

2017 SOUTH PUGET SOUND LEAGUE 4A PREVIEW
Presented By South Kitsap XC
Thursday - September 14, 2017
Fort Steilacoom Park - Tacoma, WA
Men's Varsity - Team Results

RANK	TEAM	TEAM	PLACES OF FINISHERS							AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD
1	Bellarmino Prep	37	5	6	7	9	10	29	31	17:10.04	00:07
2	Olympia	94	8	11	21	24	30	32	33	17:27.53	00:39
3	Curtis	98	2	14	18	27	39	43	63	17:40.99	01:24
4	South Kitsap	109	4	12	16	34	47	54	57	17:47.11	01:29
5	Puyallup	115	3	19	22	37	38	46	50	17:43.96	01:15
6	Sumner	155	15	20	28	49	51	56	74	18:10.46	01:12
7	Rogers (Puyallup)	160	13	23	41	45	48	58	61	18:06.77	01:05
8	Emerald Ridge	191	17	26	40	62	64	66	68	18:24.39	01:39
9	Graham-Kapowsin	194	1	25	52	69	75	77	79	18:44.13	03:25

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Men's Varsity - Team Breakdown

Bellarmine Prep

Score	Name	Grade	Time
5	OIE, Josh	11	16:55.80
6	FISCHER, Spencer	12	16:55.90
7	SHERMAN, Ben	11	16:58.20
9	JAMES, Will	11	17:01.80
10	PATEL, Deven	12	17:02.80
29	EMERICK, Ludvig	11	17:35.20
31	PIERSON, Lucas	12	17:40.60
37			

Olympia

Score	Name	Grade	Time
8	FLECKENSTEIN, Sam	11	17:01.10
11	CASTRO, Tilahun	11	17:04.20
21	SUNDT, Zack	12	17:27.20
24	MILLER, Dylan	12	17:29.50
30	MCDONALD, Sayer	12	17:39.90
32	VAN HAIT SMA, Ben	12	17:45.40
33	BARNES, Max	10	17:45.40
94			

Curtis

Score	Name	Grade	Time
2	KEITH, Dennis	12	16:36.40
14	STEERS, Ewan	11	17:14.30
18	VANVALKENBURG, Aaron	10	17:21.00
27	SODON, Brody	12	17:34.40
37	WATAMURA, Mason	9	18:00.50
40	DOBOSZ, Nathaniel	11	18:04.10
55	MELLOT, Josiah	9	18:56.20
98			

South Kitsap

Score	Name	Grade	Time
4	GRAMS, Zach	11	16:46.90
12	LAWS, Jacob	10	17:10.80
16	CLOUGH, Shawn	11	17:16.10
34	MCDERMOTT, Kevin	11	17:47.30
43	SIMON, Jacob	11	18:15.80
49	KEYT, Devon	11	18:34.20
51	VANDOORNIK, Mark	11	18:38.70
109			

Puyallup

Score	Name	Grade	Time
3	OSLIN, Andrew	12	16:43.50
19	BLEDSOE, Alec	10	17:21.20
22	MONAGHAN, Colin	12	17:27.70
35	LAWRENCE, Ethan	11	17:58.30
36	BRAUEN, Andrew	12	17:58.90
42	SEGERS, Nate	11	18:11.50
46	BENI, Andrew	11	18:26.60
115			

Sumner

Score	Name	Grade	Time
15	PENNEY, Dash	12	17:15.30
20	HOLME, Matthew	10	17:24.90
28	SJOLUND, Adam	11	17:34.70
45	TAYLOR, Carson	10	18:22.80
47	ROACH, Ethan	11	18:27.20
50	DAVISON, Cristian	9	18:38.00
60	WIKE, Ryan	10	19:30.30
155			

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Men's Varsity - Team Breakdown

Rogers (Puyallup)

Score	Name	Grade	Time
13	SMITH, Aidan	12	17:12.50
23	BREWER, Scott	10	17:28.40
39	ATKINS, Nathanael	12	18:00.80
41	TACY, Leon	11	18:08.20
44	WAGNON, Sean	12	18:17.80
52	SCEARCY, Isaias	10	18:47.60
53	GONZALEZ, Giovany	12	18:52.10
160			

Emerald Ridge

Score	Name	Grade	Time
17	HOVDE, Drew	12	17:16.80
26	MCNABB, Sean	11	17:34.10
38	FOSTER, Jessie	10	18:00.80
54	MCNABB, Darren	9	18:56.00
56	HOVDE, Josh	9	18:56.20
57	CLARKE, Ben	12	19:00.70
58	VOLKMAN, Adam	11	19:06.10
191			

Graham-Kapowsin

Score	Name	Grade	Time
1	KAAS, Jesse	12	16:09.70
25	DUNCANSON, Kade	11	17:33.30
48	ARCOS, Erick	12	18:28.70
59	LAFFERTY, Sam	11	19:18.90
61	NOBLE, Zach	12	19:34.90
62	LIEN, Evan	12	19:51.50
63	OLSON, Mason	10	20:11.90
194			

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Fort Steilacoom Park - Tacoma, WA

Men's Varsity - Individual Results

Start Time

4:00 PM

Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	645	KAAS, Jesse	Graham-Kapowsin	12	16:09.70	00:00	05:12
2	2	626	KEITH, Dennis	Curtis	12	16:36.40	00:27	05:21
3	3	668	OSLIN, Andrew	Puyallup	12	16:43.50	00:34	05:23
4	4	682	GRAMS, Zach	South Kitsap	11	16:46.90	00:37	05:24
5	5	619	OIE, Josh	Bellarmino Prep	11	16:55.80	00:46	05:27
6	6	617	FISCHER, Spencer	Bellarmino Prep	12	16:55.90	00:46	05:27
7	7	622	SHERMAN, Ben	Bellarmino Prep	11	16:58.20	00:49	05:28
8	8	655	FLECKENSTEIN, Sam	Olympia	11	17:01.10	00:52	05:29
9	9	618	JAMES, Will	Bellarmino Prep	11	17:01.80	00:52	05:29
10	10	620	PATEL, Deven	Bellarmino Prep	12	17:02.80	00:53	05:29
11	11	653	CASTRO, Tilahun	Olympia	11	17:04.20	00:55	05:30
12	12	685	LAWS, Jacob	South Kitsap	10	17:10.80	01:01	05:32
13	13	677	SMITH, Aidan	Rogers (Puyallup)	12	17:12.50	01:03	05:32
14	14	630	STEERS, Ewan	Curtis	11	17:14.30	01:05	05:33
15	15	695	PENNEY, Dash	Sumner	12	17:15.30	01:06	05:33
16	16	680	CLOUGH, Shawn	South Kitsap	11	17:16.10	01:07	05:33
17	17	636	HOVDE, Drew	Emerald Ridge	12	17:16.80	01:07	05:34
18	18	631	VANVALKENBURG, Aaron	Curtis	10	17:21.00	01:12	05:35
19	19	663	BLEDSON, Alec	Puyallup	10	17:21.20	01:12	05:35
20	20	691	HOLME, Matthew	Sumner	10	17:24.90	01:15	05:36
21	21	659	SUNDT, Zack	Olympia	12	17:27.20	01:18	05:37
22	22	667	MONAGHAN, Colin	Puyallup	12	17:27.70	01:18	05:37
23	23	673	BREWER, Scott	Rogers (Puyallup)	10	17:28.40	01:19	05:37
24	24	658	MILLER, Dylan	Olympia	12	17:29.50	01:20	05:38
25	25	644	DUNCANSON, Kade	Graham-Kapowsin	11	17:33.30	01:24	05:39
26	26	639	MCNABB, Sean	Emerald Ridge	11	17:34.10	01:25	05:39
27	27	629	SODON, Brody	Curtis	12	17:34.40	01:25	05:39
28	28	697	SJOLUND, Adam	Sumner	11	17:34.70	01:25	05:39
29	29	616	EMERICK, Ludvig	Bellarmino Prep	11	17:35.20	01:26	05:40
30	30	657	MCDONALD, Sayer	Olympia	12	17:39.90	01:30	05:41
31	31	621	PIERSON, Lucas	Bellarmino Prep	12	17:40.60	01:31	05:41
32	32	660	VAN HAITSMAN, Ben	Olympia	12	17:45.40	01:36	05:43
33	33	652	BARNES, Max	Olympia	10	17:45.40	01:36	05:43
34	34	686	MCDERMOTT, Kevin	South Kitsap	11	17:47.30	01:38	05:44
35		615	COULTER-PETERSON, Lindor	Bellarmino Prep	12	17:49.30	01:40	05:44
36		656	MCCAULEY, Jack	Olympia	12	17:54.70	01:45	05:46

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Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
37	35	666	LAWRENCE, Ethan	Puyallup	11	17:58.30	01:49	05:47
38	36	664	BRAUEN, Andrew	Puyallup	12	17:58.90	01:49	05:47
39	37	632	WATAMURA, Mason	Curtis	9	18:00.50	01:51	05:48
40	38	635	FOSTER, Jessie	Emerald Ridge	10	18:00.80	01:51	05:48
41	39	672	ATKINS, Nathanael	Rogers (Puyallup)	12	18:00.80	01:51	05:48
42		614	BEASON, Bryce	Bellarmine Prep	12	18:02.80	01:53	05:49
43	40	624	DOBOSZ, Nathaniel	Curtis	11	18:04.10	01:55	05:49
44		654	DICKINSON-COVE, Caleb	Olympia	12	18:06.10	01:57	05:50
45	41	678	TACY, Leon	Rogers (Puyallup)	11	18:08.20	01:59	05:50
46	42	669	SEGRS, Nate	Puyallup	11	18:11.50	02:02	05:51
47	43	688	SIMON, Jacob	South Kitsap	11	18:15.80	02:06	05:53
48	44	679	WAGNON, Sean	Rogers (Puyallup)	12	18:17.80	02:08	05:53
49	45	698	TAYLOR, Carson	Sumner	10	18:22.80	02:13	05:55
50	46	662	BENI, Andrew	Puyallup	11	18:26.60	02:17	05:56
51	47	696	ROACH, Ethan	Sumner	11	18:27.20	02:18	05:56
52	48	642	ARCOS, Erick	Graham-Kapowsin	12	18:28.70	02:19	05:57
53		671	ZIELKE, Samuel	Puyallup	9	18:31.90	02:22	05:58
54	49	684	KEYT, Devon	South Kitsap	11	18:34.20	02:25	05:59
55		661	VAN NUYS, Jack	Olympia	10	18:37.60	02:28	06:00
56	50	690	DAVISON, Cristian	Sumner	9	18:38.00	02:29	06:00
57	51	689	VANDOORNIK, Mark	South Kitsap	11	18:38.70	02:29	06:00
58	52	676	SCEARCY, Isaias	Rogers (Puyallup)	10	18:47.60	02:38	06:03
59		683	HESS, Joseph	South Kitsap	11	18:51.80	02:42	06:04
60		670	SUTHERLAND, Jacob	Puyallup	12	18:52.00	02:43	06:04
61	53	674	GONZALEZ, Giovany	Rogers (Puyallup)	12	18:52.10	02:43	06:04
62	54	638	MCNABB, Darren	Emerald Ridge	9	18:56.00	02:47	06:06
63	55	627	MELLOT, Josiah	Curtis	9	18:56.20	02:47	06:06
64	56	637	HOVDE, Josh	Emerald Ridge	9	18:56.20	02:47	06:06
65		628	SHIRK, Noah	Curtis	11	18:57.50	02:48	06:06
66	57	634	CLARKE, Ben	Emerald Ridge	12	19:00.70	02:51	06:07
67		681	GEIGER, Jacob	South Kitsap	11	19:06.00	02:57	06:09
68	58	641	VOLKMAN, Adam	Emerald Ridge	11	19:06.10	02:57	06:09
69	59	646	LAFFERTY, Sam	Graham-Kapowsin	11	19:18.90	03:09	06:13
70		687	ROWDEN, Jacob	South Kitsap	9	19:22.10	03:13	06:14
71		665	IRBY, Andrew	Puyallup	11	19:23.10	03:14	06:14
72		640	PIERCE, Daniel	Emerald Ridge	9	19:24.10	03:15	06:15

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73		625	ENGLE, Luke	Curtis	12	19:29.50	03:20	06:16
74	60	699	WIKE, Ryan	Sumner	10	19:30.30	03:21	06:17
75	61	649	NOBLE, Zach	Graham-Kapowsin	12	19:34.90	03:25	06:18
76		692	LATIMER, Alexej	Sumner	10	19:43.80	03:34	06:21
77	62	647	LIEN, Evan	Graham-Kapowsin	12	19:51.50	03:42	06:24
78		693	LUND, Parker	Sumner	9	19:58.90	03:49	06:26
79	63	650	OLSON, Mason	Graham-Kapowsin	10	20:11.90	04:02	06:30
80		694	MATHEWS, Luke	Sumner	10	20:20.60	04:11	06:33
81		648	MYKLAND, Gabe	Graham-Kapowsin	10	20:20.70	04:11	06:33
82		643	ATTAWAY, Austn	Graham-Kapowsin	12	20:26.90	04:17	06:35
83		623	BAUER, Tom	Curtis	9	20:29.30	04:20	06:36
84		633	BARLOW, Hunter	Emerald Ridge	12	20:34.70	04:25	06:37
85		675	HANSEN, Nicholas	Rogers (Puyallup)	10	20:37.70	04:28	06:38
86		651	WEBBER, Casey	Graham-Kapowsin	12	20:44.20	04:35	06:40