

2016 METRO LEAGUE XC MEET #4
Presented By West Seattle High School
Wednesday - September 28, 2016
Lower Woodland Park - Seattle, WA
Women's Open - Team Results

RANK	TEAM	TEAM	PLACES OF FINISHERS								AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD	
1	West Seattle	21	1	3	4	6	7	8	16	24:03.74	03:31	
2	Cleveland (Wa)	39	2	5	9	11	12	25		25:24.95	03:24	
3	Chief Sealth	82	13	14	15	21	32			27:24.80	06:19	
4	Rainier Beach	90	10	20	24	31	34			29:43.50	09:52	

2016 METRO LEAGUE XC MEET #4
Presented By West Seattle High School
Wednesday - September 28, 2016
Lower Woodland Park - Seattle, WA
Women's Open - Team Breakdown

West Seattle

Cleveland (Wa)

Score	Name	Grade	Time
1	RACKNER, Gabrielle	11	21:11.60
3	CHIN, Sonya	11	23:40.50
4	WARMERDAM, Mees	12	24:02.40
6	ALLEN, Annabelle	9	24:06.60
7	SHEPPARD, Daisy	9	24:42.50
8	LEON, Karla	10	24:42.90
16	JONES, Katie	9	25:59.70
21			

Score	Name	Grade	Time
2	MUMIN, Deqa	12	22:20.70
5	XU, Xue Ying	10	24:05.10
9	LAM, Jaemie	0	24:49.90
11	DANG, Tina	11	25:42.00
12	TABASAN, Kyla	11	25:44.70
20	LIU, Kayla	0	29:47.30
39			

Chief Sealth

Rainier Beach

Score	Name	Grade	Time
13	GE, Julia	10	25:47.60
14	GLATZMAYER, Laurel	12	25:53.30
15	ARMENDARIZ, Angelina	12	25:55.60
18	PALMER, Olivia	10	27:21.00
22	CONLEY, Rumi	11	32:06.50
82			

Score	Name	Grade	Time
10	GUAN, Ericka	11	25:39.20
17	LEE, Jessica	11	26:53.20
19	TESEMA, Lidya	11	29:02.30
21	MEKONNEN, Meron	11	31:32.00
23	KING, Michelle	11	35:30.80
90			

2016 METRO LEAGUE XC MEET #4
Presented By West Seattle High School
Wednesday - September 28, 2016
Lower Woodland Park - Seattle, WA
Women's Open - Individual Results

Start Time
4:10 PM
Race Distance
5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	578	RACKNER, Gabrielle	West Seattle	11	21:11.60	00:00	06:49
2	2	278	MUMIN, Deqa	Cleveland (Wa)	12	22:20.70	01:09	07:12
3	3	567	CHIN, Sonya	West Seattle	11	23:40.50	02:29	07:37
4	4	584	WARMERDAM, Mees	West Seattle	12	24:02.40	02:51	07:44
5	5	280	XU, Xue Ying	Cleveland (Wa)	10	24:05.10	02:54	07:45
6	6	288	ALLEN, Annabelle	West Seattle	9	24:06.60	02:55	07:46
7	7	580	SHEPPARD, Daisy	West Seattle	9	24:42.50	03:31	07:57
8	8	576	LEON, Karla	West Seattle	10	24:42.90	03:31	07:57
9	9	276	LAM, Jaemie	Cleveland (Wa)	0	24:49.90	03:38	08:00
10	10	282	GUAN, Ericka	Rainier Beach	11	25:39.20	04:28	08:15
11	11	275	DANG, Tina	Cleveland (Wa)	11	25:42.00	04:31	08:16
12	12	279	TABASAN, Kyla	Cleveland (Wa)	11	25:44.70	04:33	08:17
13	13	266	GE, Julia	Chief Sealth	10	25:47.60	04:36	08:18
14	14	267	GLATZMAYER, Laurel	Chief Sealth	12	25:53.30	04:42	08:20
15	15	263	ARMENDARIZ, Angelina	Chief Sealth	12	25:55.60	04:44	08:21
16	16	574	JONES, Katie	West Seattle	9	25:59.70	04:48	08:22
17		290	BELL, Hailey	West Seattle	10	26:01.90	04:50	08:23
18		571	DREW, Anna	West Seattle	10	26:24.90	05:13	08:30
19		289	BELL, Caitlin	West Seattle	10	26:47.90	05:36	08:38
20	17	284	LEE, Jessica	Rainier Beach	11	26:53.20	05:42	08:39
21	18	269	PALMER, Olivia	Chief Sealth	10	27:21.00	06:10	08:48
22		581	SIEGMUND, Iris	West Seattle	11	28:03.60	06:52	09:02
23		579	REED, Laura	West Seattle	9	28:54.70	07:43	09:18
24	19	287	TESEMA, Lidya	Rainier Beach	11	29:02.30	07:51	09:21
25	20	277	LIU, Kayla	Cleveland (Wa)	0	29:47.30	08:36	09:35
26		582	SUNDE, Ginny	West Seattle	10	30:07.70	08:56	09:42
27		577	NACHTRIEB, Riley	West Seattle	9	30:10.70	08:59	09:43
28		573	GODINEZ, Celia	West Seattle	10	30:14.30	09:03	09:44
29		568	CLAFLIN, Nina	West Seattle	10	30:20.30	09:09	09:46
30		569	COSETTE, Emily	West Seattle	11	31:16.90	10:05	10:04
31	21	285	MEKONNEN, Meron	Rainier Beach	11	31:32.00	10:21	10:09
32	22	265	CONLEY, Rumi	Chief Sealth	11	32:06.50	10:55	10:20
33		291	BELL, Sophia	West Seattle	10	33:20.50	12:09	10:44
34	23	283	KING, Michelle	Rainier Beach	11	35:30.80	14:19	11:26