

2017 EMERALD CITY LEAGUE XC CHAMPS
Presented By Emerald City League
Friday - October 20, 2017
Lincoln Park - Seattle, WA
Men's Open - Team Results

RANK	TEAM	TEAM	PLACES OF FINISHERS								AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD	
1	Northwest	43	1	11	12	13	15	16	24	17:47.74	01:25	
2	Overlake	44	3	6	9	17	19	34	35	18:05.59	01:23	
3	University Prep	81	7	18	22	23	25	27	28	18:27.21	01:19	
4	Bush	102	2	10	30	38	62	81		19:44.62	04:46	
5	Bear Creek	112	8	20	32	41	43			18:54.74	02:34	
6	Seattle Academy	149	21	36	45	49	50	60	67	20:05.01	01:49	
	Mt Vernon Christian-1	0	4							-	-	
	Mt Vernon Christian-2	0	5							-	-	
	Mt Vernon Christian-3	0	14							-	-	
	Mt Vernon Christian-4	0	29							-	-	
	Mt Vernon Christian-5	0	31							-	-	
	Mt Vernon Christian-6	0	42							-	-	
	Mt Vernon Christian-7	0	66							-	-	
	Eastside Preparatory	0	70	77						-	-	
	Mt Vernon Christian-8	0	76							-	-	
	Mt Vernon Christian-9	0	78							-	-	
	Mt Vernon Christian-10	0	79							-	-	

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Men's Open - Team Breakdown

Northwest

Score	Name	Grade	Time
1	PROCTOR, Tamire	12	16:30.60
9	POLAKOFF, Jamie	12	17:50.00
10	MINAHAN, Keegan	10	17:51.80
11	GREENBERG, Milo	10	17:51.90
12	CLARK, Dylan	11	17:55.10
13	WU, Tony (Hantong)	11	17:57.70
21	WHITE, Lewis	9	18:37.10
43			

Overlake

Score	Name	Grade	Time
3	ARONS, Spencer	12	16:53.00
4	FOSTER, Zach	11	17:18.80
7	NGOUNET, Alan	9	17:22.20
14	SÁNCHEZ, Esteban	11	18:01.60
16	THOMAS, Oliver	9	18:16.20
27	MIHATA, Kai	12	19:22.20
28	KIM GODBOUT, Louis	9	19:25.10
44			

University Prep

Score	Name	Grade	Time
5	SMIDT, Arie	11	17:20.40
15	BIRKELAND, Ailey	11	18:02.20
19	MCHUGH, Nick	9	18:25.80
20	COLUCCIO, Gus	11	18:33.60
22	LAGUNOFF, Max	9	18:39.10
23	TALBOT, Remy	10	19:04.50
24	DOUGLAS, Sam	9	19:04.90
81			

Bush

Score	Name	Grade	Time
2	WIDLANSKY, Ethan	12	16:34.20
8	CUNDIFF, Taylor	11	17:36.20
25	FESSEHAYE, Esrom	11	19:07.60
30	CAPLOW, Emil	10	19:42.70
37	MOKADAM, Kiran	9	21:20.20
39	BLOOM-O'SULLIVAN, Gabriel	9	24:06.80
102			

Bear Creek

Score	Name	Grade	Time
6	FINAN, Alex	11	17:21.70
17	LEVASSEUR, Ian	12	18:19.20
26	HE, Johnny	10	19:09.20
31	FINAN, Jj	12	19:48.20
32	TSOU, Joseph	11	19:55.40
112			

Seattle Academy

Score	Name	Grade	Time
18	TORRES, Max	10	18:22.50
29	TAYLOR, Jared	12	19:25.80
33	GELTZER, Aurele	10	19:57.20
34	JACOBSEN, Slater	12	20:10.60
35	ARNTZ, Grant	10	20:11.70
36	ORKAND, Oliver	9	20:44.70
38	BISHOP, Adam	9	21:42.60
149			

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Men's Open - Individual Results

Start Time

4:15 PM

Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	40	PROCTOR, Tamire	Northwest	12	16:30.60	00:00	05:19
2	2	11	WIDLANSKY, Ethan	Bush	12	16:34.20	00:04	05:20
3	3	50	ARONS, Spencer	Overlake	12	16:53.00	00:23	05:26
4		16	DEVRIES, Russell	Mt Vernon Christian-	10	17:02.40	00:32	05:29
5		22	VANZANTEN, Kendall	Mt Vernon Christian-	12	17:08.70	00:38	05:31
6	4	53	FOSTER, Zach	Overlake	11	17:18.80	00:48	05:34
7	5	88	SMIDT, Arie	University Prep	11	17:20.40	00:50	05:35
8	6	1	FINAN, Alex	Bear Creek	11	17:21.70	00:51	05:35
9	7	57	NGOUENET, Alan	Overlake	9	17:22.20	00:52	05:35
10	8	8	CUNDIFF, Taylor	Bush	11	17:36.20	01:06	05:40
11	9	38	POLAKOFF, Jamie	Northwest	12	17:50.00	01:20	05:44
12	10	34	MINAHAN, Keegan	Northwest	10	17:51.80	01:21	05:45
13	11	28	GREENBERG, Milo	Northwest	10	17:51.90	01:21	05:45
14		15	BROWN, Jonathan	Mt Vernon Christian-	10	17:52.30	01:22	05:45
15	12	26	CLARK, Dylan	Northwest	11	17:55.10	01:25	05:46
16	13	47	WU, Tony (Hantong)	Northwest	11	17:57.70	01:27	05:47
17	14	59	SÁNCHEZ, Esteban	Overlake	11	18:01.60	01:31	05:48
18	15	74	BIRKELAND, Ailey	University Prep	11	18:02.20	01:32	05:48
19	16	63	THOMAS, Oliver	Overlake	9	18:16.20	01:46	05:53
20	17	4	LEVASSEUR, Ian	Bear Creek	12	18:19.20	01:49	05:54
21	18	73	TORRES, Max	Seattle Academy	10	18:22.50	01:52	05:55
22	19	84	MCHUGH, Nick	University Prep	9	18:25.80	01:55	05:56
23	20	77	COLUCCIO, Gus	University Prep	11	18:33.60	02:03	05:58
24	21	46	WHITE, Lewis	Northwest	9	18:37.10	02:07	06:00
25	22	81	LAGUNOFF, Max	University Prep	9	18:39.10	02:09	06:00
26		39	POLAKOFF, Jarod	Northwest	10	18:53.70	02:23	06:05
27	23	89	TALBOT, Remy	University Prep	10	19:04.50	02:34	06:08
28	24	78	DOUGLAS, Sam	University Prep	9	19:04.90	02:34	06:09
29		18	FLURY, Ian	Mt Vernon Christian-	10	19:07.10	02:37	06:09
30	25	9	FESSEHAYE, Esrom	Bush	11	19:07.60	02:37	06:09
31		24	WOOD, Jace	Mt Vernon Christian-	10	19:07.70	02:37	06:09
32	26	3	HE, Johnny	Bear Creek	10	19:09.20	02:39	06:10
33		90	TODD, Jerome	University Prep	10	19:11.20	02:41	06:11
34	27	55	MIHATA, Kai	Overlake	12	19:22.20	02:52	06:14
35	28	54	KIM GODBOUT, Louis	Overlake	9	19:25.10	02:55	06:15
36	29	72	TAYLOR, Jared	Seattle Academy	12	19:25.80	02:55	06:15

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37		31	LE DU- MEDINA, Marcel	Northwest	10	19:34.20	03:04	06:18
38	30	7	CAPLOW, Emil	Bush	10	19:42.70	03:12	06:21
39		75	BUSCHER, Henry	University Prep	9	19:45.50	03:15	06:22
40		58	PETERSON, Roman	Overlake	9	19:46.70	03:16	06:22
41	31	2	FINAN, Jj	Bear Creek	12	19:48.20	03:18	06:22
42		17	DROOG, Dalton	Mt Vernon Christian-	12	19:52.80	03:22	06:24
43	32	5	TSOU, Joseph	Bear Creek	11	19:55.40	03:25	06:25
44		43	SHAPIRO, Noah	Northwest	11	19:56.90	03:26	06:25
45	33	66	GELTZER, Aurele	Seattle Academy	10	19:57.20	03:27	06:25
46		56	MOAZZAM, Usman	Overlake	12	20:00.70	03:30	06:26
47		76	CAO, Doran	University Prep	10	20:01.50	03:31	06:27
48		30	HASELEY, Jonah	Northwest	12	20:01.90	03:31	06:27
49	34	67	JACOBSEN, Slater	Seattle Academy	12	20:10.60	03:40	06:30
50	35	64	ARNTZ, Grant	Seattle Academy	10	20:11.70	03:41	06:30
51		86	RENSCHLER, Julian	University Prep	10	20:16.30	03:46	06:31
52		32	MCMILLEN, Gabriel	Northwest	10	20:23.90	03:53	06:34
53		87	SHEGO, Adam	University Prep	10	20:26.50	03:56	06:35
54		85	POHLMANN, Anders	University Prep	9	20:27.00	03:57	06:35
55		37	PHINNEY, Abbott	Northwest	10	20:30.90	04:00	06:36
56		61	SMITH, Aiden	Overlake	9	20:33.70	04:03	06:37
57		91	VAN DUESEN, Keenan	University Prep	11	20:37.80	04:07	06:38
58		29	GREENOUGH, Alejandro	Northwest	10	20:39.90	04:09	06:39
59		35	PALOMINO, Preston	Northwest	9	20:43.00	04:13	06:40
60	36	70	ORKAND, Oliver	Seattle Academy	9	20:44.70	04:14	06:41
61		44	SHIMEL, Simon	Northwest	12	20:52.40	04:22	06:43
62	37	10	MOKADAM, Kiran	Bush	9	21:20.20	04:50	06:52
63		33	MEDINA-LE DU, Pablo	Northwest	11	21:21.40	04:51	06:52
64		25	CASTRO, German	Northwest	9	21:31.80	05:01	06:56
65		45	WEINER, Ben	Northwest	11	21:32.30	05:02	06:56
66		21	TIMMERMANS, Hendrik	Mt Vernon Christian-	11	21:40.80	05:10	06:59
67	38	65	BISHOP, Adam	Seattle Academy	9	21:42.60	05:12	06:59
68		52	BREZAK, Luke	Overlake	12	21:48.30	05:18	07:01
69		71	PIERCE, Conner	Seattle Academy	12	21:53.50	05:23	07:03
70		12	CHATFIELD, Lathan	Eastside Preparatory	11	22:00.90	05:30	07:05
71		80	LAFRENIERE, Max	University Prep	12	22:16.30	05:46	07:10
72		83	LEVINE, Sidney	University Prep	9	22:32.90	06:02	07:15

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73		68	JONES, Jackson	Seattle Academy	10	22:47.80	06:17	07:20
74		27	CRAIN-MERZ, Jackson	Northwest	10	23:02.90	06:32	07:25
75		41	RAMAN, Ashwin	Northwest	10	23:04.80	06:34	07:26
76		23	VICTOR, Jeremy	Mt Vernon Christian-	9	23:10.20	06:40	07:27
77		13	MAYMUDES, Nat	Eastside Preparatory	10	23:13.00	06:43	07:28
78		20	PHIFER, John	Mt Vernon Christian-	12	23:27.10	06:57	07:33
79		19	GERRISH, Joshua	Mt Vernon Christian-	9	23:49.90	07:19	07:40
80		79	GARCIA, Jeremy	University Prep	10	23:53.70	07:23	07:41
81	39	6	BLOOM-O'SULLIVAN, Gabrielle	Bush	9	24:06.80	07:36	07:46
82		82	LEE, Nicholas	University Prep	9	24:42.30	08:12	07:57
83		36	PARK, Yeonwook	Northwest	11	25:08.70	08:38	08:06