

**2016 SOUTH PUGET SOUND LEAGUE 4A CHAMPIONSHIPS**  
**Presented By SPSL & South Kitsap HS**  
**Wednesday - October 19, 2016**  
**Fort Steilacoom Park - Lakewood, WA**  
**Women's Varsity - Team Results**

RANK	TEAM	TEAM	PLACES OF FINISHERS							AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD
1	Bellarmino Prep	<b>62</b>	4	12	14	15	17	23	40	20:07.61	01:03
2	South Kitsap	<b>74</b>	5	9	10	22	28	39	48	20:28.83	01:25
3	Curtis	<b>82</b>	7	8	18	19	30	31	43	20:25.56	01:28
4	Puyallup	<b>102</b>	1	13	26	27	35	37	41	20:29.07	02:33
5	Olympia	<b>117</b>	3	16	29	33	36	42	44	20:45.11	02:11
6	Emerald Ridge	<b>137</b>	6	21	25	34	51	52	56	21:17.69	03:01
7	Rogers (Puyallup)	<b>146</b>	11	20	24	45	46	49	53	21:20.19	02:18
8	Sumner	<b>192</b>	2	38	47	50	55	57	58	22:12.47	04:08
9	Graham-Kapowsin	<b>266</b>	32	54	59	60	61	62	63	24:15.44	04:19

# 2016 SOUTH PUGET SOUND LEAGUE 4A CHAMPIONSHIPS

Presented By SPSL & South Kitsap HS

Wednesday - October 19, 2016

Fort Steilacoom Park - Lakewood, WA

Women's Varsity - Team Breakdown

---

## Bellarmine Prep

Score	Name	Grade	Time
4	MAENHOUT, Karli	11	19:03.80
12	PUGEDA, Bea	10	19:46.50
14	RIES, Sofia	12	19:53.90
15	HUSTEAD, Bryce	12	20:04.50
17	THOMAS, Sofia	12	20:07.20
23	SECAIRA, Elena	11	20:31.20
40	DUBINSKY, Jessi	10	21:26.20
<b>62</b>			

## South Kitsap

Score	Name	Grade	Time
5	DEPOE, Paxton	10	19:12.90
9	IHLEN, Kristina	10	19:41.00
10	PALKO, Eugenia	10	19:44.50
22	KNOWLES, Eva	12	20:27.50
28	OGAN, Kaija	9	20:37.60
39	HEBERT, Casandra	10	21:24.90
48	NAJERA, Ciara	9	22:13.40
<b>74</b>			

## Curtis

Score	Name	Grade	Time
7	BARRETT, Emily	11	19:20.10
8	RICHARDS, Kenzie	11	19:36.80
18	JACOT, Rees	10	20:15.20
19	BAUER, Maggie	10	20:17.40
30	REILLY-TREAT, Sydney	11	20:48.50
31	GOROSPE, Keely	12	20:55.80
43	SIODA, Alexia	11	21:45.10
<b>82</b>			

## Puyallup

Score	Name	Grade	Time
1	KASTAMA, Rachel	12	18:30.40
13	KASTAMA, Sarah	12	19:48.90
26	CALDWELL, Veronica	9	20:36.50
27	VAN BERGEYK, Emily	11	20:37.50
35	KEIZUR, Haley	11	21:03.70
37	HATCHER, Sarah	10	21:06.10
41	CULPEPPER, Jordan	11	21:40.40
<b>102</b>			

## Olympia

Score	Name	Grade	Time
3	KIMMINAU, Kiersten	12	18:52.80
16	GRIMSTED, Stella	11	20:05.90
29	WILHITE, Ariel	12	20:37.60
33	HOOPER, Mckenna	12	21:02.50
36	WILEY, Zoe	10	21:04.30
42	TETERS, Claire	12	21:44.30
44	ROALKVAM, Jane	11	21:48.40
<b>117</b>			

## Emerald Ridge

Score	Name	Grade	Time
6	BATES, Emma	11	19:18.10
21	COLLEY, Emma	11	20:23.60
25	SCHEERER, Hannah	9	20:33.90
34	IVERSON, Brittany	12	21:03.20
51	SHOOK, Alex	12	22:19.30
52	RIVERA, Aliza	11	22:29.80
56	BURGE, Breana	11	22:55.90
<b>137</b>			

**2016 SOUTH PUGET SOUND LEAGUE 4A CHAMPIONSHIPS**  
**Presented By SPSL & South Kitsap HS**  
**Wednesday - October 19, 2016**  
**Fort Steilacoom Park - Lakewood, WA**  
**Women's Varsity - Team Breakdown**

---

**Rogers (Puyallup)**

Score	Name	Grade	Time
11	EGAN, Madison	10	19:44.90
20	MORRISON, Jada	9	20:18.80
24	HARTLEY, Naomi	10	20:32.80
45	ROBERTS, Christina	12	21:51.10
46	REYNOLDS, Karisa	10	22:03.20
49	HEFTY, Megan	11	22:14.80
53	NELSON, Rachel	11	22:35.70
<b>146</b>			

**Sumner**

Score	Name	Grade	Time
2	SJOLUND, Emma	11	18:46.40
38	MARCOTTE, Abby	12	21:11.30
47	NEUBERT, Madison	10	22:09.20
50	SCHANEMAN, Makayla	10	22:18.10
55	FRIESEL, Morgan	11	22:54.50
57	ROBINSON, Claire	11	24:02.60
58	FULLERTON, Faith	9	24:05.20
<b>192</b>			

**Graham-Kapowsin**

Score	Name	Grade	Time
32	KREIER, Amber	11	21:01.90
54	KAIPAINEN, Cameo	9	22:45.70
59	HILL, Amanda	11	24:19.50
60	PACE, Megan	10	25:05.70
61	OROZCO, Jeneveve	12	25:20.90
62	COOPER, Kaylee	10	25:22.00
63	GIESEMANN, Lea	11	25:52.40
<b>266</b>			

**0**

# 2016 SOUTH PUGET SOUND LEAGUE 4A CHAMPIONSHIPS

Presented By SPSL & South Kitsap HS

Wednesday - October 19, 2016

Fort Steilacoom Park - Lakewood, WA

Women's Varsity - Individual Results

Start Time

2:00 PM

Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	108	KASTAMA, Rachel	Puyallup	12	18:30.40	00:00	05:57
2	2	133	SJOLUND, Emma	Sumner	11	18:46.40	00:16	06:03
3	3	100	KIMMINAU, Kiersten	Olympia	12	18:52.80	00:22	06:05
4	4	70	MAENHOUT, Karli	Bellarmino Prep	11	19:03.80	00:33	06:08
5	5	121	DEPOE, Paxton	South Kitsap	10	19:12.90	00:42	06:11
6	6	82	BATES, Emma	Emerald Ridge	11	19:18.10	00:48	06:13
7	7	75	BARRETT, Emily	Curtis	11	19:20.10	00:50	06:13
8	8	80	RICHARDS, Kenzie	Curtis	11	19:36.80	01:06	06:19
9	9	123	IHLEN, Kristina	South Kitsap	10	19:41.00	01:11	06:20
10	10	127	PALCO, Eugenia	South Kitsap	10	19:44.50	01:14	06:21
11	11	114	EGAN, Madison	Rogers (Puyallup)	10	19:44.90	01:14	06:21
12	12	71	PUGEDA, Bea	Bellarmino Prep	10	19:46.50	01:16	06:22
13	13	109	KASTAMA, Sarah	Puyallup	12	19:48.90	01:18	06:23
14	14	72	RIES, Sofia	Bellarmino Prep	12	19:53.90	01:23	06:24
15	15	69	HUSTEAD, Bryce	Bellarmino Prep	12	20:04.50	01:34	06:28
16	16	98	GRIMSTED, Stella	Olympia	11	20:05.90	01:35	06:28
17	17	74	THOMAS, Sofia	Bellarmino Prep	12	20:07.20	01:37	06:29
18	18	78	JACOT, Rees	Curtis	10	20:15.20	01:45	06:31
19	19	76	BAUER, Maggie	Curtis	10	20:17.40	01:47	06:32
20	20	117	MORRISON, Jada	Rogers (Puyallup)	9	20:18.80	01:48	06:32
21	21	84	COLLEY, Emma	Emerald Ridge	11	20:23.60	01:53	06:34
22	22	124	KNOWLES, Eva	South Kitsap	12	20:27.50	01:57	06:35
23	23	73	SECAIRA, Elena	Bellarmino Prep	11	20:31.20	02:01	06:36
24	24	115	HARTLEY, Naomi	Rogers (Puyallup)	10	20:32.80	02:02	06:37
25	25	87	SCHEERER, Hannah	Emerald Ridge	9	20:33.90	02:03	06:37
26	26	105	CALDWELL, Veronica	Puyallup	9	20:36.50	02:06	06:38
27	27	111	VAN BERGEYK, Emily	Puyallup	11	20:37.50	02:07	06:38
28	28	126	OGAN, Kaija	South Kitsap	9	20:37.60	02:07	06:38
29	29	104	WILHITE, Ariel	Olympia	12	20:37.60	02:07	06:38
30	30	79	REILLY-TREAT, Sydney	Curtis	11	20:48.50	02:18	06:42
31	31	77	GOROSPE, Keely	Curtis	12	20:55.80	02:25	06:44
32	32	94	KREIER, Amber	Graham-Kapowsin	11	21:01.90	02:31	06:46
33	33	99	HOOPER, Mckenna	Olympia	12	21:02.50	02:32	06:46
34	34	85	IVERSON, Brittany	Emerald Ridge	12	21:03.20	02:33	06:47
35	35	110	KEIZUR, Haley	Puyallup	11	21:03.70	02:33	06:47
36	36	103	WILEY, Zoe	Olympia	10	21:04.30	02:34	06:47

# 2016 SOUTH PUGET SOUND LEAGUE 4A CHAMPIONSHIPS

Presented By SPSL & South Kitsap HS

Wednesday - October 19, 2016

Fort Steilacoom Park - Lakewood, WA

Women's Varsity - Individual Results

Start Time

2:00 PM

Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
37	37	107	HATCHER, Sarah	Puyallup	10	21:06.10	02:36	06:48
38	38	129	MARCOTTE, Abby	Sumner	12	21:11.30	02:41	06:49
39	39	122	HEBERT, Casandra	South Kitsap	10	21:24.90	02:54	06:54
40	40	68	DUBINSKY, Jessi	Bellarmine Prep	10	21:26.20	02:56	06:54
41	41	106	CULPEPPER, Jordan	Puyallup	11	21:40.40	03:10	06:59
42	42	102	TETERS, Claire	Olympia	12	21:44.30	03:14	07:00
43	43	81	SIODA, Alexia	Curtis	11	21:45.10	03:15	07:00
44	44	101	ROALKVAM, Jane	Olympia	11	21:48.40	03:18	07:01
45	45	120	ROBERTS, Christina	Rogers (Puyallup)	12	21:51.10	03:21	07:02
46	46	119	REYNOLDS, Karisa	Rogers (Puyallup)	10	22:03.20	03:33	07:06
47	47	130	NEUBERT, Madison	Sumner	10	22:09.20	03:39	07:08
48	48	125	NAJERA, Ciara	South Kitsap	9	22:13.40	03:43	07:09
49	49	116	HEFTY, Megan	Rogers (Puyallup)	11	22:14.80	03:44	07:10
50	50	132	SCHANEMAN, Makayla	Sumner	10	22:18.10	03:48	07:11
51	51	88	SHOOK, Alex	Emerald Ridge	12	22:19.30	03:49	07:11
52	52	86	RIVERA, Aliza	Emerald Ridge	11	22:29.80	03:59	07:14
53	53	118	NELSON, Rachel	Rogers (Puyallup)	11	22:35.70	04:05	07:16
54	54	93	KAIPAINEN, Cameo	Graham-Kapowsin	9	22:45.70	04:15	07:20
55	55	128	FRIESEL, Morgan	Sumner	11	22:54.50	04:24	07:22
56	56	83	BURGE, Breana	Emerald Ridge	11	22:55.90	04:25	07:23
57	57	131	ROBINSON, Claire	Sumner	11	24:02.60	05:32	07:44
58	58	822	FULLERTON, Faith	Sumner	9	24:05.20	05:35	07:45
59	59	92	HILL, Amanda	Graham-Kapowsin	11	24:19.50	05:49	07:50
60	60	97	PACE, Megan	Graham-Kapowsin	10	25:05.70	06:35	08:05
61	61	96	OROZCO, Jeneveve	Graham-Kapowsin	12	25:20.90	06:50	08:10
62	62	89	COOPER, Kaylee	Graham-Kapowsin	10	25:22.00	06:52	08:10
63	63	90	GIESEMANN, Lea	Graham-Kapowsin	11	25:52.40	07:22	08:20