

2013 METRO LEAGUE 3A CROSS COUNTRY

Franklin / Chief Sealth / W. Seattle / Bainbridge / Eastside Catholic

Presented By Franklin & Chief Sealth

Thursday - September 19, 2013

Lower Woodland Park - Seattle, WA

Category - Men's Open

Individual Results

Start Time

4:20 PM

Race Distance

5,000 meters

PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	RACE TIME	TIME BACK	AVERAGE MILE TIME
1	1	1080	SIEGEL, Matt	Eastside Catholic	11	17:34.27	00:00	05:37
2	2	284	GOMEZ, Enrique	Franklin	10	17:51.38	00:17	05:43
3	3	130	HARPER, Austin	Bainbridge	12	17:58.05	00:24	05:45
4	4	115	ENTRESS, Nick	Bainbridge	12	18:01.96	00:27	05:46
5	5	199	WOLDEMICHAE, Tomas	West Seattle	12	18:27.92	00:53	05:55
6	6	156	SIMONSEN, Sean	Bainbridge	12	18:31.80	00:57	05:56
7	7	109	CARLSON, Keith	Bainbridge	10	18:34.28	01:00	05:57
8	8	185	AHRENS, Michael	West Seattle	12	18:39.59	01:05	05:58
9	9	101	BACON, Arthur	Bainbridge	11	18:40.28	01:06	05:58
10	10	287	IBRAHIM, Amir	Franklin	11	18:40.58	01:06	05:59
11	11	280	DAHIR, Liban	Franklin	12	18:48.30	01:14	06:01
12	12	189	CARNEY, Cade	West Seattle	9	18:48.59	01:14	06:01
13	13	164	WEYAND, Lucas	Bainbridge	10	18:50.93	01:16	06:02
14	14	173	KELLER, Brandon	Chief Sealth	11	18:52.40	01:18	06:02
15	15	292	THAI, Nathan	Franklin	10	18:55.89	01:21	06:03
16	16	165	WILSON, Edward	Bainbridge	11	18:58.68	01:24	06:04
17		141	NIKOMBORIRAK, Kawin	Bainbridge	9	19:09.13	01:35	06:08
18		149	REYNOLDS, Devon	Bainbridge	10	19:11.53	01:37	06:08
19	17	1064	GRAMBIHLER, Kyle	Eastside Catholic	10	19:11.83	01:37	06:09
20		158	STOCKMAN, Nolan	Bainbridge	12	19:17.40	01:43	06:10
21	18	182	WALLER, Lorenzo	Chief Sealth	11	19:19.35	01:45	06:11
22		159	STREVELL, Noah	Bainbridge	10	19:19.70	01:45	06:11
23	19	174	LOPEZ, Carlos	Chief Sealth	11	19:22.54	01:48	06:12
24	20	186	BONACI, James	West Seattle	10	19:29.74	01:55	06:14
25		163	WESTERHOUT, Schuyler	Bainbridge	11	19:31.58	01:57	06:15
26		136	LONGLEY, Wyatt	Bainbridge	9	19:31.78	01:57	06:15
27		125	GRIESSER, Johan	Bainbridge	10	19:36.38	02:02	06:16
28	21	295	VUU, Richard	Franklin	12	19:47.84	02:13	06:20
29		132	HILST, Noel	Bainbridge	11	19:49.72	02:15	06:21
30		135	LAFFERTY, Robert	Bainbridge	11	20:01.48	02:27	06:24
31	22	291	SOUTHERLAND, Finn	Franklin	11	20:03.97	02:29	06:25
32		129	HANACEK, Charlie	Bainbridge	10	20:05.21	02:31	06:26
33	23	1079	SCHILLER, Grant	Eastside Catholic	9	20:15.85	02:41	06:29
34	24	1062	FEARON, Sean	Eastside Catholic	11	20:16.94	02:42	06:29
35	25	1057	BRADY, Patrick	Eastside Catholic	11	20:20.07	02:46	06:30
36	26	299	YU, Rong	Franklin	11	20:23.07	02:49	06:31
37		133	IARIA, Sal	Bainbridge	9	20:24.44	02:50	06:32
38		289	NG, Denny	Franklin	10	20:24.87	02:50	06:32
39		106	BRELSFORD, Harry	Bainbridge	9	20:25.89	02:51	06:32
40		143	PATRICK, Jackson	Bainbridge	9	20:27.53	02:53	06:33
41		124	GLEASON, Will	Bainbridge	9	20:28.73	02:54	06:33



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PLACE	TEAM POINTS	BIB	ATHLETE	TEAM	GRADE	RACE TIME	TIME BACK	AVERAGE MILE TIME
42		300	YUEN, Raymond	Franklin	11	20:34.43	03:00	06:35
43	27	170	DAVIS, Ryan	Chief Sealth	10	20:35.15	03:01	06:35
44		122	GARTHWAITE, Cole	Bainbridge	10	20:47.83	03:13	06:39
45		123	GILDNER, Joe	Bainbridge	11	20:52.91	03:18	06:41
46	28	192	DRAKE, Kahri	West Seattle	9	20:55.75	03:21	06:42
47	29	1054	BEAUCHENE, Alex	Eastside Catholic	10	21:06.94	03:32	06:45
48		126	GURZA, Joaquin	Bainbridge	11	21:14.62	03:40	06:48
49		146	QUEEN, Daniel	Bainbridge	9	21:18.33	03:44	06:49
50	30	187	BOUCHER, Brayden	West Seattle	9	21:21.20	03:47	06:50
51		118	FLOREZ, Mateo	Bainbridge	10	21:38.31	04:04	06:55
52		298	WU, Kenny	Franklin	11	21:43.00	04:09	06:57
53		274	BLOUNT, Jorge	Franklin	10	21:48.42	04:14	06:59
54		297	WOO, Justin	Franklin	10	21:53.45	04:19	07:00
55		121	FRIEDMAN, Jack	Bainbridge	9	21:58.43	04:24	07:02
56		282	DRAPE, Matt	Franklin	10	21:59.73	04:25	07:02
57		127	HALLINAN, Skyler	Bainbridge	9	22:01.12	04:27	07:03
58		161	TOGLIA, Nich	Bainbridge	12	22:02.05	04:28	07:03
59	31	1074	LOVIN, Adam	Eastside Catholic	10	22:05.57	04:31	07:04
60		155	SHIACH, Nick	Bainbridge	10	22:11.34	04:37	07:06
61		1085	YOUNG, Ryan	Eastside Catholic	11	22:14.07	04:40	07:07
62		1077	REILLY, Jack	Eastside Catholic	10	22:17.15	04:43	07:08
63		1058	DAVIDSON, Parker	Eastside Catholic	10	22:24.99	04:50	07:10
64	32	167	BARTH, Nicholas	Chief Sealth	11	22:28.32	04:54	07:11
65		110	CHANDLER, Dmitry	Bainbridge	9	22:28.35	04:54	07:11
66		1063	GILCHRIST, Henry	Eastside Catholic	9	22:38.60	05:04	07:15
67		137	MARSHALL, Luke	Bainbridge	9	22:42.75	05:08	07:16
68		1081	SOLDENWAGNER, Erik	Eastside Catholic	9	22:51.22	05:17	07:19
69		1069	JIMENEZ, Carles	Eastside Catholic	10	22:53.39	05:19	07:19
70		276	CHAN, Kaleo	Franklin	10	22:53.72	05:19	07:20
71		290	SAETURN, Chiem	Franklin	11	22:54.10	05:20	07:20
72		277	CHEN, Wo Bin	Franklin	11	22:57.37	05:23	07:21
73	33	168	BAUER, Izac	Chief Sealth	12	22:58.95	05:24	07:21
74		157	SPROTT, Jarod	Bainbridge	9	22:59.61	05:25	07:21
75		293	TRAN, Lam	Franklin	11	23:02.81	05:28	07:22
76		150	RICE, Charlie	Bainbridge	10	23:05.49	05:31	07:23
77		142	O'MARA, Teddy	Bainbridge	11	23:05.97	05:31	07:24
78		153	SCHMIT, Robin	Bainbridge	10	23:06.42	05:32	07:24
79	34	176	MUSE, Haruun	Chief Sealth	10	23:11.57	05:37	07:25
80		102	BACON, Henry	Bainbridge	9	23:15.43	05:41	07:27
81		105	BLAIR, Keaton	Bainbridge	9	23:21.36	05:47	07:28
82		275	CADELINA, Jerome	Franklin	12	23:21.74	05:47	07:29



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83		103	BAKER, John	Bainbridge	12	23:24.31	05:50	07:29
84		278	CRANDALL, Owen	Franklin	10	23:24.32	05:50	07:29
85	35	195	SERANO, Juan	West Seattle	9	23:25.17	05:51	07:30
86		148	RENTZ, Eli	Bainbridge	9	23:25.85	05:51	07:30
87		171	DIRIYE, Abdullahi	Chief Sealth	12	23:26.25	05:52	07:30
88		188	CARNEY, Jacob	West Seattle	11	23:35.05	06:01	07:33
89		104	BENNETT, Eli	Bainbridge	12	23:44.93	06:10	07:36
90		1055	BEAVER, Sam	Eastside Catholic	11	23:54.63	06:20	07:39
91		190	CHHUN, Sida	West Seattle	10	23:56.88	06:22	07:40
92		1068	HULL, Elliott	Eastside Catholic	-	24:15.23	06:41	07:46
93		177	NICHOLS, Eliot	Chief Sealth	10	24:18.85	06:44	07:47
94		194	JONSON, Jason	West Seattle	10	24:26.50	06:52	07:49
95		1073	LOPEZ-PEREZ, Jorge	Eastside Catholic	-	24:49.39	07:15	07:57
96		145	PRENTICE, Theo	Bainbridge	9	24:51.81	07:17	07:57
97		162	VAN DYKE, Matthew	Bainbridge	10	25:03.77	07:29	08:01
98		117	FITZGERALD, Ryan	Bainbridge	9	25:10.05	07:36	08:03
99		112	CONSTAN, Nate	Bainbridge	9	25:11.25	07:37	08:04
100		160	SULLIVAN, Isaiah	Bainbridge	9	25:15.82	07:41	08:05
101		152	SALIBA, Harrison	Bainbridge	9	25:16.03	07:42	08:05
102		279	DAHIR, Ayanle	Franklin	10	25:21.18	07:47	08:07
103		128	HAMLET, Curren	Bainbridge	9	25:21.22	07:47	08:07
104		273	BELICINA, Ian	Franklin	11	25:51.21	08:17	08:16
105		288	LEE, Billy	Franklin	11	25:55.32	08:21	08:18
106		1078	RINCON, Andres	Eastside Catholic	11	26:03.16	08:29	08:20
107		1059	DUNGEY, Clayton	Eastside Catholic	11	26:05.80	08:31	08:21
108		180	RAPOZA, Brandon	Chief Sealth	9	26:15.26	08:41	08:24
109		198	WADDELL, Liam	West Seattle	10	26:16.81	08:42	08:25
110		285	GUAN, Long	Franklin	11	26:33.79	08:59	08:30
111		286	HARTSFIELD, Anthony	Franklin	10	26:35.12	09:01	08:30
112		175	MONTEMAYOR, Riley	Chief Sealth	9	26:38.38	09:04	08:31
113		281	DIEP, Alex	Franklin	12	26:54.49	09:20	08:37
114		169	BENSON, Matthew	Chief Sealth	10	26:56.90	09:22	08:37
115		179	PERRINE, Nathan	Chief Sealth	9	27:17.29	09:43	08:44
116		283	GOLEZ, Matthew	Franklin	9	27:53.45	10:19	08:56
117		113	COOK, Alex	Bainbridge	10	28:02.61	10:28	08:58
118		1060	EGGERT, Tanner	Eastside Catholic	12	28:24.07	10:50	09:05
119		1072	LAURANCE, Braden	Eastside Catholic	9	28:59.55	11:25	09:17
120		296	WALSH, Alex	Franklin	9	29:25.41	11:51	09:25
121		1065	GUEVARA, Victor	Eastside Catholic	-	31:05.49	13:31	09:57
122		1076	MILLER, Zayden	Eastside Catholic	10	31:07.59	13:33	09:58
123		1061	FARRELL, Ryan	Eastside Catholic	10	31:38.62	14:04	10:08



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124		181	RUDOLPH, Cole	Chief Sealth	10	20:52.94	03:18	06:41

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Team Results

RANK	TEAM	TEAM	RUNNER SCORES						
		SCORE	#1	#2	#3	#4	#5	#6*	#7*
1	Bainbridge	29	3	4	6	7	9	13	16
2	Franklin	59	2	10	11	15	28	31	36
3	West Seattle	73	5	8	12	24	46	50	85
4	Eastside Catholic	90	1	19	33	34	35	47	59
5	Chief Sealth	110	14	21	23	43	64	73	79