

2016 EMERALD CITY / NISQUALLY LEAGUE XC MEET #4
Presented By Emerald City League
Thursday - October 13, 2016
Lake Sammamish State Park - Issaquah, WA
Men's Open - Team Results

RANK	TEAM	TEAM	PLACES OF FINISHERS							AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD
1	Bush	32	2	4	6	9	11	13	23	17:23.76	01:06
2	Northwest	44	1	5	8	14	16	19	35	17:36.01	02:36
3	University Prep	115	7	15	25	30	43	50	54	18:47.70	02:01
4	Charles Wright Academ	130	10	17	28	39	44	45	51	18:52.63	01:55
5	Bellevue Christian	137	3	31	33	38	40	46	47	18:50.51	02:51
6	Vashon Island	161	22	26	32	42	48	49	58	19:12.04	01:06
7	Bear Creek	162	12	18	29	56	67			19:01.44	02:54
8	Seattle Christian	195	20	24	36	95	98	100		21:27.25	06:03
9	Seattle Academy	228	21	53	57	66	71	81	86	20:33.16	02:37
	Cascade Christian	0	41	77						-	-
	Eastside Preparatory	0	84							-	-

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Men's Open - Team Breakdown

Bush

Score	Name	Grade	Time
2	FAHLMAN, Tom	12	16:24.70
4	WIDLANSKY, Ethan	11	16:35.80
6	CAPE, Noah	10	17:16.70
9	DAVIDSON, Graham	12	17:24.30
11	DUNN, Oliver	12	17:30.30
13	WOOD, Colin	12	18:01.30
23	CUNDIFF, Taylor	10	18:33.20
32			

Northwest

Score	Name	Grade	Time
1	PROCTOR, Tibebu	12	15:33.70
5	CLARK, Dylan	10	16:40.80
8	KRAL, Julian	12	17:19.60
14	SHAPIRO, Noah	10	18:02.40
16	MINAHAN, Keegan	9	18:09.40
19	POLAKOFF, Jamie	11	18:19.70
33	GREENBERG, Milo	9	19:06.50
44			

University Prep

Score	Name	Grade	Time
7	PABLO-TRUJILIO, Erick	10	17:18.40
15	COLUCCIO, Gus	10	18:06.10
25	SWANSON, Joshua	12	18:40.10
29	BOWN, Donovan	11	18:59.80
39	BIRKELAND, Ailey	10	19:19.80
46	RENSCHLER, Julian	9	19:29.80
49	FRIED, Jacob	9	19:39.90
115			

Charles Wright Academy

Score	Name	Grade	Time
10	BERG, Adam	11	17:29.60
17	TAGHAVI, Aj	10	18:12.70
27	SANDOVAL, Rohan	11	18:52.10
36	ZACARIAS, Jonathan	11	19:13.10
40	PARROTT, James	10	19:24.30
41	SAFFARI, Michael	11	19:24.70
47	MILLER, Mason	9	19:31.90
130			

Bellevue Christian

Score	Name	Grade	Time
3	DONNEL, Jared	11	16:26.00
30	MILLER, Luke	12	19:02.90
32	GRAVES, Adam	10	19:05.20
35	BURNETT, Daniel	12	19:10.60
37	WALLER, Victor	10	19:16.90
42	SMITH, Kevin	12	19:25.50
43	BURBRIDGE, Parker	11	19:26.50
137			

Vashon Island

Score	Name	Grade	Time
22	HUGHES, Isaac	12	18:23.20
26	LARSON, Luke	11	18:42.20
31	MUELLER, Garrett	10	19:05.00
38	KNIGHT, Sam	11	19:19.60
44	JUSTIS, Hunter	11	19:29.30
45	HARTNESS, Cole	9	19:29.60
52	PROTZELLER, Collin	11	19:55.40
161			

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Bear Creek

Seattle Christian

Score	Name	Grade	Time
12	FINAN, Alex	10	17:32.90
18	FINAN, Jj	11	18:16.00
28	GALLAGHER, Sean	12	18:57.20
50	YEN, Keaton	9	19:53.90
54	TSOU, Joseph	10	20:27.20

Score	Name	Grade	Time
20	NEUMANN, Andrew	12	18:19.90
24	DIFFNER, Cole	10	18:37.20
34	HENRY, Mitchell	10	19:06.90
58	BUYAGAWAN, Sawyer	9	23:44.00
59	BUYAGAWAN, Graham	9	24:22.60
60	WILE, Dylan	10	24:32.90

162

195

Seattle Academy

Score	Name	Grade	Time
21	GELTZER, Aurele	9	18:22.90
48	TAYLOR, Jared	11	19:38.20
51	JACOBSON, Slater	11	19:54.50
53	ARNTZ, Grant	9	20:16.90
55	ALHADEFF, Victor	10	20:59.50
56	MCMILLAN, Taya	10	21:51.50
57	JONES, Jackson	9	22:48.60

228

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2016 EMERALD CITY / NISQUALLY LEAGUE XC MEET #4**REVISION D****Presented By Emerald City League****Start Time****Thursday - October 13, 2016****4:25 PM****Lake Sammamish State Park - Issaquah, WA****Race Distance****Men's Open - Individual Results****5,000 meters**

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	189	PROCTOR, Tibebe	Northwest	12	15:33.70	00:00	05:01
2	2	143	FAHLMAN, Tom	Bush	12	16:24.70	00:51	05:17
3	3	128	DONNEL, Jared	Bellevue Christian	11	16:26.00	00:53	05:17
4	4	146	WIDLANSKY, Ethan	Bush	11	16:35.80	01:02	05:21
5	5	174	CLARK, Dylan	Northwest	10	16:40.80	01:07	05:22
6	6	138	CAPE, Noah	Bush	10	17:16.70	01:43	05:34
7	7	238	PABLO-TRUJILIO, Erick	University Prep	10	17:18.40	01:45	05:34
8	8	178	KRAL, Julian	Northwest	12	17:19.60	01:46	05:35
9	9	141	DAVIDSON, Graham	Bush	12	17:24.30	01:51	05:36
10	10	151	BERG, Adam	Charles Wright Acad	11	17:29.60	01:56	05:38
11	11	142	DUNN, Oliver	Bush	12	17:30.30	01:57	05:38
12	12	119	FINAN, Alex	Bear Creek	10	17:32.90	01:59	05:39
13	13	147	WOOD, Colin	Bush	12	18:01.30	02:28	05:48
14	14	191	SHAPIRO, Noah	Northwest	10	18:02.40	02:29	05:48
15	15	232	COLUCCIO, Gus	University Prep	10	18:06.10	02:33	05:50
16	16	185	MINAHAN, Keegan	Northwest	9	18:09.40	02:36	05:51
17	17	167	TAGHAVI, Aj	Charles Wright Acad	10	18:12.70	02:39	05:52
18	18	120	FINAN, Jj	Bear Creek	11	18:16.00	02:43	05:53
19	19	187	POLAKOFF, Jamie	Northwest	11	18:19.70	02:46	05:54
20	20	227	NEUMANN, Andrew	Seattle Christian	12	18:19.90	02:46	05:54
21	21	212	GELTZER, Aurele	Seattle Academy	9	18:22.90	02:49	05:55
22	22	249	HUGHES, Isaac	Vashon Island	12	18:23.20	02:50	05:55
23	23	140	CUNDIFF, Taylor	Bush	10	18:33.20	03:00	05:58
24	24	223	DIFFNER, Cole	Seattle Christian	10	18:37.20	03:04	06:00
25	25	240	SWANSON, Joshua	University Prep	12	18:40.10	03:07	06:01
26	26	255	LARSON, Luke	Vashon Island	11	18:42.20	03:09	06:01
27		145	OLDRIDGE, Eamon	Bush	12	18:50.80	03:17	06:04
28	27	165	SANDOVAL, Rohan	Charles Wright Acad	11	18:52.10	03:19	06:04
29	28	121	GALLAGHER, Sean	Bear Creek	12	18:57.20	03:24	06:06
30	29	230	BOWN, Donovan	University Prep	11	18:59.80	03:26	06:07
31	30	133	MILLER, Luke	Bellevue Christian	12	19:02.90	03:29	06:08
32	31	256	MUELLER, Garrett	Vashon Island	10	19:05.00	03:32	06:09
33	32	129	GRAVES, Adam	Bellevue Christian	10	19:05.20	03:32	06:09
34		139	CAPLOW, Emil	Bush	9	19:06.20	03:33	06:09
35	33	176	GREENBERG, Milo	Northwest	9	19:06.50	03:33	06:09
36	34	225	HENRY, Mitchell	Seattle Christian	10	19:06.90	03:33	06:09

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PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
37		173	CASTERELLA, Andrew	Northwest	10	19:08.20	03:35	06:10
38	35	126	BURNETT, Daniel	Bellevue Christian	12	19:10.60	03:37	06:10
39	36	169	ZACARIAS, Jonathan	Charles Wright Acad	11	19:13.10	03:40	06:11
40	37	136	WALLER, Victor	Bellevue Christian	10	19:16.90	03:43	06:12
41		149	VILHAUER, Hunter	Cascade Christian	9	19:19.40	03:46	06:13
42	38	252	KNIGHT, Sam	Vashon Island	11	19:19.60	03:46	06:13
43	39	229	BIRKELAND, Ailey	University Prep	10	19:19.80	03:46	06:13
44	40	163	PARROTT, James	Charles Wright Acad	10	19:24.30	03:51	06:15
45	41	164	SAFFARI, Michael	Charles Wright Acad	11	19:24.70	03:51	06:15
46	42	135	SMITH, Kevin	Bellevue Christian	12	19:25.50	03:52	06:15
47	43	125	BURBRIDGE, Parker	Bellevue Christian	11	19:26.50	03:53	06:15
48	44	250	JUSTIS, Hunter	Vashon Island	11	19:29.30	03:56	06:16
49	45	246	HARTNESS, Cole	Vashon Island	9	19:29.60	03:56	06:16
50	46	239	RENSCHLER, Julian	University Prep	9	19:29.80	03:56	06:17
51	47	161	MILLER, Mason	Charles Wright Acad	9	19:31.90	03:58	06:17
52		162	MOHIT, Sam	Charles Wright Acad	9	19:36.70	04:03	06:19
53	48	218	TAYLOR, Jared	Seattle Academy	11	19:38.20	04:05	06:19
54	49	233	FRIED, Jacob	University Prep	9	19:39.90	04:06	06:20
55		188	POLAKOFF, Jarod	Northwest	9	19:49.50	04:16	06:23
56	50	123	YEN, Keaton	Bear Creek	9	19:53.90	04:20	06:24
57	51	214	JACOBSON, Slater	Seattle Academy	11	19:54.50	04:21	06:24
58	52	257	PROTZELLER, Collin	Vashon Island	11	19:55.40	04:22	06:25
59		184	MEDINA-LE DU, Pablo	Northwest	10	19:55.50	04:22	06:25
60		192	SHIMEL, Simon	Northwest	11	19:57.40	04:24	06:25
61		153	DAHAN, Basil	Charles Wright Acad	11	20:08.90	04:35	06:29
62		144	GRENNELL, Noah	Bush	12	20:14.00	04:41	06:31
63		154	FANNIN, Coley	Charles Wright Acad	11	20:14.20	04:41	06:31
64		231	CAO, Doran	University Prep	9	20:15.10	04:42	06:31
65		166	SCHAUER, Carson	Charles Wright Acad	10	20:16.30	04:43	06:31
66	53	210	ARNTZ, Grant	Seattle Academy	9	20:16.90	04:43	06:32
67	54	122	TSOU, Joseph	Bear Creek	10	20:27.20	04:54	06:35
68		242	CLARK, Simon	Vashon Island	9	20:32.40	04:59	06:37
69		253	KRAABEL, Adam	Vashon Island	12	20:36.90	05:03	06:38
70		259	STEPHANICK, Luke	Vashon Island	11	20:53.90	05:20	06:44
71	55	209	ALHADEFF, Victor	Seattle Academy	10	20:59.50	05:26	06:45
72		247	HOISINGTON, Simon	Vashon Island	9	21:01.50	05:28	06:46

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73		131	HU, Frank	Bellevue Christian	10	21:05.10	05:32	06:47
74		236	LAFRENIERE, Max	University Prep	11	21:18.50	05:45	06:52
75		175	CRAIN-MERZ, Jackson	Northwest	9	21:19.10	05:46	06:52
76		251	KEHL, John	Vashon Island	12	21:20.20	05:47	06:52
77		148	BODGE, Michael	Cascade Christian	9	21:21.90	05:48	06:53
78		130	HAN, Se Yun	Bellevue Christian	10	21:23.80	05:50	06:53
79		168	WANG, Jake	Charles Wright Acad	9	21:24.90	05:51	06:54
80		241	TALBOT, Remy	University Prep	9	21:49.90	06:16	07:02
81	56	216	MCMILLAN, Taya	Seattle Academy	10	21:51.50	06:18	07:02
82		258	SNODGRASS, Dylan	Vashon Island	11	21:58.50	06:25	07:04
83		183	MCMILLEN, Gabriel	Northwest	9	22:10.40	06:37	07:08
84		171	RAY, Brandon	Eastside Preparatory	11	22:29.10	06:56	07:14
85		243	DZIKO, Langston	Vashon Island	12	22:30.30	06:57	07:15
86	57	215	JONES, Jackson	Seattle Academy	9	22:48.60	07:15	07:21
87		124	ANDERSON, Connor	Bellevue Christian	9	22:57.90	07:24	07:24
88		217	PIERCE, Conner	Seattle Academy	11	23:05.70	07:32	07:26
89		159	LI, Jason	Charles Wright Acad	11	23:14.10	07:41	07:29
90		132	JOHNSTON, David	Bellevue Christian	9	23:18.60	07:45	07:30
91		137	XU, Andy	Bellevue Christian	9	23:31.70	07:58	07:34
92		156	HASSAN, Omar	Charles Wright Acad	10	23:36.10	08:03	07:36
93		134	QIAO, Elvis	Bellevue Christian	11	23:40.40	08:07	07:37
94		150	BAILEY JR., Troy	Charles Wright Acad	10	23:41.00	08:08	07:37
95	58	222	BUYAGAWAN, Sawyer	Seattle Christian	9	23:44.00	08:11	07:38
96		245	HANNAH, Jake	Vashon Island	9	23:44.50	08:11	07:39
97		180	LI, Owen	Northwest	10	24:15.60	08:42	07:49
98	59	221	BUYAGAWAN, Graham	Seattle Christian	9	24:22.60	08:49	07:51
99		182	LO, Ryan (Yen-Chung)	Northwest	10	24:28.50	08:55	07:53
100	60	228	WILE, Dylan	Seattle Christian	10	24:32.90	08:59	07:54
101		254	KRAABEL, Nick	Vashon Island	9	26:43.90	11:10	08:36