

2017 METRO 3A LEAGUE CROSS COUNTRY
Presented By Bainbridge & North Kitsap HS
Wednesday - September 26, 2017
Battle Point Park - Bainbridge Island
Men's Open - Team Results

RANK	TEAM	TEAM	PLACES OF FINISHERS							AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD
1	Bainbridge	15	1	2	3	4	5	8	9	18:09.17	02:04
2	West Seattle	55	7	19	20	23	24	30	31	20:54.63	01:50
3	Eastside Catholic	72	6	21	36	53	69	76		23:37.38	07:35

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Men's Open - Team Breakdown

Bainbridge			West Seattle		
Score	Name	Grade Time	Score	Name	Grade Time
1	BELKIN, Sebastian	11 16:38.00	7	SORENSEN, Travers	11 19:14.30
2	RUGGIERO, Carlo	11 17:16.70	10	TOLZMAN, August	10 20:37.40
3	MCVAY, Nathan	11 17:32.40	11	MCKINNEY, Joshua	12 20:53.00
4	CIBULA, Ben	12 18:22.80	13	BAIER, Mason	9 21:03.30
5	WESTERHOUT, Sean	9 18:42.10	14	HOWELL, Austin	12 21:04.70
8	WEISS, Jason	12 19:14.80	15	CARNEY, Jackson	10 21:33.10
9	WESTPHAL, Andrew	11 19:17.40	16	MAROON, Alec	12 21:56.60
15			55		

Eastside Catholic		
Score	Name	Grade Time
6	CANTINE, Aidan	11 18:44.20
12	REEVES, Nickolas	12 20:53.00
17	PARKER, Jake	9 22:13.10
18	BRIER, Nickolas	10 23:39.90
19	VISCARDI, Michael	9 26:19.60
20	GRAGLIA, Eduardo	9 29:54.50
72		

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Start Time
4:20 PM
Race Distance
5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	422	BELKIN, Sebastian	Bainbridge	11	16:38.00	00:00	05:21
2	2	454	RUGGIERO, Carlo	Bainbridge	11	17:16.70	00:38	05:34
3	3	448	MCVAY, Nathan	Bainbridge	11	17:32.40	00:54	05:39
4	4	429	CIBULA, Ben	Bainbridge	12	18:22.80	01:44	05:55
5	5	465	WESTERHOUT, Sean	Bainbridge	9	18:42.10	02:04	06:01
6	6	498	CANTINE, Aidan	Eastside Catholic	11	18:44.20	02:06	06:02
7	7	575	SORENSEN, Travers	West Seattle	11	19:14.30	02:36	06:12
8	8	464	WEISS, Jason	Bainbridge	12	19:14.80	02:36	06:12
9	9	466	WESTPHAL, Andrew	Bainbridge	11	19:17.40	02:39	06:13
10		468	WILLIAMS, Sean	Bainbridge	12	19:21.20	02:43	06:14
11		444	LANGSJOEN, Casey	Bainbridge	11	19:21.80	02:43	06:14
12		426	BOBACK, Trout	Bainbridge	10	19:28.90	02:50	06:16
13		435	GLASBY, Micah	Bainbridge	10	19:38.20	03:00	06:19
14		419	ALLEN, Reuben	Bainbridge	10	19:38.80	03:00	06:19
15		418	ALBERGINE, Steven	Bainbridge	10	19:40.50	03:02	06:20
16		442	KIMMERLEIN, Evan	Bainbridge	11	20:04.20	03:26	06:28
17		445	LEDOUX, Patrick	Bainbridge	11	20:24.10	03:46	06:34
18		439	JABLONER, Ari	Bainbridge	12	20:34.00	03:56	06:37
19	10	577	TOLZMAN, August	West Seattle	10	20:37.40	03:59	06:38
20	11	567	MCKINNEY, Joshua	West Seattle	12	20:53.00	04:15	06:43
21	12	496	REEVES, Nickolas	Eastside Catholic	12	20:53.00	04:15	06:43
22		432	FREEMAN-GLEASON, Declar	Bainbridge	10	20:59.50	04:21	06:45
23	13	548	BAIER, Mason	West Seattle	9	21:03.30	04:25	06:47
24	14	561	HOWELL, Austin	West Seattle	12	21:04.70	04:26	06:47
25		470	FLEMING, Spencer	Bainbridge	9	21:17.10	04:39	06:51
26		449	MORRIS, Samuel	Bainbridge	9	21:19.20	04:41	06:52
27		471	MCLENNAN, Declan	Bainbridge	9	21:19.70	04:41	06:52
28		458	TOMER, Jacob	Bainbridge	12	21:24.50	04:46	06:53
29		428	CARROLL, John	Bainbridge	12	21:30.70	04:52	06:55
30	15	551	CARNEY, Jackson	West Seattle	10	21:33.10	04:55	06:56
31	16	565	MAROON, Alec	West Seattle	12	21:56.60	05:18	07:04
32		446	MCDERMOTT, Söl	Bainbridge	9	22:02.60	05:24	07:06
33		436	GRANT, James Nick	Bainbridge	9	22:05.30	05:27	07:07
34		441	KETSA-ARD, Bank	Bainbridge	11	22:06.70	05:28	07:07
35		437	HANSEN, Akio	Bainbridge	11	22:09.50	05:31	07:08
36	17	494	PARKER, Jake	Eastside Catholic	9	22:13.10	05:35	07:09

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37		462	VROOM, Martin	Bainbridge	10	22:14.30	05:36	07:09
38		459	TOWNSEND, Nathaniel	Bainbridge	11	22:17.10	05:39	07:10
39		443	KOROL, Spencer	Bainbridge	12	22:30.30	05:52	07:15
40		434	GLASBY, Ethan	Bainbridge	9	22:32.70	05:54	07:15
41		447	MCKINNON, Adam	Bainbridge	10	22:43.40	06:05	07:19
42		431	DERNBACH, Hayden	Bainbridge	9	22:44.70	06:06	07:19
43		453	RAMIREZ, Javier	Bainbridge	11	22:58.30	06:20	07:24
44		452	PETERSON, Garrett	Bainbridge	10	23:09.70	06:31	07:27
45		451	OWEN, Andrew Frankie	Bainbridge	11	23:10.20	06:32	07:27
46		455	SANFORD, Connor	Bainbridge	11	23:10.30	06:32	07:27
47		420	BABCOCK O'NEILL, Conor	Bainbridge	10	23:15.60	06:37	07:29
48		461	VON SPECHT, Leander	Bainbridge	11	23:16.60	06:38	07:30
49		467	WESTPHAL, Max	Bainbridge	9	23:21.60	06:43	07:31
50		469	WINDROPE, Elliott	Bainbridge	11	23:21.80	06:43	07:31
51		427	BRANDON, Ryan	Bainbridge	9	23:26.70	06:48	07:33
52		456	STAUFFER, Alec	Bainbridge	10	23:38.60	07:00	07:37
53	18	488	BRIER, Nickolas	Eastside Catholic	10	23:39.90	07:01	07:37
54		574	SMITHGALL, Michael	West Seattle	10	23:40.00	07:02	07:37
55		425	BLAIR, Tobin	Bainbridge	9	23:42.50	07:04	07:38
56		547	ARIK, Ryan	West Seattle	9	23:53.70	07:15	07:41
57		554	DAVIS, Kieran	West Seattle	10	23:54.80	07:16	07:42
58		553	CLEARY, Samuel	West Seattle	12	23:58.80	07:20	07:43
59		433	FREEMAN-SHEEHY, Marc	Bainbridge	10	24:02.80	07:24	07:44
60		421	BAKER, David	Bainbridge	11	24:20.10	07:42	07:50
61		430	COUSINS, Henry	Bainbridge	9	24:27.80	07:49	07:52
62		450	NALLEY, Tanner	Bainbridge	9	24:47.20	08:09	07:59
63		463	WATSON, Emmett	Bainbridge	9	24:49.30	08:11	07:59
64		423	BENJAMIN, Silas	Bainbridge	10	24:50.60	08:12	08:00
65		566	MARTIN, Justin	West Seattle	12	24:50.80	08:12	08:00
66		440	KASPER, John	Bainbridge	9	24:52.50	08:14	08:00
67		457	SWANSON, Garrett	Bainbridge	9	24:53.10	08:15	08:01
68		562	KLOPFENSTIN, Kevin	West Seattle	9	26:05.40	09:27	08:24
69	19	497	VISCARDI, Michael	Eastside Catholic	9	26:19.60	09:41	08:28
70		570	PITT, Damien	West Seattle	9	26:23.40	09:45	08:30
71		424	NEIDELL, Aidan	Bainbridge	10	26:52.60	10:14	08:39
72		552	CHAU, Russell	West Seattle	11	28:24.50	11:46	09:09

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73		569	NOBIS, William	West Seattle	11	28:37.70	11:59	09:13
74		572	ROSE, Ben	West Seattle	9	29:01.30	12:23	09:20
75		460	VILKE, Miles	Bainbridge	10	29:34.60	12:56	09:31
76	20	491	GRAGLIA, Eduardo	Eastside Catholic	9	29:54.50	13:16	09:38