0.00	33.00	156.00	0.00

Male Team Scores

Place	School	Points	Sprints	Distance	Hurdles	Relays	Field Events	Combined
1	Edmonds-Woodway	57.33	0	21	0	0	36.33	0
2	Shorecrest	39.33	0	10	0	0	29.33	0
3	Lynnwood	18	0	0	0	0	18	0
4	Meadowdale	17.33	0	4	0	0	13.33	0
5	Shorewood	17	0	3	0	0	14	0
6	Squalicum	4	0	1	0	0	3	0
7	Ferndale	3	0	0	0	0	3	0
Total		156.00	0.00	39.00	0.00	0.00	117.00	0.00

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****Girls 100 Meter Dash 3A****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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WESCO 3A:	12.11	2016	Wurrie Njadoo, Shorecrest			
Name	Year	School	Seed	Prelims	H#	
=====						
Preliminaries						
1	Dierdorff, Jamie	Squalicum	13.24	12.90Q	3	
2	Iverson, Ronna	Shorecrest	13.04	12.94Q	2	
3	Kongira, Kaddy	Edmonds-Woodway	13.41	13.02Q	1	13.011
3	Johnson, Audra	Squalicum	13.02	13.02Q	1	13.011
5	Kagarabi, Amanda	Shorecrest	13.23	12.97Q	3	
6	McCudden, Ashli	Squalicum	13.28	13.37Q	2	
7	Hollingsworth, Ellison	Squalicum	13.44	13.20q	1	
8	Rodriguez, Rebeca	Shorewood	13.49	13.28q	3	
9	Di Virgilio, Mina	Shorewood	13.50	13.32	3	
10	Schlenbaker, Djennika	Squalicum	13.69	13.39	3	
11	Pallares, Cordelia	Ferndale	13.52	13.51	1	
12	Mackenstadt, Alexis	Shorecrest	13.71	13.57	3	
13	Bolonduro, Yemisi	Shorecrest	13.46	13.59	2	
14	Dickenson, Mia	Edmonds-Woodway	13.76	13.68	1	
15	Shoop, Rachel	Shorewood	13.72	13.73	1	
16	Afshari, Sara	Squalicum	13.51	13.77	2	
17	Love, Sesley	Meadowdale	13.71	13.80	2	
18	Jackson, Isabel	Shorewood	13.60	13.81	1	
19	Erker, Jayma	Shorecrest	13.66	13.87	2	13.862
20	Greene, Imani	Squalicum	13.98	13.87	3	13.866
21	Sokolik, Talia	Squalicum	13.93	13.87	3	13.868
22	Tran, Julia	Shorewood	13.87	13.98	2	
23	Olsen, Angie	Edmonds-Woodway	14.21	14.31	1	
24	Navarro, Asia	Lynnwood	14.05	14.34	2	

Girls 200 Meter Dash 3A**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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WESCO 3A:	24.57	2016	Wurrie Njadoo, Shorecrest			
Name	Year	School	Seed	Prelims	H#	
=====						
1	Brandt, Sydney	Shorecrest	26.58	26.56Q	1	
2	Johnson, Audra	Squalicum	27.14	26.57Q	3	
3	Iverson, Ronna	Shorecrest	26.94	26.91Q	2	26.907
4	Dierdorff, Jamie	Squalicum	27.23	26.85Q	1	
5	McAllister, Dahlia	Shorecrest	27.33	26.91Q	3	26.905
6	Kongira, Kaddy	Edmonds-Woodway	27.20	27.02Q	2	
7	Hollingsworth, Ellison	Squalicum	29.44	27.98q	1	
8	Cline, Josie	Ferndale	27.94	28.01q	1	
9	Dickenson, Mia	Edmonds-Woodway	28.45	28.14	3	
10	Di Virgilio, Mina	Shorewood	28.07	28.24	2	
11	Shoop, Rachel	Shorewood	28.72	28.67	1	
12	Bolonduro, Yemisi	Shorecrest	28.60	28.85	3	
13	Jackson, Isabel	Shorewood	28.87	29.02	1	
14	Benner, Olivia	Squalicum	28.99	29.16	2	
15	Greene, Imani	Squalicum	29.46	29.26	1	29.255
16	Afshari, Sara	Squalicum	29.21	29.26	3	29.256
17	Schlenbaker, Djennika	Squalicum	28.36	29.35	2	
18	Tran, Julia	Shorewood	29.43	29.62	2	
19	Navarro, Asia	Lynnwood	29.75	29.77	2	

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****....Girls 200 Meter Dash 3A**

20	Sokolik, Talia	Squalicum	29.52	30.01	3
21	Wu, Joey	Shorewood	29.10	30.12	3
22	Olsen, Angie	Edmonds-Woodway	29.99	30.46	3
23	Whatmore, Kaylee	Meadowdale	30.78	30.77	1 30.761
23	Douglas, Samantha	Meadowdale	30.39	30.77	2 30.761

Girls 400 Meter Dash 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====					
WESCO 3A:	56.61	2016	Jordyn Edwards, Lynnwood		
Name	Year	School	Seed	Prelims	H#
=====					
1	Iverson, Ronna	Shorecrest	1:00.33	59.75Q	1
2	Nephew, Skye	Shorewood	1:01.42	1:01.25Q	2
3	Schemmel, Eloika	Shorecrest	1:01.78	1:01.63Q	2
4	Cordell, Adrienne	Shorewood	1:02.08	1:01.74Q	1
5	Headrick, Nicole	Ferndale	1:02.59	1:02.12Q	1
6	McCudden, Ashli	Squalicum	1:04.15	1:03.64Q	2
7	Kamila, Grace	Shorewood	1:04.66	1:02.39q	1
8	Love, Sesley	Meadowdale	1:03.82	1:03.76q	2
9	McArthur, Allyson	Lynnwood	1:04.67	1:04.14	1
10	Pate, Lilia	Shorewood	1:06.84	1:05.71	1
11	McAfee, Thea	Edmonds-Woodway	1:06.24	1:06.09	2
12	Kolmer, Naomi	Shorecrest	1:05.89	1:07.33	2
13	Dailer, Maya	Meadowdale	1:07.21	1:07.57	1
14	Greene, Imani	Squalicum	1:08.40	1:10.53	2
15	Lusterio, Christine	Meadowdale	1:13.46	1:17.23	2

Girls 800 Meter Run 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====					
WESCO 3A:	2:08.22	2013	Amy Eloise Neale, Glacier Peak		
Name	Year	School	Seed	Prelims	H#
=====					
1	Block, Lauren	Shorecrest	2:20.71	2:23.76Q	2
2	Hershey, Alyssa	Edmonds-Woodway	2:29.76	2:24.52Q	1
3	Oswin, Grace	Squalicum	2:24.28	2:24.84Q	1
4	Gard, Ellie	Edmonds-Woodway	2:25.77	2:30.41Q	2
5	Glascock, Livia	Shorecrest	2:29.06	2:27.51Q	1
6	Koenig, Abigail	Squalicum	2:36.98	2:31.69Q	2
7	McGrath, Brianna	Shorewood	2:32.00	2:31.79q	2
8	Moore, Alyssa	Shorecrest	2:37.07	2:37.30q	1
9	Dailer, Maya	Meadowdale	2:38.75	2:39.42	1
10	Jorgensen, Maria	Squalicum	2:39.62	2:40.67	2
11	Savenkova, Christina	Lynnwood	2:39.61	2:42.59	2
12	Montero-Duong, Kristina	Squalicum	2:47.49	2:45.32	1
13	Shumate, Kayla	Shorewood	2:53.38	2:51.20	1
14	Avedovech, Katherine	Shorewood	2:57.45	2:51.97	2
15	Fleiger-Holmes, Kahlan	Meadowdale	3:04.55	2:54.92	1
16	Carlton, Ashleigh	Meadowdale	2:54.91	2:58.02	2

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****Girls 1600 Meter Run 3A**

=====					
WESCO 3A:	4:49.74	2013	Amy Eloise Neale, Glacier Peak		
Name	Year	School	Seed	Finals	Points
=====					
Finals					
1	Parle, Yukino	Edmonds-Woodway	5:05.04	5:04.94	10
2	Visser, Lillian	Shorecrest	5:16.80	5:09.31	8
3	Wroblewski, Stephanie	Edmonds-Woodway	5:23.53	5:13.84	6
4	Block, Lauren	Shorecrest	5:09.41	5:18.25	5
5	Hershey, Alyssa	Edmonds-Woodway	5:23.55	5:21.40	4
6	Gard, Sofia	Edmonds-Woodway	5:26.61	5:23.95	3
7	Beres, Eileen	Shorewood	5:37.82	5:28.81	2
8	Shoop, Ellie	Shorewood	5:35.70	5:31.52	1
9	McAfee, Thea	Edmonds-Woodway	5:40.53	5:36.61	
10	McCormack, Delaney	Shorecrest	5:40.79	5:42.85	
11	Savenkova, Christina	Lynnwood	5:42.40	5:47.73	
12	Lee, Samantha	Shorewood	5:48.74	5:48.88	
13	Carroll, Jules	Shorewood	6:03.59	5:54.54	
14	Nelson, Julia	Shorewood	5:57.65	5:54.99	
15	Hakim, Natalie	Shorecrest	6:10.39	6:03.88	
16	Tunkara, Eya	Lynnwood	6:03.91	6:04.95	
17	Desrosier, Heather	Shorecrest	6:05.96	6:13.36	
18	Wang, Lily (Xinyi)	Squalicum	6:20.13	6:14.91	
19	Klco, Elisha	Shorewood	6:21.00	6:15.40	
20	Shumate, Kayla	Shorewood	6:21.37	6:15.79	
21	Hanson, Brianna	Ferndale	6:22.08	6:21.91	
22	Morrison, Annaleise	Shorewood	6:47.47	6:30.98	
23	McConnachie, Erin	Shorewood	6:51.31	6:58.44	
--	Schmidt, Clara	Meadowdale	6:41.39	DNF	
--	Carlton, Ashleigh	Meadowdale	6:43.01	SCR	
--	Falkin, Isabelle	Shorewood	6:45.98	SCR	
--	Lynch, Ellie	Meadowdale	6:43.11	SCR	
--	Ferkingstad, Haely	Lynnwood	6:21.19	SCR	
--	Moore, Alyssa	Shorecrest	6:22.33	SCR	
--	Avedovech, Katherine	Shorewood	6:15.21	SCR	
--	Jorgensen, Maria	Squalicum	6:29.57	SCR	
--	Innocent, Zahara	Shorewood	6:29.01	SCR	

Girls 100 Meter Hurdles 3A**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

=====					
WESCO 3A:	14.70	1984	Amy Moore, Shorewood		
Name	Year	School	Seed	Prelims	H#
=====					
Preliminaries					
1	Njadoe, Ami	Shorecrest	15.64	15.62Q	2
2	Metales, Nadia	Shorewood	16.11	15.89Q	1
3	Devine, Paige	Ferndale	16.07	16.32Q	2
4	Hollingsworth, Ellison	Squalicum	17.09	16.37Q	1
5	Do, Catherine	Meadowdale	17.72	17.31Q	2
6	Prunier, Jocelyn	Meadowdale	18.58	18.48Q	1
7	Bolonduro, Yemisi	Shorecrest	18.68	18.26q	2
8	Horsfall, Annabelle	Squalicum	19.55	18.83q	1
9	Dailer, Kiara	Meadowdale	18.67	18.91	1
10	Baetz, Olivia	Shorecrest	19.80	18.93	1
11	Okumoto, Mari	Shorewood	18.44	19.79	2

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****....Girls 100 Meter Hurdles 3A**

12	Francisco, Erin	Edmonds-Woodway	20.05	19.86	2
13	Leavitt, Morgan	Shorecrest	19.49	19.94	2
14	Waram, Jadyn	Edmonds-Woodway	20.05	20.17	2
--	Visscher, Marieke	Shorecrest	14.84	DNS	1

Girls 300 Meter Hurdles 3A**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

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WESCO 3A:	44.57	1999	Cambrielle Jensen, Arlington		
Name	Year	School	Seed	Prelims	H#
=====					
1	Njadoe, Ami	Shorecrest	44.72	45.32Q	1
2	Devine, Paige	Ferndale	46.96	45.74Q	3
3	Do, Catherine	Meadowdale	49.56	50.11Q	2
4	Metales, Nadia	Shorewood	47.21	46.84Q	3
5	Heagler, Lucy	Shorewood	51.78	50.61Q	1
6	Francisco, Erin	Edmonds-Woodway	52.08	51.32Q	2
7	Horsfall, Annabelle	Squalicum	54.67	51.44q	2
8	Leavitt, Morgan	Shorecrest	50.25	51.86q	1
9	Petit, Clairra	Shorewood	53.28	54.26	3
10	Paule, Stacey	Shorecrest	57.66	55.42	3
11	Baetz, Olivia	Shorecrest	56.26	55.76	2
12	Prunier, Jocelyn	Meadowdale	54.12	56.06	3 56.058
13	Waram, Jadyn	Edmonds-Woodway	55.79	56.06	1 56.059
14	Hackney, McKenna	Squalicum	58.85	58.97	3
15	Dailer, Kiara	Meadowdale	57.22	59.69	1
--	Reese, Amelia	Edmonds-Woodway	1:02.79	DNS	2
--	Visscher, Marieke	Shorecrest	46.90	DNS	2

Girls 4x200 Meter Relay 3A

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WESCO 3A:	1:44.33	2016	, Lynnwood		
Brown - Bell - Sakharov - Edwards					
School	Seed	Finals	Points		
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Finals					
1	Shorewood 'A'	1:49.80	1:49.75	10	
	1) Kamila, Grace	2) Heagler, Lucy			
	3) Cordell, Adrienne	4) Nephew, Skye			
2	Shorecrest 'A'	1:44.69	1:51.81	8	
	1) Schemmel, Eloika	2) Bolonduro, Yemisi			
	3) McAllister, Dahlia	4) Visscher, Marieke			
3	Edmonds-Woodway 'A'	1:53.60	1:56.30	6	
	1) Davis, Morgan	2) Dickenson, Mia			
	3) Olsen, Angie	4) Hicks, Hannah			
4	Squalicum 'A'	1:55.96	1:58.26	5	
	1) Benner, Olivia	2) Sokolik, Talia			
	3) Flores, Amy	4) Schlenbaker, Djennika			
5	Lynnwood 'A'	1:58.00	2:02.92	4	
	1) McArthur, Allyson	2) Navarro, Asia			
	3) Carver, Mercedes	4) Hill, Sophia			

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****Girls Pole Vault 3A**

WESCO 3A: 12-07 2015			Chinne Okoronkwo, Mountlake Terrace		
Name	Year	School	Seed	Finals	Points
1 Cannady, Jaya		Shorecrest	10-00.00	10-00.00	10
2 Johns, Amy		Edmonds-Woodway	8-00.00	8-06.00	8
3 Livingston, Megan		Edmonds-Woodway	8-06.00	J8-06.00	6
4 Dionne, Jenna		Squalicum	8-00.00	8-00.00	5
5 Dailer, Kiara		Meadowdale	8-06.00	J8-00.00	4
6 Giles, Chloe		Shorewood	8-00.00	J8-00.00	2.50
6 Dailer, Maya		Meadowdale	7-06.00	J8-00.00	2.50
8 Krussow, Sidney		Squalicum	8-00.00	7-06.00	0.33
8 Gould, Ashah		Ferndale	9-00.00	7-06.00	0.33
8 Nash, Summer		Lynnwood	8-00.00	7-06.00	0.33
11 Cucksey, Jordan		Squalicum	7-06.00	J7-06.00	
12 Prunier, Jocelyn		Meadowdale	7-06.00	J7-06.00	
13 Johnston, Hannah		Edmonds-Woodway	7-00.00	J7-06.00	
14 Singkeo, Sarah		Edmonds-Woodway	7-00.00	7-00.00	
15 Ostrem, Anna		Shorewood	6-06.00	J7-00.00	
15 Orcutt, Aria		Shorewood	6-06.00	J7-00.00	
15 Yamane, Lexi		Shorewood	7-06.00	J7-00.00	
18 White, Olivia		Shorewood	8-00.00	J7-00.00	
-- Trimbell, Genevieve		Shorewood	6-06.00	NH	
-- Vega, Jerlen		Shorecrest	7-00.00	NH	
-- Sanchez, Ivon		Squalicum	5-00.00	NH	
-- Limbach, Audrey		Squalicum	6-00.00	SCR	
-- Andert, Josephine		Squalicum	6-06.00	SCR	

Girls Long Jump 3A

WESCO 3A: 18-09 2014			Chinne Okoronkwo, Mountlake Terrace		
Name	Year	School	Seed	Finals	Points
1 McAllister, Dahlia		Shorecrest	16-04.50	17-06.50	10
2 Brandt, Sydney		Shorecrest	17-07.00	17-03.00	8
3 Hicks, Hannah		Edmonds-Woodway	17-11.00	16-11.25	6
4 Weg, Rylee		Ferndale	16-09.50	16-04.50	5
5 Aw, Hai-Ying		Shorewood	16-05.75	15-11.50	4
6 Afshari, Sara		Squalicum	15-05.50	15-03.00	3
7 Pallares, Cordelia		Ferndale	15-05.25	14-11.00	2
8 Rosman, Piper		Shorecrest	15-02.50	14-04.50	1
9 Erker, Jayma		Shorecrest	14-01.50	14-01.75	
10 Benner, Olivia		Squalicum	15-00.25	14-01.50	
11 Hicks, Kyra		Edmonds-Woodway	16-01.25	14-01.00	
12 Flores, Amy		Squalicum	15-01.00	13-11.75	
13 Beeks, Braunte		Edmonds-Woodway	15-00.00	13-05.50	
14 White, Olivia		Shorewood	13-05.00	13-04.00	
14 Pham, Kendra		Squalicum	14-06.00	13-04.00	
16 Wymer, Jessie		Shorewood	12-03.00	13-02.00	
17 Ferkingstad, Haely		Lynnwood	12-09.00	11-02.00	
-- Dailer, Kiara		Meadowdale	13-08.00	SCR	
-- Fritz, Dominique		Lynnwood	11-10.25	DNS	
-- Kendrick, Kayla		Meadowdale	13-02.00	SCR	

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****Girls Discus Throw 3A**

=====						
WESCO 3A:	133-04	2017	Vernice Keyes, Edmonds-Woodway			
Name	Year	School	Seed	Finals	Points	
=====						
1 Eunson, Isabella		Edmonds-Woodway	115-10	113-06	10	
2 Keyes, Vatoria		Edmonds-Woodway	117-02	110-09	8	
3 Lino, Kiana		Shorecrest	102-00	98-01	6	
4 Sherry, Timony		Shorewood	83-09	90-00	5	
5 Pi'ilani, Kau'i		Lynnwood	97-00	89-10	4	
6 Jones, Elizabeth		Lynnwood	91-11	89-06	3	
7 Thurston, Hannah		Squalicum	75-07	82-04	2	
8 Welch, Amehra		Shorecrest	86-03	77-05	1	
9 Strong, Johanna		Meadowdale	74-09	77-03		
10 Winslow, Fiona		Shorecrest	74-04	76-00		
11 Young, Naiah		Meadowdale	72-06	74-01		
12 Hicks, Kyra		Edmonds-Woodway	82-01	69-11		
13 Lynch, Trinity		Meadowdale	72-09	66-11		
13 Yazzolino, Savannah		Squalicum	77-06	66-11		
15 Elefson, Ellie		Ferndale	76-02	65-06		
16 Train, Rhiannon		Squalicum	72-01	64-10		
17 Vongsouthep, Faith		Edmonds-Woodway	51-06	52-10		
18 Tran, Cindy		Edmonds-Woodway	52-05	51-05		
-- Noriega Arroyo, Casey		Shorewood	70-10	SCR		
-- Apio, Kaiona		Edmonds-Woodway	71-02	SCR		

Girls Javelin Throw 3A

=====						
WESCO 3A:	138-04	2016	Mikayla Pivec, Lynnwood			
Name	Year	School	Seed	Finals	Points	
=====						
1 Girouard, Savanna		Edmonds-Woodway	108-02	116-00	10	
2 Censale, Paige		Squalicum	108-07	114-03	8	
3 Apio, Kaiona		Edmonds-Woodway	110-03	106-08	6	
4 Jones, Elizabeth		Lynnwood	93-04	105-05	5	
5 Valadez, Adriana		Meadowdale	102-00	105-00	4	
6 Eunson, Isabella		Edmonds-Woodway	104-01	98-07	3	
7 Miller, Megan		Ferndale	95-04	98-00	2	
8 Reyes, Victoria		Shorecrest	94-03	93-02	1	
9 Humbert, Peyton		Ferndale	91-03	90-01		
10 Lynch, Trinity		Meadowdale	87-09	87-05		
11 McArthur, Allyson		Lynnwood	81-00	85-04		
12 Pi'ilani, Kau'i		Lynnwood	82-10	83-03		
13 Elefson, Ellie		Ferndale	93-06	83-00		
14 Yazzolino, Savannah		Squalicum	89-00	76-01		
15 Wymer, Jessie		Shorewood	83-08	73-09		
16 Douglas, Samantha		Meadowdale	74-04	71-00		
17 Train, Rhiannon		Squalicum	66-06	59-02		
18 Hill, Sophia		Lynnwood	62-07	54-10		

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****Boys 100 Meter Dash 3A****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====						
WESCO 3A:	10.68	2014	Austin Joyner, Marysville-Pilchuck			
Name	Year	School	Seed	Prelims	H#	
=====						
Preliminaries						
1	Acholonu, Chinedu	Edmonds-Woodway	10.88	10.93Q	1	
2	Nguyen, Alex	Lynnwood	11.29	10.97Q	2	
3	Boss, Devin	Lynnwood	11.27	11.31Q	3	
4	Aboudou, Sadath	Shorecrest	11.41	11.12Q	1	
5	Williamson, Joseph	Shorewood	11.13	11.27Q	2	
6	Poole, Jarid	Ferndale	11.19	11.45Q	3	
7	Lolkema, Christopher	Squalicum	11.74	11.34q	1	
8	Jacoby, Sam	Shorecrest	11.66	11.38q	1	
9	Ridenhour, Zachary	Shorecrest	11.77	11.42	2	
10	Taylor, Chris	Shorewood	11.42	11.43	1	
11	Correos, Camden	Shorewood	11.47	11.54	2	
12	Watridge, Thomas	Edmonds-Woodway	11.92	11.60	2	
13	Tu, Preston	Shorewood	11.54	11.63	3	
14	Pacheco, Gerandey	Edmonds-Woodway	11.87	11.65	1	
15	Dellaguardia, Rico	Shorecrest	11.91	11.69	1	11.683
16	Becker, Cole	Shorewood	11.64	11.69	2	11.684
17	Stevenson, Sebastian	Squalicum	11.64	11.73	3	
18	Weitkamp, David	Lynnwood	11.80	11.77	3	
19	Oeurn, Krisna	Lynnwood	11.87	11.81	2	
20	Seliga, Sammy	Shorecrest	11.86	11.86	3	
21	Martin, Skyler	Squalicum	11.99	11.88	2	
22	Tanaka, Curt	Shorewood	12.04	12.02	1	
23	Lynch, Elias	Meadowdale	11.98	12.04	3	
24	Owens, Steven	Squalicum	11.93	12.14	3	

Boys 200 Meter Dash 3A**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====						
WESCO 3A:	22.29	2011	Nate Schmidt, Lynnwood			
Name	Year	School	Seed	Prelims	H#	
=====						
1	Boss, Devin	Lynnwood	22.85	22.53Q	2	
2	Acholonu, Chinedu	Edmonds-Woodway	22.81	22.86Q	1	
3	Poole, Jarid	Ferndale	23.12	22.94Q	3	
4	Williamson, Joseph	Shorewood	23.36	22.91Q	2	
5	Aboudou, Sadath	Shorecrest	23.20	22.98Q	1	
6	Nguyen, Alex	Lynnwood	23.02	23.15Q	3	
7	Stevenson, Sebastian	Squalicum	23.62	23.20q	2	
8	Tilbury, Chris	Edmonds-Woodway	23.54	23.37q	3	
9	Lolkema, Christopher	Squalicum	23.37	23.60	3	
10	Correos, Camden	Shorewood	23.17	23.66	2	
11	Tu, Preston	Shorewood	23.93	23.83	3	
12	McDaniel, Shahid	Shorecrest	23.67	23.85	1	
13	Watridge, Thomas	Edmonds-Woodway	24.00	24.05	2	
14	Busby, Luke	Shorecrest	23.75	24.25	2	
15	Taylor, Chris	Shorewood	24.34	24.30	1	
16	Lynch, Elias	Meadowdale	23.70	24.33	1	
17	Mortensen, Ian	Shorecrest	24.29	24.46	3	
18	Becker, Cole	Shorewood	24.42	24.62	2	
19	Owens, Steven	Squalicum	24.31	24.70	1	

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****....Boys 200 Meter Dash 3A**

20	Stoecker, Logan	Shorecrest	24.59	24.81	3
21	Figueroa, Jovani	Squalicum	24.80	24.91	2
22	Cuprynski, Casey	Meadowdale	26.24	25.94	1
--	Salvione, Anthony	Shorewood	23.29	DQ	1
--	Wolde, Rim	Shorewood	24.74	DNS	3

Boys 400 Meter Dash 3A**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====					
WESCO 3A:	48.87	2000	Nik Williams, Lake Stevens		
Name	Year	School	Seed	Prelims	H#
=====					
1	Tilbury, Chris	Edmonds-Woodway	52.47	51.77Q	3
2	Savenkov, David	Lynnwood	52.06	51.98Q	2
3	Custer, Jack	Meadowdale	53.22	52.56Q	1
4	Busby, Luke	Shorecrest	51.99	52.68Q	1
5	Poole, Jarid	Ferndale	53.46	52.71Q	2
6	Harazim, Josh	Shorewood	52.82	53.31Q	3
7	Love, Desley	Meadowdale	53.72	53.37q	3
8	Salvione, Anthony	Shorewood	52.91	53.63q	2
9	Oearn, Krisna	Lynnwood	54.53	54.06	1
10	Mortensen, Ian	Shorecrest	57.00	54.61	1
11	Lynch, Elias	Meadowdale	53.80	54.89	3
12	Lyons, Layne	Shorecrest	54.84	55.23	2
13	Ramlogan, Gabe	Squalicum	54.48	55.42	2
14	Wolde, Rim	Shorewood	55.82	55.50	3
15	Razo, Ken	Edmonds-Woodway	55.97	55.66	1
16	Oswin, Kade	Squalicum	54.76	55.88	1
17	Smith, Isaac	Shorecrest	55.91	56.37	2
18	Cuprynski, Casey	Meadowdale	57.53	57.01	2
19	Villalta, Andres	Squalicum	55.71	57.08	3
20	Pham, Eric	Edmonds-Woodway	58.44	57.53	2
21	Alrobae, Zayn	Lynnwood	57.70	58.56	3
22	Fajarillo, David	Meadowdale	1:01.25	59.20	1
--	Mueller, Morgan	Shorewood	53.27	DNS	1
--	Bunger, Dakota	Lynnwood	58.23	DNS	3

Boys 800 Meter Run 3A**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====					
WESCO 3A:	1:51.98	2016	Devan Kirk, Shorewood		
Name	Year	School	Seed	Prelims	H#
=====					
1	Sorg, Jason	Shorecrest	1:59.31	2:01.07Q	3
2	Lacambra, Lucas	Edmonds-Woodway	1:58.92	2:01.20Q	2
3	Christian, Grant	Edmonds-Woodway	1:57.44	2:02.46Q	1
4	Sturdevant, Landon	Ferndale	1:59.44	2:01.32Q	3
5	Ponton, Josiah	Edmonds-Woodway	2:01.36	2:02.70Q	1 2:02.699
6	Knechtel, Colin	Meadowdale	2:00.99	2:02.79Q	2
7	Adjibly, Reed	Shorewood	2:02.67	2:02.70q	1 2:02.700
8	Gandara, Jose Luis	Shorewood	2:02.78	2:02.80q	2
9	Willcox, Jacob	Edmonds-Woodway	2:03.10	2:02.90	3
10	Christian, John	Edmonds-Woodway	2:03.81	2:03.43	1
11	Kruse, Rafe	Shorecrest	2:03.69	2:04.76	2
12	Masunaga, Jun	Edmonds-Woodway	2:06.07	2:05.30	2

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****....Boys 800 Meter Run 3A**

13 Meza, Cruz	Squalicum	2:07.26	2:06.95	3
14 Korn, Ben	Shorewood	2:08.67	2:07.35	3
15 Arslanoglu, Aidan	Shorewood	2:05.37	2:08.11	1
16 Mueller, Stefan	Shorewood	2:03.27	2:10.03	3
17 Brodeur, Joe	Squalicum	2:18.76	2:14.98	3
18 Burk-Woodward, Isaiah	Meadowdale	2:12.99	2:15.10	2
19 Tesfaye, Emanuel	Shorecrest	2:24.87	2:17.05	2
20 Tanaka, Cole	Shorewood	2:18.60	2:17.32	2
21 Pierce, Vincent	Shorewood	2:17.06	2:17.57	1
22 Parkinson, Jack	Shorewood	2:13.21	2:22.78	1
23 Smith, Isaac	Shorecrest	2:18.72	2:24.89	3
-- Camara, Musa	Lynnwood	2:26.68	DNS	1

Boys 1600 Meter Run 3A

=====					
WESCO 3A:	4:13.93	1999	Dustin Duke, Jackson		
Name	Year	School	Seed	Finals	Points
=====					
Finals					
1 Luu, Erik		Shorecrest	4:31.54	4:21.95	10
2 Lacambra, Lucas		Edmonds-Woodway	4:23.36	4:22.60	8
3 Hartono, Dylan		Edmonds-Woodway	4:28.56	4:24.97	6
4 Willcox, Jacob		Edmonds-Woodway	4:28.75	4:28.66	5
5 Knechtel, Colin		Meadowdale	4:32.45	4:31.02	4
6 Mueller, Stefan		Shorewood	4:32.14	4:32.13	3
7 Ponton, Josiah		Edmonds-Woodway	4:36.02	4:32.33	2
8 Salomon, Jonah		Squalicum	4:32.58	4:32.48	1
9 Lin, Steven		Shorewood	4:39.00	4:32.58	
10 Gandara, Jose Luis		Shorewood	4:33.33	4:42.76	
11 Heagler, Ben		Shorewood	4:36.89	4:43.86	
12 Brodeur, Joe		Squalicum	4:48.35	4:46.48	
13 Scollard, Kent		Shorecrest	4:54.16	4:47.14	
14 Adjibly, Reed		Shorewood	4:36.66	4:49.64	
15 Maldonado, Eric		Ferndale	4:50.57	4:50.43	
16 Behee, Mark		Squalicum	4:55.46	4:53.82	
17 Tong, Alex		Shorewood	4:49.44	4:54.42	
18 Burk, Andrew		Meadowdale	4:58.51	4:54.98	
19 Awori, Christian		Shorecrest	4:57.91	4:55.96	
20 Hawk, Cameron		Lynnwood	5:03.00	4:56.11	
21 Moore, Gabe		Shorecrest	4:58.28	5:01.15	
22 Gervais, Jacob		Squalicum	4:56.17	5:01.34	
23 Callan, Matthew		Meadowdale	5:03.10	5:01.36	
24 Rinauro, Griffin		Squalicum	5:09.60	5:08.71	
-- Parkinson, Jack		Shorewood	5:12.57	SCR	
-- Trull, Isaac		Shorewood	5:18.79	SCR	
-- Broderhausen, Lance		Meadowdale	5:14.97	SCR	
-- Korn, Ben		Shorewood	4:59.59	SCR	
-- Sorg, Jason		Shorecrest	4:32.35	SCR	
-- Burk-Woodward, Isaiah		Meadowdale	5:01.14	SCR	

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****Boys 110 Meter Hurdles 3A****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====						
WESCO 3A:	14.48	2001	Ryan McKinney, Lake Stevens			
Name	Year	School	Seed	Prelims	H#	
=====						
Preliminaries						
1	Richardson, Aaron	Edmonds-Woodway	14.90	14.72Q	1	
2	Birchman, Jonathan	Shorewood	15.28	14.87Q	2	
3	Pham, Jerry	Lynnwood	15.46	15.46Q	3	
4	Bangsberg, Matthew	Shorewood	15.84	15.74Q	3	
5	McKee, Jerry	Shorecrest	16.89	16.19Q	2	
6	Aboudou, Amdane	Shorecrest	17.31	16.59Q	1	
7	Dvorachek, Carsdan	Squalicum	17.06	16.62q	1	
8	Francis, Cole	Shorecrest	18.99	17.70q	2	
9	Graves, Evan	Edmonds-Woodway	18.28	17.88	2	
10	Rogers, Jacob	Squalicum	17.66	18.11	3	
11	Steed, Cooper	Meadowdale	18.42	18.17	1	
12	Fox, Colton	Ferndale	17.39	18.19	2	
13	Seefeldt, Ryan	Squalicum	20.64	18.58	1	
14	Vo, Richard	Lynnwood	18.29	19.00	1	
15	Phan, Alan	Meadowdale	19.35	19.24	3	
16	Hollingsworth, Nick	Edmonds-Woodway	19.48	19.52	3	
17	Dato, John	Edmonds-Woodway	20.01	20.41	2	
--	Myers, Charley	Squalicum	17.56	DQ	3	

Boys 300 Meter Hurdles 3A**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====						
WESCO 3A:	39.02	2001	Ryan McKinney, Lake Stevens			
Name	Year	School	Seed	Prelims	H#	
=====						
1	Richardson, Aaron	Edmonds-Woodway	40.22	40.63Q	1	
2	Birchman, Jonathan	Shorewood	40.93	40.93Q	2	
3	Pham, Jerry	Lynnwood	41.55	41.27Q	3	
4	Bangsberg, Matthew	Shorewood	41.45	41.56Q	3	
5	McKee, Jerry	Shorecrest	43.52	42.59Q	1	
6	Pacheco, Gerandey	Edmonds-Woodway	42.87	42.99Q	2	
7	Johnson, Matthew	Meadowdale	44.23	44.10q	2	
8	Fox, Colton	Ferndale	43.57	44.34q	1	
9	Dvorachek, Carsdan	Squalicum	44.56	44.51	3	
10	Secrest, Ryan	Meadowdale	45.03	44.55	3	
11	Barrett, Rowen	Shorecrest	45.68	45.58	1	
12	Seefeldt, Ryan	Squalicum	48.17	45.99	2	
13	Vo, Richard	Lynnwood	47.68	46.93	3	
14	Francis, Cole	Shorecrest	49.84	46.99	3	
15	Graves, Evan	Edmonds-Woodway	45.52	47.14	2	
16	Rogers, Jacob	Squalicum	47.10	47.26	2	
17	Dato, John	Edmonds-Woodway	47.53	47.50	3	
18	Steed, Cooper	Meadowdale	48.29	47.93	1	
19	Myers, Charley	Squalicum	46.48	48.35	1	
20	Chaney, Jared	Shorecrest	49.83	48.71	2	
21	Hollingsworth, Nick	Edmonds-Woodway	49.56	51.34	1	
22	Rose, Josh	Edmonds-Woodway	54.46	51.78	2	
23	Phan, Alan	Meadowdale	50.80	53.69	3	

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****Boys High Jump 3A**

=====					
WESCO 3A:	6-07.50	1987	Darren Nicholson, Lake Stevens		
Name	Year	School	Seed	Finals	Points
=====					
Finals					
1	Birchman, Jonathan	Shorewood	5-11.00	5-09.00	10
2	McDaniel, Shahid	Shorecrest	5-08.00	5-07.00	6.33
2	Kautzman, Brayden	Meadowdale	5-06.00	5-07.00	6.33
2	Eck, Kameron	Edmonds-Woodway	5-08.00	5-07.00	6.33
5	Farrand, Connor	Shorewood	5-08.00	J5-07.00	4
6	Traver, Neil	Edmonds-Woodway	5-06.00	5-06.00	3
7	Alton, Schuyler	Squalicum	5-00.00	J5-06.00	2
8	Ryan, Jack	Squalicum	5-00.00	5-04.00	1
9	Shaw, Thomas	Lynnwood	5-04.00	5-02.00	
10	Austin, Trevor	Squalicum	5-04.00	J5-02.00	
10	Nguyen, Vict	Lynnwood	5-02.00	J5-02.00	
10	Swinson, Denver	Meadowdale	5-04.00	J5-02.00	
--	Stearns, Nathan	Meadowdale	5-04.00	NH	
--	Waram, Tyler	Edmonds-Woodway	5-02.00	NH	
--	Vo, Richard	Lynnwood	5-02.00	NH	
--	Owens, Steven	Squalicum	5-00.00	NH	
--	Nguyen, Quang	Edmonds-Woodway	5-02.00	NH	
--	Grimstead, Drew	Squalicum	4-10.00	SCR	
--	Burns, John	Ferndale	5-04.00	SCR	
--	Bactad, Vincent	Meadowdale	5-02.00	SCR	
--	Edwards, Cayden	Edmonds-Woodway	5-00.00	SCR	

Boys Long Jump 3A

=====					
WESCO 3A:	23-02.25	1990	Levon Major, Mountlake Terrace		
Name	Year	School	Seed	Finals	Points
=====					
1	Aboudou, Sadath	Shorecrest	21-07.25	21-06.50	10
2	Pham, Jerry	Lynnwood	21-03.00	21-04.75	8
3	Eck, Kameron	Edmonds-Woodway	20-04.00	21-01.00	6
4	Free, Raymond	Meadowdale	20-09.50	20-11.50	5
5	Jacoby, Sam	Shorecrest	19-08.75	20-01.50	4
6	Aboudou, Amdane	Shorecrest	19-11.00	20-00.75	3
7	Wick, Peter	Meadowdale	19-00.00	19-11.00	2
8	Cherry, Capassio	Edmonds-Woodway	19-07.50	19-08.50	1
9	Taylor, Chris	Shorewood	20-02.75	19-06.00	
10	Birchman, Jonathan	Shorewood	20-03.00	19-03.00	
11	Poole, Jarid	Ferndale	19-04.00	18-05.75	
12	Tran, Brendon	Squalicum	18-10.00	18-03.50	
13	Hartono, Matthew	Meadowdale	17-06.00	18-02.50	
14	Tu, Preston	Shorewood	18-09.75	18-01.00	
15	Dellaguardia, Rico	Shorecrest	18-09.00	18-00.00	
16	Haq, Ameer	Shorecrest	19-00.50	17-11.50	
17	Becker, Cole	Shorewood	18-06.75	17-09.75	
18	Alton, Schuyler	Squalicum	18-07.00	17-09.00	
19	Stearns, Nathan	Meadowdale	17-09.00	17-08.50	
20	Lyons, Layne	Shorecrest	18-09.00	17-07.00	
21	Merril, Justin	Meadowdale	17-00.25	17-04.00	
22	Ryan, Jack	Squalicum	18-00.50	16-11.00	
23	Secrest, Ryan	Meadowdale	17-01.00	16-08.00	
24	Austin, Trevor	Squalicum	18-06.50	16-06.00	

2018 Northwest & Wesco 3A South League Champs - 5/9/2018 to 5/11/2018**Edmonds Woodway Stadium****Results - Day 1 - Wednesday****....Boys Long Jump 3A**

-- Yared, Joseph	Shorewood	16-09.00	SCR
-- Sibiryakov, Nicholas	Edmonds-Woodway	16-07.75	SCR
-- Kautzman, Brayden	Meadowdale	18-08.50	SCR

Boys Shot Put 3A

=====					
WESCO 3A:	64-04.25	1996	Ben Lindsey, Lynnwood		
Name	Year	School	Seed	Finals	Points
=====					
1 McAtee, Tyler		Edmonds-Woodway	47-07.00	46-03.50	10
2 McClendon, Tyler		Edmonds-Woodway	45-04.00	45-09.00	8
3 Rivera, David		Shorecrest	44-08.50	43-09.00	6
4 Anetipa, Gibson		Lynnwood	39-04.00	43-00.00	5
5 Ni, Tommy		Lynnwood	42-11.00	41-10.00	4
6 Fairbarin, Larson		Ferndale	43-08.50	41-05.50	3
7 Brown, Alex		Edmonds-Woodway	41-11.00	41-01.50	2
8 Bjornson, Ian		Lynnwood	38-09.00	40-00.00	1
9 Peters, Thomas		Shorewood	40-00.75	38-08.00	
10 Lee, Chris		Shorecrest	38-05.50	38-05.00	
11 Montgomery, Clifton		Edmonds-Woodway	37-06.75	37-11.00	
12 Bartel, Alexander		Squalicum	36-02.00	37-07.25	
13 Woo, Anthony		Edmonds-Woodway	36-03.00	37-00.00	
14 Atayev, Murad		Shorewood	35-05.00	36-11.00	
15 Reed-Henderson, Blake		Lynnwood	38-00.00	36-09.00	
16 Thongdee, Taejin		Shorewood	37-06.00	36-08.75	
17 Jones, Jackson		Shorecrest	36-11.25	36-07.00	
18 Smith, Gabe		Squalicum	36-00.50	35-05.00	
19 Shulda-Maui, Maui (Malie		Shorewood	34-06.00	35-03.00	
20 Pruitt, Dillon		Meadowdale	35-01.25	34-10.50	
21 Bouah, Andrea		Lynnwood	34-02.00	34-01.50	
22 Bui, Alain		Meadowdale	33-11.50	33-01.50	
23 Jabborra, Garrett		Squalicum	31-01.00	30-07.50	
-- Latta, Julian		Shorewood	33-04.00	SCR	
-- Mohammed, Zeki		Meadowdale	28-09.75	SCR	
-- Lane, Brandon		Lynnwood	33-05.00	SCR	