

**2017 METRO LEAGUE TRACK & FIELD - WEEK #3 - 4/12/2017****BAINBRIDGE - SEATTLE PREP - HOLY NAMES - O'DEA****BAINBRIDGE HIGH SCHOOL****Results****Girls 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points	Alternate
<b>Finals</b>						
1 Watt, Aisha	Seattle Prep	12.50	12.46	1	5	
2 Andersen, Kristen	Holy Names Academy	13.26	13.08	1	3	
3 Steele, Michelle	Seattle Prep	13.10	13.21	1	1	
4 Kennedy, Keara	Holy Names Academy	13.68	13.34	1		
5 Cook, Emily	Seattle Prep	13.58	13.48	1		
6 Sabey, Brooke	Holy Names Academy	13.82	13.55	2		
7 Gray, Victoria	Seattle Prep	13.33	x13.56	1		
8 Tweedy, Naderi	Seattle Prep	13.79	x13.58	2		
9 Cummings, Tor'zhae	Holy Names Academy	13.75	x13.67	2		
10 Laidler, Kristin	Holy Names Academy	13.86	x13.71	2		
11 Brown, Britanna	Holy Names Academy		x13.76	7		
12 Stephens, Jocelyn	Seattle Prep	13.91	x13.83	2		
13 Rasmussen, Rachel	Seattle Prep	14.11	x13.88	3		
14 Kline, Elena	Holy Names Academy		x13.91	7		
15 Hedrick, Meya	Holy Names Academy	14.09	x13.98	2		
16 Wilcox, Arianne	Holy Names Academy	14.24	x14.07	2	14.066	
17 Lipscomb, Alexis	Holy Names Academy	13.97	x14.07	2	14.069	
18 Keasler, Marlie	Bainbridge	14.58	14.25	1		
19 Young, Morgan	Holy Names Academy	14.42	x14.33	3		
20 Nguyen, Allison	Holy Names Academy		x14.34	7		
21 Joy, Leighton	Seattle Prep	14.37	x14.41	3		
22 Dorsey, Elana	Bainbridge	14.69	14.44	1		
23 Connell, Kayla	Holy Names Academy	14.60	x14.45	3		
24 Flynn, Maria	Bainbridge	14.62	14.50	3		
25 McNeil, Cait	Holy Names Academy	14.10	x14.51	3		
26 Sullivan, Margaret	Holy Names Academy	14.82	x14.53	3		
27 Hopps, Wanjiku	Seattle Prep	14.90	x14.56	4		
28 Wentworth, Nicole	Bainbridge	15.60	x14.85	5	14.847	
29 Aduddell, Lillian	Bainbridge		x14.85	6	14.850	
30 Patamia, Lily	Holy Names Academy	15.00	x14.86	4		
31 Trail, Sofia	Bainbridge	15.37	x14.93	4		
32 Fain, Capri	Bainbridge	15.25	x15.04	4		
33 Custer, Ella	Holy Names Academy	15.29	x15.05	4		
34 Miller, Natalie	Holy Names Academy	15.25	x15.06	4		
35 Nichols, Raphaela	Seattle Prep	14.48	x15.10	3		
36 Strauss, Mariana	Holy Names Academy	15.35	x15.12	4		
37 Patchen, Gianna	Seattle Prep		x15.17	6	15.165	
38 Ohrt, Olivia	Holy Names Academy	15.48	x15.17	5	15.168	
39 Pierson, Shelby	Holy Names Academy	15.60	x15.57	5		
40 Teshome, Ida	Seattle Prep	15.82	x15.58	5		
41 Tran, Annie	Holy Names Academy	15.96	x15.64	5		
42 Troyer, Brooke	Bainbridge	15.97	x15.72	5		
43 Fontaine, Isabella	Holy Names Academy		x15.73	7		
44 Saleem, Malaika	Holy Names Academy	16.17	x15.90	5		
45 Norton, Leila	Seattle Prep	16.22	x15.93	5	15.925	
46 Ndoci, Alisa	Bainbridge	16.68	x15.93	6	15.930	
47 Anderson, Roxanne	Seattle Prep		x16.40	6		
48 Santos-Magee, Mariana	Seattle Prep	16.84	x16.63	6		
49 Mazzarella, Sophia	Holy Names Academy		x18.99	7		

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Name	Year School	Seed	Finals	H#	Points	Alternate
1 Watt, Aisha	Seattle Prep	26.26	25.69	1	5	
2 Brundige, Emma	Bainbridge		26.27	1	3	
3 Andersen, Kristen	Holy Names Academy	27.21	27.09	1	1	27.081
4 Kennedy, Keara	Holy Names Academy	27.22	27.09	1	27.083	
5 Steele, Michelle	Seattle Prep	27.55	27.76	3		
6 York, Ellen	Bainbridge	28.19	27.89	1		
7 Stephens, Jocelyn	Seattle Prep		28.08	5		
8 Cook, Emily	Seattle Prep	28.34	x28.14	2		
9 Gray, Victoria	Seattle Prep	28.31	x28.29	1		
10 Sabey, Brooke	Holy Names Academy	29.04	28.34	2		
11 Laidler, Kristin	Holy Names Academy	28.61	x28.43	2		
12 Jordan, Grace	Seattle Prep	29.23	x28.78	2		
13 Hedrick, Meya	Holy Names Academy	28.66	x28.82	2		
14 Connell, Serena	Holy Names Academy		x28.88	5		
15 Joy, Leighton	Seattle Prep	29.69	x28.96	3		
16 Rasmussen, Rachel	Seattle Prep	29.07	x29.00	2		
17 Wilcox, Arianne	Holy Names Academy	28.91	x29.12	2		
18 Cummings, Tor'zhae	Holy Names Academy	29.12	x29.20	2		
19 Vranesh-Chubelashvil, Av	Holy Names Academy	30.57	x29.91	3		
20 Nguyen, Allison	Holy Names Academy		x30.18	5		
21 Nguyen, Alison	Holy Names Academy	30.21	x30.23	3		
22 McNeil, Cait	Holy Names Academy	30.02	x30.67	3		
23 Hopps, Wanjiku	Seattle Prep	30.72	x30.68	3		
24 Bjornson, Sarah	Seattle Prep	31.82	x31.36	4		
25 Pierson, Shelby	Holy Names Academy	32.02	x31.48	4		
26 Fain, Capri	Bainbridge		32.48	5		
27 Perin, Soleil	Seattle Prep		x32.57	5		
28 Duane, Kaili	Holy Names Academy	34.14	x33.11	4		
29 Teshome, Ida	Seattle Prep	33.06	x33.22	4		
30 Norton, Leila	Seattle Prep	34.28	x34.36	4		
31 Santos-Magee, Mariana	Seattle Prep	36.05	x35.53	5		

**Girls 400 Meter Dash**

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Andersen, Kristen	Holy Names Academy	1:02.44	1:01.83	1	5	
2 Ripple, Erin	Holy Names Academy		1:03.01	1	3	
3 Korican, McKenzie	Bainbridge	1:03.00	1:03.25	1	1	
4 vonRuden, Naomi	Bainbridge		1:03.99	1		
5 Tonsman, Hannah	Bainbridge	1:03.00	1:05.02	1		
6 Laidler, Kristin	Holy Names Academy		1:05.56	3		
7 Gunlogson, Grace	Holy Names Academy	1:06.76	x1:05.60	1		
8 Martin, Hannah	Holy Names Academy		x1:08.64	3		
9 Lysaker, Anasara	Holy Names Academy		x1:09.80	3		
10 Jelden, Montana	Holy Names Academy		x1:11.34	2		
11 Miller, Natalie	Holy Names Academy		x1:12.38	2		
12 Hopps, Wanjiku	Seattle Prep		1:12.57	1		
13 Duane, Kaili	Holy Names Academy		x1:16.23	3		
14 Bell, Kaitlin	Holy Names Academy	1:17.21	x1:16.84	2		
15 Strauss, Mariana	Holy Names Academy		x1:17.24	3		
16 Hadley, Margaux	Holy Names Academy		x1:17.52	3		

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17 Gudgel, Faith	Holy Names Academy	x1:19.06	3
18 Turner, Megan	Holy Names Academy	x1:26.32	3

**Girls 800 Meter Run**

Name	Year School	Seed	Finals	Points	Alternate
1 Oakes, Jordan	Holy Names Academy		2:14.46	5	
2 Velling, Emma	Holy Names Academy	2:27.30	2:25.73	3	
3 Scott, Anna	Bainbridge	2:30.78	2:25.90	1	
4 vonRuden, Naomi	Bainbridge		2:26.68		
5 Hoffman, Maeve	Holy Names Academy	2:28.53	2:27.47		
6 Tanaka, Jocie	Holy Names Academy	2:39.80	x2:36.63		
7 Brooks, Julia	Bainbridge	2:38.65	2:38.63		
8 Barkley, Lauren	Holy Names Academy	2:39.50	x2:39.43		
9 Mackenzie-Pickar, Madiso	Seattle Prep		2:40.25		
10 Costello, Ellie	Holy Names Academy	2:45.70	x2:42.83		
11 McVay, Jacqueline	Bainbridge		x2:43.05		
12 Stonkus, Amelia	Holy Names Academy	2:57.50	x2:45.46		
13 Meier, Josephine	Bainbridge		x2:45.97		
14 Tobin, Riva	Seattle Prep		2:49.05		
15 Scukas, Camille	Seattle Prep		2:51.30		
16 Miller, Jane	Holy Names Academy	3:01.99	x3:03.75		

**Girls 1600 Meter Run**

Name	Year School	Seed	Finals	Points	Alternate
1 Kopf, Ellie	Seattle Prep	5:29.30	5:16.48	5	
2 Ripple, Erin	Holy Names Academy		5:16.70	3	
3 Klebeck, Lucy	Holy Names Academy	5:26.20	5:19.39	1	
4 Velling, Emma	Holy Names Academy	5:27.82	5:29.65		
5 Frank, Gabi	Holy Names Academy	5:35.94	x5:41.73		
6 Potts, Abigail	Seattle Prep	5:58.37	5:50.93		
7 Wellman, Grace	Seattle Prep	6:00.72	5:53.38		
8 Olbricht, Hope	Holy Names Academy	5:50.01	x5:53.76		
9 DeOra, Paige	Seattle Prep	5:59.72	x5:54.00		
10 Mohn, Olivia	Holy Names Academy	6:04.39	x5:56.19		
11 Johnson, Tess	Seattle Prep	5:58.70	x6:07.96		
12 Nelson, Louise	Holy Names Academy	6:04.32	x6:09.17		
13 Mullagan, Lauren	Seattle Prep	6:30.19	x6:28.77		
14 Keaton, Sarah	Seattle Prep	6:23.25	x6:31.68		
15 Kopp, Grace	Seattle Prep	6:38.71	x6:35.91		
16 Burgess-Alm, Haley	Seattle Prep	6:38.96	x6:36.29		
17 Tobin, Riva	Seattle Prep	6:17.16	x6:36.41		
18 Malone, Ellie	Seattle Prep		x6:37.52		
19 Collins, Catherine	Seattle Prep	6:48.74	x6:38.02		
20 Miller, Jane	Holy Names Academy	6:47.41	x6:57.37		
21 McFaul, Bridget	Holy Names Academy	7:13.60	x7:06.70		

**2017 METRO LEAGUE TRACK & FIELD - WEEK #3 - 4/12/2017****BAINBRIDGE - SEATTLE PREP - HOLY NAMES - O'DEA****BAINBRIDGE HIGH SCHOOL****Results****Girls 3200 Meter Run**

Name	Year School	Seed	Finals	Points	Alternate
1 Tonsman, Hannah	Bainbridge		11:43.43	5	
2 Graham, Suzanna	Seattle Prep	12:31.53	11:48.70	3	
3 Martinez, Colleen	Holy Names Academy	12:16.12	11:52.60	1	
4 Dietrich, Julianna	Holy Names Academy		11:57.66		
5 Klebeck, Lucy	Holy Names Academy		12:10.40		
6 Frank, Gabi	Holy Names Academy	13:10.80	x12:11.90		
7 Martinez, Lucy	Holy Names Academy	13:23.10	x12:19.89		
8 Weiss, Addie	Seattle Prep		12:30.75		
9 Jelden, Montana	Holy Names Academy	14:18.99	x14:13.06		
-- Reeves, Gabriella	Holy Names Academy		DNF		

**Girls 100 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Taylor, Natalie	Bainbridge	18.00	16.71	1	5	
2 Havens, Adelaide	Holy Names Academy	17.65	17.41	1	3	
3 O'Donnell, Sarah	Seattle Prep	18.49	17.88	1	1	
4 Anderson, Maxine	Holy Names Academy	18.34	18.09	1		
5 Livingston, Sara	Holy Names Academy	18.82	18.22	1		
6 Jordan, Grace	Seattle Prep	19.92	18.51	2		
7 Dittmaier, Gretchen	Seattle Prep	18.59	18.54	1		
8 Kauffman, Jianna	Bainbridge	18.94	18.65	2		
9 Hale, Stefanie	Holy Names Academy	18.64	x19.22	1		
10 Trail, Sofia	Bainbridge	19.21	19.38	2		
11 Laboda, Kate	Holy Names Academy		x20.53	2		
12 Kessler, Katherine	Seattle Prep	21.40	x21.11	2		
13 Campbell, Alex	Seattle Prep	21.01	x21.76	2		
14 Bjornson, Sarah	Seattle Prep	20.48	x22.05	2		

**Girls 300 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Kennedy, Keara	Holy Names Academy	48.31	48.80	1	5	
2 Taylor, Natalie	Bainbridge	49.53	48.81	1	3	
3 Anderson, Maxine	Holy Names Academy	51.10	50.45	1	1	
4 Weaver, Audrey	Bainbridge	51.20	50.50	1		
5 Messinger, Elizabeth	Bainbridge	51.91	50.60	2		
6 Hedrick, Meya	Holy Names Academy	51.22	50.67	1		
7 Havens, Adelaide	Holy Names Academy	51.51	x51.17	1		
8 Jordan, Grace	Seattle Prep	51.27	51.21	1		
9 Brown, Britanna	Holy Names Academy	52.79	x51.82	2		
10 Dittmaier, Gretchen	Seattle Prep	52.65	52.71	1		
11 Marshall, Maia	Holy Names Academy	52.88	x53.67	2		
12 Hale, Stefanie	Holy Names Academy	54.47	x55.01	2		
13 Detuerk, Megan	Holy Names Academy	53.41	x56.40	2		
14 Laboda, Kate	Holy Names Academy	54.81	x56.41	2		
15 Bjornson, Sarah	Seattle Prep	57.02	57.05	3		
16 Campbell, Alex	Seattle Prep	1:00.04	x59.61	3		
17 Teshome, Ida	Seattle Prep	1:01.45	x1:00.02	4		
18 Patchen, Gianna	Seattle Prep	1:00.71	x1:01.72	3		

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19 Fain, Capri	Bainbridge	1:00.11	x1:02.23	3
20 Bourmatnov, Amy	Bainbridge	59.08	x1:02.39	3
21 Gerlach, Samantha	Bainbridge	1:04.00	x1:03.83	4
22 Frigillana, Mikaela	Seattle Prep	1:00.71	x1:06.21	3
23 Miller, Marie	Bainbridge		x1:07.50	3
24 Ndoci, Alisa	Bainbridge	1:03.21	x1:08.13	4

**Girls 4x100 Meter Relay**

School	Seed	Finals	Points	Alternate
1 Seattle Prep 'A'		51.97	5	
1) Cook, Emily	2) Steele, Michelle			
3) Gray, Victoria	4) Watt, Aisha			
2 Holy Names Academy 'A'		54.22	3	
1) Brown, Britanna	2) Cummings, Tor'zhae			
3) Connell, Kayla	4) Connell, Serena			
3 Holy Names Academy 'B'		x55.10		
1) Detuerk, Megan	2) Kline, Elena			
3) McNeil, Cait	4) Wilcox, Arianne			
4 Bainbridge 'A'		55.50		
1) York, Ellen	2) Keasler, Marlie			
3) Flynn, Maria	4) Kauffman, Jianna			
5 Holy Names Academy 'C'		x58.32		
1) Ohrt, Olivia	2) Patamia, Lily			
3) Tran, Annie	4) Vranesh-Chubelashvil, Avry			

**Girls 4x200 Meter Relay**

School	Seed	Finals	Points	Alternate
1 Seattle Prep 'A'		1:50.54	5	
1) Tweedy, Naderi	2) Stephens, Jocelyn			
3) Mackenzie-Pickar, Madison	4) Gray, Victoria			
2 Holy Names Academy 'B'		x1:58.07		
1) Custer, Ella	2) Mazzarella, Sophia			
3) Vial, Cassidy	4) Fontaine, Isabella			
3 Holy Names Academy 'C'		x2:15.75		
1) Detuerk, Megan	2) Nguyen, Alison			
3) Velling, Emma	4) Gunlogson, Grace			

**Girls 4x400 Meter Relay**

School	Seed	Finals	Points	Alternate
1 Bainbridge 'A'	4:15.00	4:23.34	5	
1) Korican, McKenzie	2) Scott, Anna			
3) Tonsman, Hannah	4) Brundige, Emma			
2 Bainbridge 'B'	4:20.00	x4:32.44		
1) Weaver, Audrey	2) Messinger, Elizabeth			
3) Brooks, Julia	4) Taylor, Natalie			
3 Holy Names Academy 'A'		4:37.46	3	
1) Blahato, Valeria	2) Hemmen, Katelynn			
3) Tran, Annie	4) Richmond, Hayley			

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4	Holy Names Academy 'B'			x4:44.07
	1) Alemayehu, Meeraf	2) Yitref, Naomi		
	3) Cummings, Tor'zhae	4) Sabey, Brooke		
5	Holy Names Academy 'C'			x4:50.66
	1) Lipscomb, Alexis	2) Martin, Hannah		
	3) Marshall, Maia	4) Young, Morgan		
6	Bainbridge 'C'			x5:10.22
7	Holy Names Academy 'D'			x5:25.92
	1) Anderson, Maxine	2) Tanaka, Victoria		
	3) Sullivan, Margaret	4) Saleem, Malaika		
8	Holy Names Academy 'E'			x5:27.53
	1) Gunlogson, Grace	2) Lysaker, Anasara		
	3) Nguyen, Allison	4) Barkley, Lauren		

**Girls High Jump**

Name	Year School	Seed	Finals	Points	Alternate
1 Kennedy, Keara	Holy Names Academy	4-10.00	5-00.00	5	
2 Velling, Emma	Holy Names Academy	4-10.00	4-10.00	3	
3 Kessler, Katherine	Seattle Prep	4-09.00	4-06.00	1	
4 Joy, Leighton	Seattle Prep	4-06.00	4-02.00		
5 Stonkus, Amelia	Holy Names Academy	4-00.00	4-00.00		

**Girls Pole Vault**

Name	Year School	Seed	Finals	Points	Alternate
1 Chee, Emma	Bainbridge	10-00.00	9-00.00	5	
2 Kline, Elena	Holy Names Academy	8-00.00	8-00.00	3	
3 Halpin, Bryn	Holy Names Academy	9-00.00	7-06.00	1	
4 Taylor, Natalie	Bainbridge	7-00.00	J7-06.00		

**Girls Long Jump**

Name	Year School	Seed	Finals	Points	Alternate
1 Brundige, Emma	Bainbridge	16-03.75	16-06.00	5	
2 O'Donnell, Sarah	Seattle Prep		15-05.00	3	
3 Lipscomb, Alexis	Holy Names Academy	15-09.50	15-03.25	1	
4 York, Ellen	Bainbridge	15-05.75	14-08.50		
5 Stephens, Jocelyn	Seattle Prep	13-03.25	14-01.75		
6 Joy, Leighton	Seattle Prep	11-11.00	14-00.50		
7 Young, Morgan	Holy Names Academy	13-09.25	13-11.50		
8 McCoy, Janea	Holy Names Academy	13-04.50	13-08.75		
9 Cook, Emily	Seattle Prep	13-10.75	x13-06.75		
9 Dorsey, Elana	Bainbridge	12-06.00	13-06.75		
11 Nguyen, Allison	Holy Names Academy		x13-03.75		
12 Rasmussen, Rachel	Seattle Prep	12-04.75	x13-03.25		
13 Bourmatnov, Amy	Bainbridge	12-08.50	x12-10.50		
14 Nguyen, Alison	Holy Names Academy	13-00.25	x12-06.25		
15 Nichols, Raphaela	Seattle Prep	13-00.00	x12-05.50		
16 Fontaine, Isabella	Holy Names Academy	12-01.50	x12-04.00		
17 Wentworth, Nicole	Bainbridge	11-09.50	x12-00.25		

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18	Keasler, Marlie	Bainbridge	12-01.75	x11-04.75
19	Troyer, Brooke	Bainbridge	12-05.75	x11-02.25
20	Hadley, Margaux	Holy Names Academy		x9-11.00

**Girls Triple Jump**

Name	Year	School	Seed	Finals	Points	Alternate
1	Lipscomb, Alexis	Holy Names Academy	32-05.00	31-02.00	5	
2	Flynn, Maria	Bainbridge	31-07.75	31-00.50	3	
3	Young, Morgan	Holy Names Academy	29-11.00	30-10.00	1	
4	O'Donnell, Sarah	Seattle Prep	30-11.00	30-02.00		
5	Havens, Adelaide	Holy Names Academy	30-02.50	29-09.00		

**Girls Shot Put**

Name	Year	School	Seed	Finals	Points	Alternate
1	Cisneros, Grace	Bainbridge	29-09.50	31-01.50	5	
2	Nduka, Gloria	Holy Names Academy	31-01.00	30-07.00	3	
3	Forster, Romy	Holy Names Academy	29-01.50	28-06.00	1	
4	Abel, Marie	Holy Names Academy	27-04.00	27-07.50		
5	Shikany, Colleen	Holy Names Academy	30-08.50	x27-06.00		
6	Rovelstad, Maya	Bainbridge	24-10.00	26-03.00		
7	Patrick, Nailah	Seattle Prep	24-00.00	24-06.50		
8	Techane, Betelhem	Holy Names Academy	23-02.50	x23-08.50		
9	Hart, Kamaya	Seattle Prep	23-06.00	23-00.50		
10	Vranesh-Chubelashvil, Av	Holy Names Academy	21-06.50	x22-00.50		
11	Blahato, Valeria	Holy Names Academy	21-09.50	x21-01.50		
12	Hidaru, Danayt	Holy Names Academy	22-04.50	x21-00.50		
13	Green, Marjette	Holy Names Academy	19-07.00	x20-09.00		
14	Swietlik, Madeline	Bainbridge	21-04.50	20-08.00		
15	Anderson, Samantha	Bainbridge	22-02.00	x20-03.00		
16	Heaney, Grace	Holy Names Academy	18-09.00	x19-11.50		
17	Duane, Kaili	Holy Names Academy	17-07.50	x19-05.00		
18	Tesfaye, Leily	Holy Names Academy	18-07.50	x19-02.50		
19	Gudgel, Faith	Holy Names Academy	19-05.00	x19-01.00		
20	Alemayehu, Meeraf	Holy Names Academy	16-09.00	x18-10.50		
21	Richmond, Hayley	Holy Names Academy		x18-04.00		
22	Wilcox, Arianne	Holy Names Academy	20-01.50	x18-02.50		
23	McPherson, Mary	Bainbridge	17-11.00	x17-07.00		
24	Bell, Kaitlin	Holy Names Academy	17-06.00	x17-04.50		
25	Trapp, Kelsey	Bainbridge	17-03.00	x15-06.50		
26	Yitref, Naomi	Holy Names Academy		x12-05.00		

**Girls Discus Throw**

Name	Year	School	Seed	Finals	Points	Alternate
1	Anderson, Samantha	Bainbridge	83-10.50	82-05.50	5	
2	Shikany, Colleen	Holy Names Academy	85-00	80-09	3	
3	Nduka, Gloria	Holy Names Academy	72-03	72-06.50	1	
4	Carden, Tess	Holy Names Academy	76-01	70-05.50		
5	Abel, Marie	Holy Names Academy	73-01	x68-04.50		

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6	Techane, Betelhem	Holy Names Academy	63-00	x65-08.50
7	Hart, Kamaya	Seattle Prep	63-11	64-07
8	Forster, Romy	Holy Names Academy	65-06	x62-04
9	Patrick, Nailah	Seattle Prep	62-02	61-06
10	Vranesh-Chubelashvil, Av	Holy Names Academy	61-00	x55-11
11	Rovelstad, Maya	Bainbridge		55-08
12	Swietlik, Madeline	Bainbridge	59-11	55-04
13	Blahato, Valeria	Holy Names Academy	58-09	x53-00
14	Gudgel, Faith	Holy Names Academy		x51-00
14	Hidaru, Danayt	Holy Names Academy	54-02	x51-00
16	Heaney, Grace	Holy Names Academy	43-08	x50-06
17	Piper-Tremain, Lula	Bainbridge	49-01.50	x45-02
18	Navarro, Alyssa	Holy Names Academy	48-00	x44-03
19	Richmond, Hayley	Holy Names Academy		x41-09
20	Trapp, Kelsey	Bainbridge	42-10	x41-00.50
21	Duane, Kaili	Holy Names Academy	38-07	x40-02.50
22	Green, Marjette	Holy Names Academy	46-02	x39-09
23	Alemayehu, Meeraf	Holy Names Academy		x38-03.50
24	Tesfaye, Leily	Holy Names Academy	35-07	x34-03
25	McPherson, Mary	Bainbridge	36-02.50	x33-06.50

**Boys 100 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points	Alternate
1	Mafilas, Evan	O'Dea	11.58	11.10	1	5	
2	Brundige, Cole	Bainbridge	11.50	11.42	1	3	
3	Jung, Eric	Bainbridge	11.81	11.81	1	1	
4	Galindo Navarro, Benjami	Seattle Prep	11.97	11.99	1		
5	McDonald, Jackson	O'Dea	12.06	12.07	1		
6	Van Winkle, Thad	O'Dea	12.17	12.08	1		
7	Dever, Eli	Seattle Prep	12.13	12.09	1		
8	Cooper, Fredrick	O'Dea	13.00	x12.10	3		
9	Berquist, Carter	Seattle Prep	12.40	12.30	2		
10	Liago, Gabe	Seattle Prep	12.62	x12.42	2		
11	Rauzi, Kyle	Seattle Prep	12.80	x12.44	2		
12	Blake, Gabe	Seattle Prep	12.48	x12.45	2	12.443	
13	Cruz, Dakota	O'Dea	12.60	x12.45	2	12.444	
14	Smith, Nathan	Seattle Prep	12.58	x12.56	2		
15	Rooney, Connor	O'Dea	12.96	x12.75	3		
16	Cibula, Ben	Bainbridge	12.94	12.81	3		
17	Bihuya, Nico	O'Dea	13.06	x12.95	3	12.942	
18	Sutton-Adams, Nikiah	O'Dea	13.35	x12.95	4	12.947	
19	Huey, Jack	Seattle Prep	12.95	x12.98	3		
20	Artis, Isaiah	O'Dea	13.32	x13.15	4	13.149	
21	Ulugalu, Michael	O'Dea	12.94	x13.15	3	13.150	
22	Ledoux, Patrick	Bainbridge		x13.20	5		
23	Hoang, Khanh	Seattle Prep	13.16	x13.22	4		
24	Kitashima, Kiegan	O'Dea	13.47	x13.36	4		
25	Kemp, Samuel	O'Dea	13.96	x13.49	5		
26	Tweiten, Ezra	Bainbridge	13.56	x13.57	4		
27	Bruneau, Slade	Seattle Prep	13.29	x13.60	4		
28	Pelayo, Jeffrey	Seattle Prep	13.84	x13.70	4		
29	Pappas, Marcus	O'Dea	13.98	x13.73	5	13.723	



**2017 METRO LEAGUE TRACK & FIELD - WEEK #3 - 4/12/2017****BAINBRIDGE - SEATTLE PREP - HOLY NAMES - O'DEA****BAINBRIDGE HIGH SCHOOL****Results****....Boys 100 Meter Dash**

30	Brogan, Adrian	Seattle Prep	13.73	x13.73	4	13.724
31	Bennett, Ronan	Bainbridge	14.35	x14.18	5	
32	Hunter, Nile	O'Dea	14.91	x14.74	5	
33	Dixon, Davion	O'Dea		x15.19	5	
34	Fant, Aaron	O'Dea		x16.23	5	

**Boys 200 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points	Alternate
1	Longley, Wyatt	Bainbridge	24.11	23.30	1	5	
2	Floyd, Quinn	Seattle Prep	24.06	23.79	1	3	
3	Galindo Navarro, Benjami	Seattle Prep	23.88	23.96	1	1	
4	Johnson, Chance	O'Dea	25.00	24.30	1		
5	Kimmerlein, Evan	Bainbridge	24.44	24.51	1		
6	Dever, Eli	Seattle Prep	24.70	24.66	2		
7	Hendrickson, Aarun	O'Dea	24.63	24.74	1		
8	Cooper, Fredrick	O'Dea		24.86	5		
9	Matt, Corin	Seattle Prep	25.24	x24.98	2		
10	von Specht, Leander	Bainbridge	25.32	25.24	2		
11	Bonnet, Yale	Seattle Prep	24.70	x25.50	1		
12	Lindsey, Sean	Bainbridge	25.60	x25.75	2		
13	Cruz, Dakota	O'Dea	25.80	x25.77	2		
14	Van Winkle, Thad	O'Dea		x25.79	5		
15	Liago, Gabe	Seattle Prep	26.01	x25.89	3		
16	Smith, Nathan	Seattle Prep	26.31	x26.18	3		
17	Cibula, Ben	Bainbridge	25.55	x26.24	2		
18	Tafia, Mark	O'Dea		x26.38	5		
19	Rauzi, Kyle	Seattle Prep	26.58	x26.58	3		
20	Smith, Lucas	O'Dea	26.54	x26.61	3		
21	Sanford, Connor	Bainbridge	27.84	x26.74	4		
22	Tamura, Kevin	O'Dea	26.63	x26.81	3		
23	Washington, Siaire	O'Dea	27.14	x27.26	4	27.254	
24	Miles, Anton	O'Dea	26.66	x27.26	4	27.256	
25	Hoang, Khanh	Seattle Prep	27.31	x27.35	4		
26	Bihuya, Nico	O'Dea		x27.58	5		
27	Kitashima, Kiegan	O'Dea	28.13	x27.92	4		
28	Ulugalu, Michael	O'Dea		x28.54	5	28.537	
29	Pelayo, Jeffrey	Seattle Prep	29.04	x28.54	5	28.540	
30	Brogan, Adrian	Seattle Prep	28.38	x28.62	4		

**Boys 400 Meter Dash**

Name	Year	School	Seed	Finals	H#	Points	Alternate
1	Brundige, Cole	Bainbridge	52.24	51.59	1	5	
2	Lewis, Sean	O'Dea	53.83	51.98	1	3	
3	Kimmerlein, Evan	Bainbridge	53.61	53.48	1	1	
4	Johnson, Chance	O'Dea	55.00	54.46	1		
5	Matt, Corin	Seattle Prep	55.73	54.49	1		
6	von Specht, Leander	Bainbridge	55.70	54.66	1		
7	Bonnet, Yale	Seattle Prep	54.70	54.67	1		
8	Hendrickson, Aarun	O'Dea	55.75	56.06	1		
9	Altig, Cole	Seattle Prep		56.07	2		

**2017 METRO LEAGUE TRACK & FIELD - WEEK #3 - 4/12/2017****BAINBRIDGE - SEATTLE PREP - HOLY NAMES - O'DEA****BAINBRIDGE HIGH SCHOOL****Results****....Boys 400 Meter Dash**

10	Miller, Ben	O'Dea	57.11	x57.05	2	
11	Forsythe, Rowan	Seattle Prep		x57.26	3	
12	Cibula, Ben	Bainbridge	1:00.00	x57.82	2	
13	Espiritu, Adam	O'Dea	58.38	x59.27	2	
14	Sanford, Connor	Bainbridge	59.13	x59.59	2	
15	Thomas, Calvin	O'Dea		x59.77	3	59.768
15	Miles, Anton	O'Dea		x59.77	3	59.768
17	Carlson, Matthew	Bainbridge		x1:00.24	2	
18	Keasey, Robert	O'Dea		x1:14.07	2	

**Boys 800 Meter Run**

Name	Year	School	Seed	Finals	Points	Alternate
1	Brennan, James	Seattle Prep	2:04.13	2:00.27	5	
2	Ruggiero, Carlo	Bainbridge	2:02.00	2:00.39	3	
3	Hall, Carter	Bainbridge	2:04.00	2:03.06	1	
4	Brennan, Conor	Seattle Prep		2:03.23		
5	Sheh, Joe	Seattle Prep	2:05.11	2:04.15		
6	Hammer, Kyle	Bainbridge	2:05.00	2:05.54		
7	Killalea, Jack	Seattle Prep		x2:10.27		
8	Oakes, Evan	O'Dea	2:13.70	2:13.85		
9	Estep, Nicolas	O'Dea	2:23.26	2:19.68		
10	Carlson, Matthew	Bainbridge		x2:20.38		
11	Klein, Cooper	Seattle Prep		x2:23.27		
12	Stoner, Jack	Seattle Prep	2:24.48	x2:23.75		
13	Sailer, Brendan	O'Dea		2:24.32		
14	Farmer, Colin	O'Dea		x2:25.63		
15	Wilgis, Christian	Seattle Prep		x2:32.13		
16	Kratz, Sam	Seattle Prep	2:35.56	x2:33.02		
17	Paez, Gael	Seattle Prep		x2:34.38		
18	Scott, Patrick	Seattle Prep		x2:46.58		

**Boys 1600 Meter Run**

Name	Year	School	Seed	Finals	Points	Alternate
1	Mohn, Isaac	O'Dea	4:37.00	4:38.48	5	
2	Killalea, Jack	Seattle Prep	4:44.73	4:40.93	3	
3	Hogan, Andrew	O'Dea	4:52.20	4:46.24	1	
4	Kent, Moses	Seattle Prep	4:50.36	4:52.19		
5	Gruen, Henry	Seattle Prep	4:50.35	4:52.32		
6	Oakes, Evan	O'Dea	4:57.78	4:53.10		
7	McVay, Nathan	Bainbridge	4:57.33	4:57.60		
8	Klein, Cooper	Seattle Prep	5:01.05	x4:59.66		
9	Lindsey, Sean	Bainbridge		5:06.59		
10	Kessler, Matthew	Seattle Prep	5:00.34	x5:07.88		
11	Farmer, Colin	O'Dea	5:21.14	x5:17.18		
12	Skovron, Danny	O'Dea	5:23.43	x5:18.00		
13	Gauyan, Izzy	O'Dea	5:26.04	x5:23.88		
14	Soldow, Ben	Bainbridge		5:25.67		
15	Lancaster, Omar	Bainbridge		x5:33.13		
16	Boback, Trout	Bainbridge	5:44.73	x5:35.86		
17	Lewis-Sandy, Joshua	Bainbridge		x5:37.01		

**2017 METRO LEAGUE TRACK & FIELD - WEEK #3 - 4/12/2017****BAINBRIDGE - SEATTLE PREP - HOLY NAMES - O'DEA****BAINBRIDGE HIGH SCHOOL****Results****....Boys 1600 Meter Run**

18 Maher, Sam	O'Dea		x5:40.26
19 Hallinan, Skyler	Bainbridge	5:21.02	x5:44.99
20 Dauber, Ryan	Seattle Prep	6:01.53	x5:55.75
21 Calozzi, Steven	O'Dea	6:31.29	x6:27.74
22 Gall, Robert	Seattle Prep	6:23.83	x6:31.62

**Boys 3200 Meter Run**

Name	Year School	Seed	Finals	Points	Alternate
1 Belkin, Sebastian	Bainbridge		9:56.39	5	
2 Mohn, Isaac	O'Dea		10:08.09	3	
3 Carlson, Jacob	Bainbridge		10:19.94	1	
4 Hogan, Andrew	O'Dea		10:36.33		
5 Wilson, Abe	O'Dea	11:01.01	10:46.50		
6 Killalea, Jack	Seattle Prep	10:01.91	11:47.86		
7 Kent, Moses	Seattle Prep		12:30.81		

**Boys 110 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Lewis, Quinton	O'Dea	17.00	15.75	1	5	
2 Jenkins, Savion	Seattle Prep	16.19	15.78	1	3	
3 Jones, Peter	O'Dea	16.56	16.33	1	1	
4 De la cruz, Ben	Seattle Prep	17.01	17.03	1		
5 Johnson, Chance	O'Dea	17.96	17.70	1		
6 Rauzi, Kyle	Seattle Prep	21.95	20.53	1		
7 Bruneau, Slade	Seattle Prep		x20.61	1		
8 Davis, Blake	Seattle Prep		x21.35	1		
9 Smith, Nathan	Seattle Prep		x22.56	2		
10 Munar, Paul	Seattle Prep		x22.69	2		

**Boys 300 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points	Alternate
1 Jenkins, Savion	Seattle Prep	44.65	44.19	1	5	
2 Windrope, Elliott	Bainbridge	45.76	45.25	1	3	
3 Berquist, Carter	Seattle Prep	45.93	46.00	1	1	
4 Mahoney, Sean	O'Dea	47.03	48.33	1		
5 Allen, Reuben	Bainbridge	50.07	48.96	1		
6 Davis, Blake	Seattle Prep	52.63	49.89	2		
7 Bruneau, Slade	Seattle Prep	51.46	x51.62	1		
8 Hansen, Akio	Bainbridge	51.60	52.53	1		
9 Brogan, Adrian	Seattle Prep	51.61	x52.54	2		
10 Rauzi, Kyle	Seattle Prep	54.46	x53.09	2		
11 Smith, Nathan	Seattle Prep	55.24	x54.51	2		
12 Ledoux, Patrick	Bainbridge	51.77	x54.61	2		
13 Munar, Paul	Seattle Prep	57.07	x57.07	2		

**2017 METRO LEAGUE TRACK & FIELD - WEEK #3 - 4/12/2017****BAINBRIDGE - SEATTLE PREP - HOLY NAMES - O'DEA****BAINBRIDGE HIGH SCHOOL****Results****Boys 4x100 Meter Relay**

School	Seed	Finals	Points	Alternate
1 O'Dea 'A'	46.77	46.12	5	
1) Johnson, Montineze				2) Johnson, Chance
3) Cruz, Dakota				4) McDonald, Jackson
2 Seattle Prep 'A'		46.23	3	
1) Floyd, Quinn				2) Berquist, Carter
3) Dever, Eli				4) Galindo Navarro, Benjamin
3 O'Dea 'B'		x48.65		
1) Davis, Andre				2) Tafia, Mark
3) Hunter, Cyrus				4) Bihuya, Nico
4 O'Dea 'D'		x49.74		
1) Thomas, Calvin				2) Mahoney, Sean
3) Artis, Isaiah				4) Miles, Anton
-- O'Dea 'C'		DQ		
1) Tamura, Kevin				2) Kitashima, Kiegan
3) Pappas, Marcus				4) Rooney, Connor

**Boys 4x400 Meter Relay**

School	Seed	Finals	Points	Alternate
1 Bainbridge 'A'	3:30.00	3:31.89	5	
1) Brundige, Cole				2) Ruggiero, Carlo
3) Kimmerlein, Evan				4) Longley, Wyatt
2 Bainbridge 'B'	3:40.00	x3:55.15		
1) Hammer, Kyle				2) Sanford, Connor
3) von Specht, Leander				4) Allen, Reuben
3 Bainbridge 'C'		x4:22.56		

**Boys High Jump**

Name	Year School	Seed	Finals	Points	Alternate
1 Windrope, Elliott	Bainbridge	5-04.00	5-04.00	5	

**Boys Pole Vault**

Name	Year School	Seed	Finals	Points	Alternate
1 DePina, Oliver	O'Dea	12-06.00	12-06.00	5	
2 Baird, Bo	Bainbridge	11-00.00	12-00.00	3	
3 Malkoski, Milo	O'Dea		11-00.00	1	
4 Hobbs, Will	Bainbridge	8-00.00	9-00.00		
5 Weiss, Conrad	Bainbridge	8-00.00	8-00.00		

**Boys Long Jump**

Name	Year School	Seed	Finals	Points	Alternate
1 Floyd, Quinn	Seattle Prep	20-11.50	20-10.75	5	
2 Lewis, Quinton	O'Dea		19-04.00	3	
3 Blake, Gabe	Seattle Prep	18-10.00	18-00.50	1	
4 Mathers, Cooper	O'Dea	17-03.75	17-10.50		

**2017 METRO LEAGUE TRACK & FIELD - WEEK #3 - 4/12/2017****BAINBRIDGE - SEATTLE PREP - HOLY NAMES - O'DEA****BAINBRIDGE HIGH SCHOOL****Results****....Boys Long Jump**

5	Berquist, Carter	Seattle Prep	17-00.00	17-02.75
6	Mafilas, Evan	O'Dea		16-08.25
7	Dorgan, Erik	O'Dea		x16-05.25
8	Jones, Peter	O'Dea		x16-04.25
9	Sutton-Adams, Nikiah	O'Dea	13-09.50	x15-01.50
10	Liago, Gabe	Seattle Prep	17-09.00	x14-05.75
11	Tweiten, Ezra	Bainbridge	14-05.50	14-04.00
12	Eugene, Declan	O'Dea	14-00.50	x13-10.00
13	Kemp, Samuel	O'Dea	14-08.00	x13-02.75

**Boys Triple Jump**

Name	Year	School	Seed	Finals	Points	Alternate
1		Johnson, Montineze	O'Dea	42-06.50	42-11.00	5
2		Mathers, Cooper	O'Dea		31-10.50	3
3		Dorgan, Erik	O'Dea	30-06.50	31-05.00	1
4		Hansen, Akio	Bainbridge		31-03.00	
5		Kemp, Samuel	O'Dea		x28-08.00	

**Boys Shot Put**

Name	Year	School	Seed	Finals	Points	Alternate
1		Korican, Griffin	O'Dea	45-05.00	45-04.00	5
2		Klingler, Myles	O'Dea	40-10.50	40-04.00	3
3		Dixon, Davion	O'Dea	38-08.00	38-00.00	1
4		Macedo, Martin	O'Dea	36-02.50	x37-07.00	
5		McDonald, Jackson	O'Dea	38-06.00	x36-09.00	
6		Tolentino, Cory	Seattle Prep	36-04.00	36-00.00	
7		Blake, Gabe	Seattle Prep		35-07.00	
8		Hollins, Matae	O'Dea	35-10.00	x35-06.00	
9		Tabisola, Joe	Bainbridge	35-05.00	33-00.00	
10		Weaver, Elliot	Bainbridge	33-04.00	32-05.00	
11		Huey, Jack	Seattle Prep	31-02.00	32-04.00	
12		Bakken, Jared	O'Dea	30-09.00	x31-05.00	
13		Helwege, Preston	O'Dea	33-09.00	x30-09.50	
14		Moran, Dugan	O'Dea	30-10.00	x30-05.00	
15		Adams, Jamon	O'Dea	29-03.00	x28-10.00	
16		Sakay, Jaden	Seattle Prep	26-03.00	x28-00.00	
17		Burks, Jackson	Seattle Prep	28-00.00	x27-07.00	
18		Ausbrooks, Nick	O'Dea		x27-03.00	
19		Zuleger, Matthew	Bainbridge		26-00.00	
20		Salisbury, Omari	O'Dea	27-04.00	x25-08.00	
21		Velasquez, Nico	O'Dea	24-05.00	x25-05.00	
22		Stowers, Isaac	O'Dea	23-00.00	x23-01.00	
23		Bradley, Chris	O'Dea	26-07.00	x22-06.00	
24		Parmer, Jacob	O'Dea	27-11.50	x22-05.00	
25		Teshome, Caleb	O'Dea		x20-06.00	
26		McCoskery, Spencer	Bainbridge		x20-01.00	

**2017 METRO LEAGUE TRACK & FIELD - WEEK #3 - 4/12/2017****BAINBRIDGE - SEATTLE PREP - HOLY NAMES - O'DEA****BAINBRIDGE HIGH SCHOOL****Results****Boys Discus Throw**

Name	Year School	Seed	Finals	Points	Alternate
1 Felder, Victor	O'Dea	119-04	121-11	5	
2 Tabisola, Joe	Bainbridge	118-07	114-01	3	
3 Tolentino, Cory	Seattle Prep	78-06	98-06	1	
4 Blake, Gabe	Seattle Prep	70-09	97-08		
5 Helwege, Preston	O'Dea	102-08	93-05		
6 Macedo, Martin	O'Dea	94-03	88-00		
7 Burks, Jackson	Seattle Prep	77-03	80-01		
8 Huey, Jack	Seattle Prep	71-03	x78-11		
9 Zuleger, Matthew	Bainbridge	72-10	77-04		
10 Lorbiecki, Lawrence	O'Dea	76-08	x71-06		
11 Sakay, Jaden	Seattle Prep	72-05	x68-04		
12 Salisbury, Omari	O'Dea	73-02	x62-11		
13 Velasquez, Nico	O'Dea		x50-07		