

METRO LEAGUE XC MEET #2
Presented By O'Dea High School & Holy Names Academy
Thursday - September 17, 2015
Lower Woodland Park - Seattle, WA
Women's Open - Team Results

RANK	TEAM	TEAM	PLACES OF FINISHERS							AVERAGE	TOP 5
		SCORE	#1	#2	#3	#4	#5	#6*	#7*	TIME	SPREAD
1	Ballard	28	2	4	6	7	9	12	27	20:38.60	00:43
2	Roosevelt	52	3	8	11	14	18	21	23	21:17.20	01:57
3	Holy Names Academy	58	1	10	15	16	19	20	22	21:06.24	03:53
4	Eastside Catholic	119	5	40	41	45	77	113	128	24:06.63	04:51
5	West Seattle	127	17	24	32	56	60	110	126	24:01.47	02:36
6	Chief Sealth	168	51	54	89	90	164	178	186	27:28.91	05:56
	Cleveland (Wa)	0	13	42	88	159				-	-

METRO LEAGUE XC MEET #2
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Women's Open - Team Breakdown

Ballard

Score	Name	Grade	Time
2	SMITH, Jamie	12	19:42.60
4	REDPATH, Veronica	10	19:57.80
6	SMITH, Samantha	9	20:16.10
7	YARDLEY, Lou	10	20:17.10
9	KNOUGRES, Anasatsia	9	20:25.80
12	HESSELGESSER, Paige	12	21:09.70
24	GODBOUT, Nicole	12	22:41.10
28			

Roosevelt

Score	Name	Grade	Time
3	SCHUDA, Helen	12	19:55.10
8	LARSON, Anna	11	20:22.10
11	BARR, Jane	11	20:58.90
13	DAVIS, Flora	12	21:25.90
17	O'HARA, Sophia	10	21:51.60
20	COHEN, Emily	12	22:09.10
22	KAUPER, Natalie	11	22:17.70
52			

Holy Names Academy

Score	Name	Grade	Time
1	OAKES, Jordan	11	18:03.30
10	MUELLER, Maria	12	20:26.70
14	MARTINEZ, Colleen	11	21:30.80
15	FRANK, Gabi	11	21:31.10
18	MARTINEZ, Lucy	9	21:56.40
19	KLEBECK, Lucy	9	22:01.90
21	REEVES, Gabby	11	22:13.50
58			

Eastside Catholic

Score	Name	Grade	Time
5	RAMOS, Ashlyn	10	20:07.90
26	PARKER, Paige	9	23:33.30
27	LANG, Alessandria (Ava)	9	23:33.30
28	RAMOS, Kyleigh	10	23:40.70
33	SIEGEL, Emma	11	24:58.60
37	GREENE, Rachel	12	26:01.30
39	JOLLY, Kemper	10	26:51.30
119			

West Seattle

Score	Name	Grade	Time
16	RACKNER, Gabrielle	10	21:40.10
23	GORDON-KIRK, Hannah	12	22:24.00
25	WINGE, Tatiyana	12	22:58.50
31	CHIN, Sonya	10	24:07.20
32	JOHNSON, Sophie	12	24:16.00
36	BALTAZAR-LEON, Karla	9	25:58.30
38	BELL, Caitlin	9	26:46.20
127			

Chief Sealth

Score	Name	Grade	Time
29	WILLIAMS, Zhen	10	23:55.00
30	HADAWAY, Allison	12	24:00.60
34	GLATZMAYER, Laurel	11	25:22.60
35	WARD, Leah	10	25:23.60
40	HAYWOOD, Lauryn	10	29:51.30
41	CHOU, Kimseam	10	31:06.00
42	CONLEY, Rumi	10	32:43.30
168			

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Cleveland (Wa)

Score	Name	Grade	Time
	MUMIN, Deqa	11	21:17.50
	DANG, Tina	10	23:36.30
	TABASAN, Kyla	10	25:19.30
	NGUYEN, Kelly	11	29:16.70

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METRO LEAGUE XC MEET #2

Presented By O'Dea High School & Holy Names Academy

Thursday - September 17, 2015

Lower Woodland Park - Seattle, WA

Women's Open - Individual Results

Start Time

3:40 PM

Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
1	1	663	OAKES, Jordan	Holy Names Academ	11	18:03.30	00:00	05:49
2	2	485	SMITH, Jamie	Ballard	12	19:42.60	01:39	06:21
3	3	761	SCHUDA, Helen	Roosevelt	12	19:55.10	01:52	06:25
4	4	480	REDPATH, Veronica	Ballard	10	19:57.80	01:54	06:26
5	5	573	RAMOS, Ashlyn	Eastside Catholic	10	20:07.90	02:04	06:29
6	6	486	SMITH, Samantha	Ballard	9	20:16.10	02:13	06:31
7	7	492	YARDLEY, Lou	Ballard	10	20:17.10	02:14	06:32
8	8	742	LARSON, Anna	Roosevelt	11	20:22.10	02:19	06:33
9	9	468	KNOUGRES, Anasatsia	Ballard	9	20:25.80	02:22	06:35
10	10	660	MUELLER, Maria	Holy Names Academ	12	20:26.70	02:23	06:35
11	11	710	BARR, Jane	Roosevelt	11	20:58.90	02:55	06:45
12	12	465	HESSELGESSER, Paige	Ballard	12	21:09.70	03:06	06:49
13		555	MUMIN, Deqa	Cleveland (Wa)	11	21:17.50	03:14	06:51
14	13	722	DAVIS, Flora	Roosevelt	12	21:25.90	03:22	06:54
15	14	652	MARTINEZ, Colleen	Holy Names Academ	11	21:30.80	03:27	06:55
16	15	635	FRANK, Gabi	Holy Names Academ	11	21:31.10	03:28	06:56
17	16	840	RACKNER, Gabrielle	West Seattle	10	21:40.10	03:37	06:58
18	17	756	O'HARA, Sophia	Roosevelt	10	21:51.60	03:48	07:02
19	18	653	MARTINEZ, Lucy	Holy Names Academ	9	21:56.40	03:53	07:04
20	19	651	KLEBECK, Lucy	Holy Names Academ	9	22:01.90	03:58	07:05
21	20	717	COHEN, Emily	Roosevelt	12	22:09.10	04:06	07:08
22	21	669	REEVES, Gabby	Holy Names Academ	11	22:13.50	04:10	07:09
23	22	738	KAUPER, Natalie	Roosevelt	11	22:17.70	04:14	07:11
24	23	837	GORDON-KIRK, Hannah	West Seattle	12	22:24.00	04:21	07:13
25		728	GLENN, Isabella	Roosevelt	10	22:35.10	04:32	07:16
26		736	JURCA, Ana	Roosevelt	12	22:38.70	04:35	07:17
27	24	462	GODBOUT, Nicole	Ballard	12	22:41.10	04:38	07:18
28		718	COHEN, Samantha	Roosevelt	10	22:43.30	04:40	07:19
29		489	TOOKEY, Margaret	Ballard	9	22:45.50	04:42	07:20
30		637	HALE, Stefanie	Holy Names Academ	9	22:48.40	04:45	07:20
31		743	LOCKERT, Dani	Roosevelt	9	22:54.10	04:51	07:22
32	25	845	WINGE, Tatiyana	West Seattle	12	22:58.50	04:55	07:24
33		662	NELSON, Louise	Holy Names Academ	9	22:58.60	04:55	07:24
34		768	WEST, Maddie	Roosevelt	11	22:59.50	04:56	07:24
35		450	BERGERON, Ellie	Ballard	12	23:00.10	04:57	07:24
36		456	DYNES, Kathryn	Ballard	10	23:04.60	05:01	07:26

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Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
37		737	KATINAS, Angela	Roosevelt	12	23:07.40	05:04	07:27
38		664	OLBRICHT, Hope	Holy Names Academ	10	23:26.80	05:23	07:33
39		661	NEAL, Lila	Holy Names Academ	12	23:29.70	05:26	07:34
40	26	572	PARKER, Paige	Eastside Catholic	9	23:33.30	05:30	07:35
41	27	570	LANG, Alessandria (Ava)	Eastside Catholic	9	23:33.30	05:30	07:35
42		554	DANG, Tina	Cleveland (Wa)	10	23:36.30	05:33	07:36
43		765	TIESI, Francesca	Roosevelt	11	23:36.50	05:33	07:36
44		673	SAJER, Anna	Holy Names Academ	12	23:36.70	05:33	07:36
45	28	574	RAMOS, Kyleigh	Eastside Catholic	10	23:40.70	05:37	07:37
46		642	HEIN, Graycee	Holy Names Academ	12	23:43.60	05:40	07:38
47		732	HOMCHICK, Alexa	Roosevelt	12	23:44.30	05:41	07:38
48		950	KODAMA, Juliana	Roosevelt	12	23:46.10	05:43	07:39
49		473	MASTROBATTISTA, Jenny	Ballard	10	23:48.40	05:45	07:40
50		644	HELM-MACLEOD, Jing-Mei	Holy Names Academ	12	23:49.30	05:46	07:40
51	29	547	WILLIAMS, Zhen	Chief Sealth	10	23:55.00	05:52	07:42
52		649	KEHOE, Erin	Holy Names Academ	12	23:55.10	05:52	07:42
53		479	RAINBOW, Francesca	Ballard	9	23:59.90	05:56	07:43
54	30	544	HADAWAY, Allison	Chief Sealth	12	24:00.60	05:57	07:44
55		727	GALBRAITH, Anna	Roosevelt	10	24:05.20	06:02	07:45
56	31	833	CHIN, Sonya	West Seattle	10	24:07.20	06:04	07:46
57		672	ROTHMEYER, Katherine	Holy Names Academ	11	24:08.80	06:05	07:46
58		459	FRYER, Annabelle	Ballard	9	24:11.20	06:08	07:47
59		758	RUDDICK, Abbie	Roosevelt	9	24:13.30	06:10	07:48
60	32	838	JOHNSON, Sophie	West Seattle	12	24:16.00	06:13	07:49
61		671	ROSZKOWSKI, Tori	Holy Names Academ	12	24:17.00	06:14	07:49
62		481	RUBENS, Hannah	Ballard	11	24:18.20	06:15	07:49
63		650	KENNEDY, Keara	Holy Names Academ	11	24:22.20	06:19	07:51
64		484	SMALLEY, Amika	Ballard	10	24:22.40	06:19	07:51
65		772	WRIGHT, Harriet	Roosevelt	10	24:28.00	06:25	07:53
66		447	AXTON, Fiona	Ballard	9	24:29.90	06:26	07:53
67		670	ROFFEY, Emma	Holy Names Academ	12	24:33.60	06:30	07:54
68		640	HAUSER, Leila	Holy Names Academ	12	24:33.70	06:30	07:54
69		648	KAMINENI, Radha	Holy Names Academ	9	24:34.50	06:31	07:55
70		478	PICKERING, Ella	Ballard	9	24:40.80	06:37	07:57
71		676	STONKUS, Amelia	Holy Names Academ	9	24:41.10	06:38	07:57
72		678	VILA, Audrey	Holy Names Academ	11	24:45.70	06:42	07:58

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PLACE	TEAM	POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
73			471	LINDELL, Gabby	Ballard	11	24:45.90	06:42	07:58
74			491	WREY, Robyn	Ballard	12	24:50.60	06:47	08:00
75			457	ESPIN, Jennifer	Ballard	9	24:51.70	06:48	08:00
76			645	HILL, Margaret	Holy Names Academ	11	24:58.10	06:55	08:02
77	33		575	SIEGEL, Emma	Eastside Catholic	11	24:58.60	06:55	08:02
78			668	PORTER, Tess	Holy Names Academ	11	24:59.20	06:56	08:03
79			714	BERNARD, Connie	Roosevelt	10	25:01.40	06:58	08:03
80			469	KRANWINKLE, Rose	Ballard	9	25:01.60	06:58	08:03
81			446	ANDERSON, Elsa	Ballard	10	25:02.30	06:59	08:04
82			757	POWELL, Abby	Roosevelt	10	25:02.50	06:59	08:04
83			654	MCDONALD, Maya	Holy Names Academ	9	25:05.50	07:02	08:05
84			449	BAUER, Audrey	Ballard	9	25:07.70	07:04	08:05
85			443	ADAMS, Sophie	Ballard	10	25:09.90	07:06	08:06
86			448	BARRINGTON, Marlowe	Ballard	9	25:10.50	07:07	08:06
87			752	MOYNIHAN, Sophie	Roosevelt	12	25:16.90	07:13	08:08
88			557	TABASAN, Kyla	Cleveland (Wa)	10	25:19.30	07:16	08:09
89	34		543	GLATZMAYER, Laurel	Chief Sealth	11	25:22.60	07:19	08:10
90	35		546	WARD, Leah	Chief Sealth	10	25:23.60	07:20	08:10
91			657	MILLER, Jane	Holy Names Academ	11	25:23.70	07:20	08:10
92			451	BLUE, Samantha	Ballard	11	25:25.90	07:22	08:11
93			723	EVANS, Molly	Roosevelt	12	25:26.70	07:23	08:11
94			719	COLLEDGE, Lynnea	Roosevelt	10	25:29.10	07:26	08:12
95			764	SYMONS, Genevieve	Roosevelt	9	25:29.90	07:26	08:12
96			711	BARTON, Kendall	Roosevelt	10	25:30.30	07:27	08:13
97			763	STUBBS, Hunter	Roosevelt	10	25:30.40	07:27	08:13
98			460	GARRYUSHENKO, Regina	Ballard	10	25:31.60	07:28	08:13
99			483	SHELDRAKE, Meghan	Ballard	9	25:31.90	07:28	08:13
100			466	INGE, Kate	Ballard	9	25:32.20	07:29	08:13
101			638	HALPIN, Bryn	Holy Names Academ	9	25:35.30	07:32	08:14
102			634	EVANS, Catherine	Holy Names Academ	9	25:35.70	07:32	08:14
103			633	CUTNER, Emma	Holy Names Academ	10	25:38.70	07:35	08:15
104			643	HELLUM, Maren	Holy Names Academ	11	25:39.90	07:36	08:16
105			707	AANERUD, Sophie	Roosevelt	12	25:42.90	07:39	08:17
106			760	SAWYER, Simone	Roosevelt	9	25:43.80	07:40	08:17
107			472	MACLAY, Claire	Ballard	12	25:52.00	07:49	08:20
108			454	DANIEL-SMITH, Madison	Ballard	9	25:57.70	07:54	08:21

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PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	FINISH TIME	TIME BACK	MILE PACE
109		679	ZAMBERLIN, Marguerite	Holy Names Academy	10	25:58.10	07:55	08:22
110	36	829	BALTAZAR-LEON, Karla	West Seattle	9	25:58.30	07:55	08:22
111		639	HAMPSON, Lauren	Holy Names Academy	11	25:59.90	07:56	08:22
112		675	SPENCER, Katy	Holy Names Academy	12	26:00.60	07:57	08:22
113	37	566	GREENE, Rachel	Eastside Catholic	12	26:01.30	07:58	08:23
114		482	SHELLER, Madeleine	Ballard	11	26:03.30	08:00	08:23
115		735	IRETON, Emma	Roosevelt	9	26:03.80	08:00	08:23
116		628	AIONI, Olivia	Holy Names Academy	11	26:05.00	08:02	08:24
117		636	GARCIA, Isabella	Holy Names Academy	12	26:05.40	08:02	08:24
118		630	CHAMBERLIN, Helen	Holy Names Academy	9	26:07.60	08:04	08:25
119		755	NUSSBAUM, Zoe	Roosevelt	10	26:09.10	08:06	08:25
120		762	SHIGLEY, Bailey	Roosevelt	10	26:09.30	08:06	08:25
121		720	DAVIES, Margaret	Roosevelt	12	26:16.10	08:13	08:27
122		647	JELDEN, Montana	Holy Names Academy	11	26:19.10	08:16	08:28
123		641	HAWKSFORD, Ivy	Holy Names Academy	10	26:20.30	08:17	08:29
124		744	LOUDEN, Emily	Roosevelt	10	26:38.80	08:35	08:35
125		750	MINITIERO, Liana	Roosevelt	9	26:44.50	08:41	08:36
126	38	830	BELL, Caitlin	West Seattle	9	26:46.20	08:43	08:37
127		748	MCALPINE, Olivia	Roosevelt	11	26:46.70	08:43	08:37
128	39	568	JOLLY, Kemper	Eastside Catholic	10	26:51.30	08:48	08:39
129		831	BELL, Hailey	West Seattle	9	26:55.40	08:52	08:40
130		571	MURPHY, Tara	Eastside Catholic	12	26:57.30	08:54	08:41
131		759	SANTOS, Maria	Roosevelt	9	26:58.20	08:55	08:41
132		655	MCFAUL, Bridget	Holy Names Academy	10	27:01.00	08:58	08:42
133		464	HAMILTON, Ashton	Ballard	9	27:01.80	08:58	08:42
134		731	HOFFMAN, Maddy	Roosevelt	9	27:03.60	09:00	08:43
135		730	HAY, Ellie	Roosevelt	12	27:15.50	09:12	08:46
136		771	WRIGHT, Ada	Roosevelt	10	27:16.10	09:13	08:47
137		729	GODDU, Anna	Roosevelt	9	27:16.40	09:13	08:47
138		487	STONKUS, Sabine	Ballard	12	27:16.50	09:13	08:47
139		773	ZWASCHKA, Jamie	Roosevelt	11	27:18.20	09:15	08:47
140		488	STUMP, Dorian	Ballard	11	27:20.30	09:17	08:48
141		834	COSETTE, Emily	West Seattle	10	27:25.60	09:22	08:50
142		770	WOLF, Claire	Roosevelt	10	27:31.10	09:28	08:51
143		749	MCGUIRE, Eleanor	Roosevelt	10	27:42.10	09:39	08:55
144		666	PEARSON, Sabrina	Holy Names Academy	11	28:04.50	10:01	09:02

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145		713	BENEVICH, Julia	Roosevelt	9	28:07.80	10:04	09:03
146		952	KRYSTAD, Charlotte	Roosevelt	9	28:08.10	10:05	09:03
147		569	KRUEGER, Jamie	Eastside Catholic	11	28:10.70	10:07	09:04
148		567	HOULIHAN, Molly	Eastside Catholic	11	28:11.40	10:08	09:04
149		733	HUTCHISON, Hannah	Roosevelt	12	28:15.40	10:12	09:06
150		715	BITTER, Sage	Roosevelt	11	28:15.40	10:12	09:06
151		725	FLYNN, Jess	Roosevelt	10	28:16.70	10:13	09:06
152		754	NUNES, Julia	Roosevelt	10	28:43.70	10:40	09:15
153		708	AGARWAL, Krishna	Roosevelt	12	28:45.50	10:42	09:15
154		444	AIELLO, Claire	Ballard	10	28:51.00	10:48	09:17
155		467	KILCOURSE, Jane	Ballard	10	28:58.70	10:55	09:20
156		747	MAUL, Eleanor	Roosevelt	10	29:08.20	11:05	09:23
157		659	MORIARTY, Bella	Holy Names Academ'	10	29:13.80	11:10	09:24
158		739	KRAMER, Mari	Roosevelt	9	29:15.40	11:12	09:25
159		556	NGUYEN, Kelly	Cleveland (Wa)	11	29:16.70	11:13	09:25
160		709	BAILEY, Julia	Roosevelt	10	29:18.00	11:15	09:26
161		767	VON HAGEL, Alea	Roosevelt	9	29:37.60	11:34	09:32
162		721	DAVIS, Fiona	Roosevelt	9	29:45.90	11:42	09:35
163		766	VAN DER TOORN, Olivia	Roosevelt	11	29:51.20	11:48	09:37
164	40	545	HAYWOOD, Lauryn	Chief Sealth	10	29:51.30	11:48	09:37
165		470	LEDGERWOOD, Ashlyne	Ballard	11	30:02.50	11:59	09:40
166		455	D'CAFANGO, Olivia	Ballard	12	30:03.90	12:00	09:41
167		453	CARNE-WOODS, Riley	Ballard	9	30:05.00	12:02	09:41
168		832	BELL, Sophia	West Seattle	9	30:13.70	12:10	09:44
169		629	BERENDTS, Elizabeth	Holy Names Academ'	9	30:20.40	12:17	09:46
170		724	FARAJALLAH, Jenin	Roosevelt	10	30:21.60	12:18	09:46
171		741	LARSON, Abby	Roosevelt	12	30:23.00	12:20	09:47
172		769	WILLIAMS, Emma	Roosevelt	12	30:23.90	12:20	09:47
173		667	PIERCE, Emily	Holy Names Academ'	12	30:25.30	12:22	09:48
174		751	MOYNIHAN, Eve	Roosevelt	10	30:43.10	12:40	09:53
175		746	MAASS, Amelia	Roosevelt	10	30:48.50	12:45	09:55
176		716	BULLARD, Allison	Roosevelt	11	30:58.60	12:55	09:58
177		753	NELSON, Frannie	Roosevelt	11	30:58.70	12:55	09:58
178	41	541	CHOU, Kimseam	Chief Sealth	10	31:06.00	13:03	10:01
179		841	SIEGMUND, Iris	West Seattle	10	31:07.90	13:04	10:01
180		477	PELL, Maya	Ballard	12	31:15.50	13:12	10:04

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181		745	LYNCH, Greta	Roosevelt	11	31:15.60	13:12	10:04
182		734	IPPOLITO, Lydia	Roosevelt	11	32:10.10	14:07	10:21
183		740	LABYAK, Jenna	Roosevelt	10	32:11.30	14:08	10:22
184		843	STERN, Becca	West Seattle	12	32:34.70	14:31	10:29
185		835	DREW, Anna	West Seattle	9	32:37.30	14:34	10:30
186	42	542	CONLEY, Rumi	Chief Sealth	10	32:43.30	14:40	10:32
187		712	BELINA, Bethany	Roosevelt	9	33:18.00	15:15	10:43
188		461	GILL, Kaye	Ballard	11	34:52.50	16:49	11:14
189		452	BOWLES, Jordan	Ballard	9	34:55.40	16:52	11:14
190		474	METTEER, Emma	Ballard	10	34:57.70	16:54	11:15
191		445	AMARE, Heiwat	Ballard	12	42:46.80	24:43	13:46