

**2016 CROSS TOWN MIDDLE SCHOOL LEAGUE XC MEET #3**  
**Presented By Cross Town Middle School League**  
**Tuesday - September 27, 2016**  
**Upper Woodland Park - Seattle, WA**  
**Men's Open - Team Results**

RANK	TEAM	TEAM	PLACES OF FINISHERS								AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD	
1	University Prep	<b>73</b>	5	11	12	16	29	34	45	10:24.83	01:07	
2	Northwest	<b>73</b>	7	8	15	19	24	38	44	10:25.70	00:49	
3	Overlake	<b>76</b>	1	6	9	25	35	47	48	10:26.94	02:07	
4	Bush (Seattle)	<b>92</b>	2	4	22	31	33			10:03.70	02:04	
5	Cedar Park Chr. (Bothe	<b>96</b>	3	10	17	27	39	43	46	10:33.59	01:45	
6	Bellevue Christian	<b>153</b>	18	26	28	30	58	59	72	11:28.59	02:16	
7	Willows	<b>160</b>	14	20	36	42	51	63	71	11:26.99	01:54	
8	Seattle Academy	<b>166</b>	21	23	32	40	56	60	88	11:45.06	01:53	
9	St. Thomas	<b>211</b>	13	37	50	65	74	77		12:02.32	03:21	
	Bear Creek	<b>0</b>	41	52	70	81				-	-	

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**University Prep**

Score	Name	Grade	Time
5	MCHUGH, Nick	8	09:37.60
11	LAGUNOFF, Max	8	09:53.50
12	BUSCHER, Henry	8	09:54.50
16	POHLMANN, Anders	8	10:08.00
29	SHERMAN, Lucas	8	10:44.50
34	BAYLOR, David	6	10:52.60
44	LEE, Nicholas	8	11:43.10
<b>73</b>			

**Northwest**

Score	Name	Grade	Time
7	KALMUS, Tucker	7	09:42.30
8	PLUMMER, Merrik	6	09:44.20
15	MCGINTY, Samuel	8	10:07.00
19	OJEMANN, Gabriel	6	10:14.70
24	ALBRECHT, Ben	6	10:31.20
38	PALOMINO, Preston	8	11:00.80
43	MCKEE, Nathaniel	7	11:39.70
<b>73</b>			

**Overlake**

Score	Name	Grade	Time
1	NGOUNET, Alan	8	08:45.90
6	OWENS, Ryan	8	09:38.30
9	SANNAKKAYALA, Zubin	6	09:47.50
25	BEINNER, John	7	10:34.20
35	CARSON, Glyn	7	10:53.40
46	VATS, Kabir	7	11:43.70
47	GOODMAN, Jared	7	11:45.60
<b>76</b>			

**Bush (Seattle)**

Score	Name	Grade	Time
2	HIKINO, Kaito	7	08:47.20
4	WISE, Wyatt	7	09:32.60
22	DE VERE WHITE, Rory	7	10:18.40
31	MOKADAM, Kiran	8	10:49.10
33	WAHAN, Cailen	7	10:51.20
<b>92</b>			

**Cedar Park Chr. (Bothell)**

Score	Name	Grade	Time
3	CHI, Will	8	09:19.20
10	FAIRFIELD, Isaac	8	09:51.90
17	CHI, Micah	6	10:10.70
27	BLODGETT, Brenden	8	10:35.40
39	HUNTER, Israel	6	11:04.20
42	NICHOLS, Ross	6	11:10.30
45	BLODGETT, Jason	8	11:43.40
<b>96</b>			

**Bellevue Christian**

Score	Name	Grade	Time
18	SWEENEY, Joe	8	10:12.80
26	BENGELINK, Philip	8	10:34.40
28	WETTER, Will	7	10:35.90
30	DELAMARTER, Lucas	7	10:46.20
51	CORNWELL, Nathan	7	12:29.10
52	RANKIN, Spencer	7	12:30.50
57	KLAVDER, Toby	8	13:11.20
<b>153</b>			

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**Willows**

Score	Name	Grade	Time
14	LEE, Ryan	6	09:56.20
20	SWAMY, Akilesh	6	10:15.50
36	USLU, Mehmet	6	10:56.50
41	MAREMA, Dylan	6	11:09.50
49	TEEGAVARAPU, Pravnav	6	11:50.60
54	KANNON, Arvind	6	12:50.30
56	SINHA, Ishan	7	13:10.30
<b>160</b>			

**Seattle Academy**

Score	Name	Grade	Time
21	PODELL, Eli	7	10:15.90
23	BISHOP, Adam	8	10:18.80
32	ATCHISON, Keegan	7	10:50.40
40	ZINSCHLAG, Jay	8	11:04.90
50	RATZLAFF, Peter	6	12:09.30
53	FARRELL, Nalu	7	12:36.20
60	CHAU, Daoming	6	14:59.90
<b>166</b>			

**St. Thomas**

Score	Name	Grade	Time
13	STELLY, Jake	7	09:55.30
37	PRICE, Sam	7	10:57.10
48	CONN, Desmond	7	11:48.80
55	COLLEDGE, Tristan	7	12:56.10
58	SUJIT, Rishi	6	13:16.40
59	GREWAL, Jeevan	7	13:20.20
<b>211</b>			

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Men's Open - Individual Results

Start Time

3:45 PM

Race Distance

2,414 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	244	NGOUNET, Alan	Overlake	8	08:45.90	00:00	05:51
2	2	193	HIKINO, Kaito	Bush (Seattle)	7	08:47.20	00:02	05:51
3	3	202	CHI, Will	Cedar Park Chr. (Bot	8	09:19.20	00:34	06:13
4	4	196	WISE, Wyatt	Bush (Seattle)	7	09:32.60	00:47	06:22
5	5	273	MCHUGH, Nick	University Prep	8	09:37.60	00:52	06:25
6	6	245	OWENS, Ryan	Overlake	8	09:38.30	00:53	06:26
7	7	221	KALMUS, Tucker	Northwest	7	09:42.30	00:57	06:28
8	8	228	PLUMMER, Merrik	Northwest	6	09:44.20	00:59	06:29
9	9	246	SANNAKKAYALA, Zubin	Overlake	6	09:47.50	01:02	06:32
10	10	203	FAIRFIELD, Isaac	Cedar Park Chr. (Bot	8	09:51.90	01:06	06:35
11	11	270	LAGUNOFF, Max	University Prep	8	09:53.50	01:08	06:36
12	12	267	BUSCHER, Henry	University Prep	8	09:54.50	01:09	06:36
13	13	263	STELLY, Jake	St. Thomas	7	09:55.30	01:10	06:37
14	14	282	LEE, Ryan	Willows	6	09:56.20	01:11	06:37
15	15	223	MCGINTY, Samuel	Northwest	8	10:07.00	01:22	06:45
16	16	274	POHLMANN, Anders	University Prep	8	10:08.00	01:23	06:45
17	17	201	CHI, Micah	Cedar Park Chr. (Bot	6	10:10.70	01:25	06:47
18	18	189	SWEENEY, Joe	Bellevue Christian	8	10:12.80	01:27	06:49
19	19	225	OJEMANN, Gabriel	Northwest	6	10:14.70	01:29	06:50
20	20	287	SWAMY, Akilesh	Willows	6	10:15.50	01:30	06:50
21	21	255	PODELL, Eli	Seattle Academy	7	10:15.90	01:30	06:51
22	22	192	DE VERE WHITE, Rory	Bush (Seattle)	7	10:18.40	01:33	06:52
23	23	251	BISHOP, Adam	Seattle Academy	8	10:18.80	01:33	06:53
24	24	213	ALBRECHT, Ben	Northwest	6	10:31.20	01:46	07:01
25	25	241	BEINNER, John	Overlake	7	10:34.20	01:49	07:03
26	26	181	BENGELINK, Philip	Bellevue Christian	8	10:34.40	01:49	07:03
27	27	198	BLODGETT, Brenden	Cedar Park Chr. (Bot	8	10:35.40	01:50	07:04
28	28	191	WETTER, Will	Bellevue Christian	7	10:35.90	01:50	07:04
29	29	276	SHERMAN, Lucas	University Prep	8	10:44.50	01:59	07:10
30	30	183	DELAMARTER, Lucas	Bellevue Christian	7	10:46.20	02:01	07:11
31	31	194	MOKADAM, Kiran	Bush (Seattle)	8	10:49.10	02:04	07:13
32	32	250	ATCHISON, Keegan	Seattle Academy	7	10:50.40	02:05	07:14
33	33	195	WAHAN, Cailen	Bush (Seattle)	7	10:51.20	02:06	07:14
34	34	265	BAYLOR, David	University Prep	6	10:52.60	02:07	07:15
35	35	242	CARSON, Glyn	Overlake	7	10:53.40	02:08	07:16
36	36	289	USLU, Mehmet	Willows	6	10:56.50	02:11	07:18

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PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
37	37	262	PRICE, Sam	St. Thomas	7	10:57.10	02:12	07:18
38	38	226	PALOMINO, Preston	Northwest	8	11:00.80	02:15	07:21
39	39	206	HUNTER, Israel	Cedar Park Chr. (Botl	6	11:04.20	02:19	07:23
40	40	258	ZINSCHLAG, Jay	Seattle Academy	8	11:04.90	02:19	07:23
41		177	FONTILLA, Alexander	Bear Creek	8	11:06.60	02:21	07:24
42	41	283	MAREMA, Dylan	Willows	6	11:09.50	02:24	07:26
43	42	208	NICHOLS, Ross	Cedar Park Chr. (Botl	6	11:10.30	02:25	07:27
44	43	224	MCKEE, Nathaniel	Northwest	7	11:39.70	02:54	07:46
45	44	271	LEE, Nicholas	University Prep	8	11:43.10	02:58	07:49
46	45	199	BLODGETT, Jason	Cedar Park Chr. (Botl	8	11:43.40	02:58	07:49
47	46	249	VATS, Kabir	Overlake	7	11:43.70	02:58	07:49
48	47	243	GOODMAN, Jared	Overlake	7	11:45.60	03:00	07:50
49		240	BARON, Luke	Overlake	7	11:47.10	03:02	07:51
50	48	260	CONN, Desmond	St. Thomas	7	11:48.80	03:03	07:53
51	49	288	TEEGAVARAPU, Pravnav	Willows	6	11:50.60	03:05	07:54
52		178	KIM, Alexander	Bear Creek	7	11:56.80	03:11	07:58
53		235	STEPHENSON, Satchel	Northwest	7	12:05.70	03:20	08:04
54		237	TAMAYO-ROUSSEAU, Camil	Northwest	6	12:06.90	03:21	08:05
55		211	STEINMETZ, Kazuki	Cedar Park Chr. (Botl	8	12:09.30	03:24	08:06
56	50	256	RATZLAFF, Peter	Seattle Academy	6	12:09.30	03:24	08:06
57		197	BEZANSON, Bryce	Cedar Park Chr. (Botl	8	12:20.70	03:35	08:14
58	51	182	CORNWELL, Nathan	Bellevue Christian	7	12:29.10	03:44	08:19
59	52	188	RANKIN, Spencer	Bellevue Christian	7	12:30.50	03:45	08:20
60	53	253	FARRELL, Nalu	Seattle Academy	7	12:36.20	03:51	08:24
61		230	PORTER, Kyle	Northwest	7	12:36.40	03:51	08:24
62		266	BELL, Andrew	University Prep	7	12:47.00	04:02	08:31
63	54	281	KANNON, Arvind	Willows	6	12:50.30	04:05	08:34
64		216	FERRARI, William	Northwest	6	12:52.80	04:07	08:35
65	55	259	COLLEDGE, Tristan	St. Thomas	7	12:56.10	04:11	08:37
66		233	SHARP, Gabriel	Northwest	7	12:59.10	04:14	08:39
67		277	WHEELER, Sam	University Prep	6	13:02.90	04:17	08:42
68		210	SITZMANN, Ryan	Cedar Park Chr. (Botl	6	13:08.50	04:23	08:46
69		218	GUSTAFSON, Kyle	Northwest	6	13:08.90	04:23	08:46
70		180	WEED, Jameson	Bear Creek	6	13:09.80	04:24	08:47
71	56	286	SINHA, Ishan	Willows	7	13:10.30	04:25	08:47
72	57	186	KLAVDER, Toby	Bellevue Christian	8	13:11.20	04:26	08:47

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PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
73		190	TUCSON, Caden	Bellevue Christian	7	13:12.10	04:27	08:48
74	58	264	SUJIT, Rishi	St. Thomas	6	13:16.40	04:31	08:51
75		272	LITTON, Oliver	University Prep	7	13:17.90	04:32	08:52
76		268	HIGLEY, Frank	University Prep	8	13:18.50	04:33	08:52
77	59	261	GREWAL, Jeevan	St. Thomas	7	13:20.20	04:35	08:53
78		285	OVECHKIN, Vladimir	Willows	7	13:28.20	04:43	08:59
79		248	VAGISH, Eashan	Overlake	6	13:43.30	04:58	09:09
80		278	ALDAHLEH, Karam	Willows	7	13:45.70	05:00	09:10
81		179	ST. PIERRE, Parker	Bear Creek	7	13:46.30	05:01	09:11
82		187	LANDAHL, Carter	Bellevue Christian	7	13:47.70	05:02	09:12
83		212	TANG, Sam	Cedar Park Chr. (Botl	8	13:55.80	05:10	09:17
84		269	HUNTER, Coleman	University Prep	6	14:04.30	05:19	09:23
85		239	ANAND, Tejesh	Overlake	8	14:12.10	05:27	09:28
86		247	SLATER, John	Overlake	7	14:16.60	05:31	09:31
87		279	BASSLER, Grant	Willows	6	14:57.30	06:12	09:58
88	60	252	CHAU, Daoming	Seattle Academy	6	14:59.90	06:14	10:00
89		200	CALVERT, Braden	Cedar Park Chr. (Botl	6	15:00.50	06:15	10:00
90		284	MAYKOV, Ivan	Willows	7	15:04.10	06:19	10:03
91		207	LESA, Shane	Cedar Park Chr. (Botl	7	15:26.10	06:41	10:17
92		215	CAPLAN, Joshua	Northwest	6	15:37.00	06:52	10:25
93		204	FRANK, Jacob	Cedar Park Chr. (Botl	8	18:09.20	09:24	12:06