

2016 METRO LEAGUE XC MEET #3
Presented By Garfield High School
Thursday - September 22, 2016
Lincoln Park - Seattle, WA
Men's Open - Team Results

RANK	TEAM	TEAM	PLACES OF FINISHERS								AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD	
1	Garfield	15	1	2	3	4	5	7	8	17:34.16	01:45	
2	Eastside Catholic	76	16	18	20	21	25	26	27	20:00.77	00:48	
3	Rainier Beach	89	6	10	31	50	56	73	74	22:05.31	04:55	
4	Cleveland (Wa)	100	13	14	44	51	57	60	67	22:02.50	04:10	
5	Chief Sealth	101	15	24	32	37	55	66	82	22:24.11	03:38	

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Men's Open - Team Breakdown

Garfield

Eastside Catholic

Score	Name	Grade	Time
1	LAIRD, William	12	16:27.60
2	MILODRAGOVICH, Henry	12	16:33.10
3	TRUE, Gabriel	11	17:19.80
4	KUBINIEC, Peter	10	17:54.30
5	ROTHROCK, Stephen	11	18:12.40
7	NEVILLE, Jacob	10	18:15.80
8	KIRK, Ian	11	18:16.10
15			

Score	Name	Grade	Time
13	CANTINE, Aidan	10	19:25.20
14	FLOWERS, Dawson	10	19:27.70
15	REEVES, Nickolas	11	20:04.80
16	FLOWERS, Jarred	11	20:05.40
18	SCHILLER, Grant	12	20:13.70
19	FERNANDO, Johann	11	20:22.80
20	SHAKIB, Dj	12	20:25.80
76			

Rainier Beach

Cleveland (Wa)

Score	Name	Grade	Time
6	OMAR, Anis	12	18:13.70
9	FARRAH, Abdi	12	18:46.60
21	HIRSI, Abas	12	20:49.90
25	TUKEI, Lionel	12	22:30.90
28	GABRIEL, Justin	12	23:09.00
33	REYES-FOSTER, Diego	12	25:33.50
34	ADAMS, Adonai	11	25:33.60
89			

Score	Name	Grade	Time
10	ECKLEBERG, Han	12	19:08.20
11	HOUSE, John	12	19:09.60
24	LOWE, Quentin	10	21:41.70
26	CAMERON, Croix	10	22:32.40
29	WU, Xuanda	0	23:18.20
30	NGUYEN, Jaden	11	23:56.40
32	HOAC, John	0	24:31.00
100			

Chief Sealth

Score	Name	Grade	Time
12	SALAH, Haruon	12	19:24.90
17	MENG, Shuun	11	20:09.80
22	SALAH, Hashem	9	20:51.40
23	COLBURN, Nelson	11	21:20.60
27	PERRINE, Nathan	12	23:02.50
31	SIPILA, Nate	10	24:25.20
35	SAYDA, Nassir	10	27:34.40
101			

0

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Start Time
3:40 PM
Race Distance
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PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	950	LAIRD, William	Garfield	12	16:27.60	00:00	05:18
2	2	956	MILODRAGOVICH, Henry	Garfield	12	16:33.10	00:06	05:20
3	3	974	TRUE, Gabriel	Garfield	11	17:19.80	00:52	05:35
4	4	949	KUBINIEC, Peter	Garfield	10	17:54.30	01:27	05:46
5	5	961	ROTHROCK, Stephen	Garfield	11	18:12.40	01:45	05:52
6	6	979	OMAR, Anis	Rainier Beach	12	18:13.70	01:46	05:52
7	7	957	NEVILLE, Jacob	Garfield	10	18:15.80	01:48	05:53
8	8	948	KIRK, Ian	Garfield	11	18:16.10	01:49	05:53
9		964	SULLIVAN, Omar	Garfield	11	18:16.40	01:49	05:53
10	9	976	FARRAH, Abdi	Rainier Beach	12	18:46.60	02:19	06:03
11		969	TRAN, Bailey	Garfield	12	18:48.00	02:21	06:03
12		939	GRAVES, Jack	Garfield	10	18:53.50	02:26	06:05
13	10	885	ECKLEBERG, Han	Cleveland (Wa)	12	19:08.20	02:41	06:10
14	11	888	HOUSE, John	Cleveland (Wa)	12	19:09.60	02:42	06:10
15	12	877	SALAH, Haruon	Chief Sealth	12	19:24.90	02:57	06:15
16	13	899	CANTINE, Aidan	Eastside Catholic	10	19:25.20	02:58	06:15
17		958	OLDHAM, Spencer	Garfield	12	19:26.00	02:59	06:15
18	14	903	FLOWERS, Dawson	Eastside Catholic	10	19:27.70	03:00	06:16
19		944	ING, Trevor	Garfield	10	19:30.00	03:03	06:17
20	15	924	REEVES, Nickolas	Eastside Catholic	11	20:04.80	03:37	06:28
21	16	904	FLOWERS, Jarred	Eastside Catholic	11	20:05.40	03:38	06:28
22		941	HALFAKER, Henry	Garfield	12	20:07.10	03:40	06:29
23		937	FLEET, Oscar	Garfield	9	20:09.70	03:42	06:29
24	17	874	MENG, Shuun	Chief Sealth	11	20:09.80	03:42	06:29
25	18	925	SCHILLER, Grant	Eastside Catholic	12	20:13.70	03:46	06:31
26	19	901	FERNANDO, Johann	Eastside Catholic	11	20:22.80	03:55	06:34
27	20	926	SHAKIB, Dj	Eastside Catholic	12	20:25.80	03:58	06:35
28		914	HORNISH, Austin	Eastside Catholic	11	20:31.10	04:04	06:36
29		971	WALSH, Patrick	Garfield	11	20:35.90	04:08	06:38
30		973	WESTNEAT, Oscar	Garfield	9	20:40.10	04:13	06:39
31	21	978	HIRSI, Abas	Rainier Beach	12	20:49.90	04:22	06:42
32	22	878	SALAH, Hashem	Chief Sealth	9	20:51.40	04:24	06:43
33		933	CHUNG, Avinash	Garfield	10	20:56.20	04:29	06:44
34		934	COHEN, Zack	Garfield	10	21:06.70	04:39	06:48
35		951	LEONARD, Christopher	Garfield	10	21:07.10	04:40	06:48
36		970	VEACH, Nigel	Garfield	11	21:08.10	04:41	06:48

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37	23	873	COLBURN, Nelson	Chief Sealth	11	21:20.60	04:53	06:52
38		965	THOMAS, Miles	Garfield	9	21:21.00	04:54	06:52
39		967	TONELLI, Quinn	Garfield	10	21:21.40	04:54	06:52
40		938	GELPI, Sam	Garfield	9	21:22.10	04:55	06:53
41		931	BERNARD, Timothy	Garfield	10	21:24.80	04:57	06:54
42		912	HILF, Spencer	Eastside Catholic	11	21:37.60	05:10	06:58
43		907	GRAMBIHLER, Jared	Eastside Catholic	10	21:39.70	05:12	06:58
44	24	890	LOWE, Quentin	Cleveland (Wa)	10	21:41.70	05:14	06:59
45		947	JAYNE, Maxwell	Garfield	11	21:49.50	05:22	07:01
46		906	GILCHRIST, Henry	Eastside Catholic	12	21:54.90	05:27	07:03
47		942	HOILAND, Peder	Garfield	12	21:59.20	05:32	07:05
48		935	EMBRY, Maseo	Garfield	10	22:18.00	05:51	07:11
49		940	GRIENAUER, Jackson	Garfield	9	22:19.90	05:52	07:11
50	25	981	TUKEI, Lionel	Rainier Beach	12	22:30.90	06:03	07:15
51	26	883	CAMERON, Croix	Cleveland (Wa)	10	22:32.40	06:05	07:15
52		954	LIN, Jonathin	Garfield	11	22:32.80	06:05	07:15
53		972	WEBBEKING, Blaise	Garfield	9	22:35.20	06:08	07:16
54		930	WITRESS, Matthew	Eastside Catholic	10	22:51.40	06:24	07:21
55	27	875	PERRINE, Nathan	Chief Sealth	12	23:02.50	06:35	07:25
56	28	977	GABRIEL, Justin	Rainier Beach	12	23:09.00	06:42	07:27
57	29	896	WU, Xuanda	Cleveland (Wa)	0	23:18.20	06:51	07:30
58		897	AHERN, Christopher	Eastside Catholic	12	23:49.40	07:22	07:40
59		902	FINNEGAN, Christopher	Eastside Catholic	12	23:50.30	07:23	07:40
60	30	893	NGUYEN, Jaden	Cleveland (Wa)	11	23:56.40	07:29	07:42
61		911	HILF, Nolan	Eastside Catholic	9	24:11.20	07:44	07:47
62		898	BRIER, Nickolas	Eastside Catholic	10	24:14.20	07:47	07:48
63		900	FAGON, Keenon	Eastside Catholic	9	24:15.20	07:48	07:48
64		960	ROMER, Kieran	Garfield	10	24:15.60	07:48	07:49
65		943	HOLT, Jonathan ""Jack""	Garfield	9	24:16.20	07:49	07:49
66	31	880	SIPILA, Nate	Chief Sealth	10	24:25.20	07:58	07:52
67	32	887	HOAC, John	Cleveland (Wa)	0	24:31.00	08:04	07:53
68		891	LUO, Andy	Cleveland (Wa)	12	24:40.30	08:13	07:56
69		945	JAMMES, William	Garfield	10	24:41.30	08:14	07:57
70		923	NELSON, Ian	Eastside Catholic	10	25:08.40	08:41	08:06
71		968	TORGELSON, Andrew	Garfield	11	25:24.40	08:57	08:11
72		953	LEVY, Joe	Garfield	9	25:26.40	08:59	08:11

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73	33	980	REYES-FOSTER, Diego	Rainier Beach	12	25:33.50	09:06	08:14
74	34	975	ADAMS, Adonai	Rainier Beach	11	25:33.60	09:06	08:14
75		983	HASSAN, Jayte	Rainier Beach	10	25:38.60	09:11	08:15
76		882	BONGATO, Angel	Cleveland (Wa)	10	25:44.80	09:17	08:17
77		886	HERDNANDEZ, Elliott	Cleveland (Wa)	11	26:31.00	10:04	08:32
78		895	VONG, Benjamin	Cleveland (Wa)	11	26:33.20	10:06	08:33
79		892	MAI, Thang	Cleveland (Wa)	12	26:50.30	10:23	08:38
80		962	SIMPSON, Rowan	Garfield	9	27:27.50	11:00	08:50
81		913	HOHMAN, Gabe	Eastside Catholic	10	27:30.80	11:03	08:51
82	35	879	SAYDA, Nassir	Chief Sealth	10	27:34.40	11:07	08:52
83		982	VAZQUEZ, Luis	Rainier Beach	11	45:22.00	28:55	14:36