



**2013 CAPITAL STAGE RACE**  
**Presented by South Sound Velo**  
**Sunday - June 1, 2013 - Olympia, WA**  
**Men Category Pro / 1 / 2**  
**Stage #3 - Hammer Nutrition Road Race**  
**USA Cycling Chief Judge - Jeff Aurand**

<b># of Starters</b> <b>53</b>
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-	
<b>USAC Permit #2013-2266</b>	
<b>Start Time = 1:20 PM</b>	-
<b>Race Distance</b> <b>90 miles</b>	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>25.3 mph</b>

PLACE	BIB	RIDERS NAME	TEAM / AFFILIATION	USAC LICENSE	RACE TIME	TIME BACK
1	291	CRANE, Ian	Hagens Berman Cycling	184284	3:33:27	00:00
2	324	GUZMAN, Marvin	Glotman Simpson	INTL	3:33:27	00:00
3	300	HITCHCOCK, Brian	HSP	284741	3:33:27	00:00
4	279	URAKAWA, Bryan	Fischer Plumbing Racing	235138	3:33:27	00:00
5	311	STANGELAND, James	Keller Rohrback Cycling Team	208222	3:33:27	00:00
6	298	YALE, Alex	Therapeutic Associates PDX Cycl	389165	3:33:27	00:00
7	307	GAECKLE, Jeff	Olympia Orthopaedic Associates	12621	3:33:27	00:00
8	321	BALDWIN, Ian	Hagens Berman Cycling/Society C	282722	3:33:27	00:00
9	301	EMOFF, Brent	Sizzle Pie Cycling p/b Veloform	259427	3:33:27	00:00
10	292	MCANDREW, Warren	Fischer Plumbing	321144	3:33:27	00:00
11	305	HESKETT, Zach	Unattached	291411	3:33:27	00:00
12	283	HEATH, Zachary	Oregon Trail Racing	302891	3:33:27	00:00
13	304	SIROKY, Evan	Guinness Cycling Team	309756	3:33:27	00:00
14	302	FISHER, Steve	Hagens Berman Cycling	204225	3:33:27	00:00
15	278	SPAHR, Trevor	HPChiro-RPM Mortgage Cycling Te	297918	3:33:27	00:00
16	318	BOOTH, Bill	Cycle U/Apex Racing	333350	3:33:27	00:00
17	313	KESSLER, David	Team Rio Grande Elite Cycling T	INTL	3:33:27	00:00
18	310	FLEISCHHAUER, David	HAGENS BERMAN CYCLING	176226	3:33:27	00:00
19	293	SCHWARTZ, Ted	Herriot Sports Performance	330330	3:33:27	00:00
20	284	BEDFORD, Stephen	HPC Chiro/RPM Mortgage	305665	3:33:27	00:00
21	289	GIBSON, Colin	Keller Rohrback Cycling	250723	3:33:27	00:00
22	273	O'NEAL, Max	HSP/Herriott Sports Performance	229273	3:33:27	00:00
23	319	WILSSENS, Steven	HSP/Herriot Sports Performance	287991	3:33:27	00:00
24	296	FARRELL, Kyle	Garage Racing	230828	3:33:27	00:00
25	274	STREB, Travis	Glotman Simpson Cycling	INTL	3:33:27	00:00
26	328	SHALEKBRISKI, John	US Military Cycling	259043	3:33:27	00:00
27	329	BUCHHOLZ, Cort	HPChiro-RPMortgage	388074	3:33:38	00:11
28	320	JONES, Zachary	Garage Racing	225834	3:35:07	01:40
29	295	RICHTER, David	HSP	29781	3:35:07	01:40
30	322	LIBERLES, Joshua	HPChiro-RPM Mortgage Cycling	208558	3:35:07	01:40
31	275	RAINER, Mark	Glotman Simpson	INTL	3:36:40	03:13
32	303	MITTERMANN, Galen	HPChiro-RPM Mortgage	260025	3:37:21	03:54
33	325	HUMBERT, Olivier	HSP	236056	3:39:02	05:35
34	309	VAN WYCK, Dustin	HSP	229254	3:39:02	05:35
35	281	GILLAM, David	Glotman Simpson Cycling	INTL	3:39:02	05:35
36	288	TEAL, Will	HSP	318226	3:40:26	06:59



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**Men Category Pro / 1 / 2**  
**Stage #3 - Hammer Nutrition Road Race**  
**USA Cycling Chief Judge - Jeff Aurand**

<b># of Starters</b> <b>53</b>
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-	
<b>USAC Permit #2013-2266</b>	
<b>Start Time = 1:20 PM</b>	-
<b>Race Distance</b> <b>90 miles</b>	<b>Avg. Speed</b> <b>of Winner</b>
<b>FINAL</b>	<b>25.3 mph</b>

<b>PLACE</b>	<b>BIB</b>	<b>RIDERS NAME</b>	<b>TEAM / AFFILIATION</b>	<b>USAC LICENSE</b>	<b>RACE TIME</b>	<b>TIME BACK</b>
37	306	CEMANSKI, Jason	Cycle U/Apex Racing	318408	3:40:26	06:59
38	317	CAMPBELL, Robert	Audi	73795	3:40:29	07:02
39	323	WINGFIELD, Christopher	Hagens Berman Cycling	247269	3:40:29	07:02
40	308	REYNOLDS, Lang	Garage Racing	INTL	3:40:29	07:02
41	272	HONE, Mike	Audi	155193	3:40:33	07:06
42	290	HANSEN, Kevin	Ravenna Capital Managment	221895	3:40:33	07:06
43	315	MACARTHUR, Jake	Keller Rohrback	203580	3:40:36	07:09
44	287	KNABE, Lonny	Team Novo Nordisk	286309	3:40:36	07:09
45	312	BIECHELE, Travis	Cycle U/Apex Racing	294358	3:40:40	07:13
46	299	CARLSON, Brent	Audi	223236	3:40:43	07:16
47	286	WAIT-MOLYNEUX, Colby	Hagens Berman Cycling	293479	3:44:07	10:40
48	277	MILLER, Ryan	Hagens Berman Cycling	246445	3:52:35	19:08
49	316	ASKERVOLD, Thorsten	HSP/Herriott Sports Performance	299287	3:52:35	19:08
50	314	TUBBS, Ian	AUDI	111313	3:58:09	24:42
51	294	GAVETTE, Stephen	Cycle U / Apex Racing	382864	4:18:32	45:05
DNF	285	BOURCIER, Paul	Veloce Racing PB Smith&Nephew	4391	DNF	-
DNF	297	PARRISH, Chris	Audi	220473	DNF	-

**RELEGATION - #328 - JUMPING BEFORE 200m SIGN**



**2013 CAPITAL STAGE RACE**  
**Presented by South Sound Velo**  
**Sunday - June 1, 2013 - Olympia, WA**  
**Men Category 3**

<b># of Starters</b> <b>42</b>
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**Stage #3 - Hammer Nutrition Road Race**  
**USA Cycling Chief Judge - Jeff Aurand**

-	
<b>USAC Permit #2013-2266</b>	
<b>Start Time = 1:25 PM</b>	-
<b>Race Distance</b> <b>90 miles</b>	<b>Avg. Speed</b> <b>of Winner</b>
<b>FINAL</b>	<b>23.3 mph</b>

<b>PLACE</b>	<b>BIB #</b>	<b>RIDERS NAME</b>	<b>TEAM / AFFILIATION</b>	<b>USAC LICENSE</b>	<b>RACE TIME</b>	<b>TIME BACK</b>
1	335	FRANK, Miles	Hammer Nutrition	329144	3:51:40	00:00
2	338	TANGEN, Tyler	Rad Racing NW	353044	3:51:40	00:00
3	341	HAWKINSON, Bart	Blue Rooster	272789	3:51:40	00:00
4	369	BOWDEN, Zachary	Audi Cycling Team	245716	3:51:40	00:00
5	358	BAUSER, Pj	Hagens Berman / Society Consult	332266	3:51:40	00:00
6	356	ARNOPOL, Richard	Revenna Capital Management	264204	3:51:40	00:00
7	348	TAYLOR, Tavish	Audi	198253	3:51:40	00:00
8	361	EASLEY, Andrew	Audi	293544	3:51:40	00:00
9	353	GRIFFITH, Aaron	SCCA/Starbucks Cycling	305626	3:51:40	00:00
10	362	FERRON, Joseph	Trailhead Coffee Roasters	288264	3:51:40	00:00
11	375	SAHL, Todd	SCCA/Starbucks Cycling	105471	3:51:40	00:00
12	364	BUTLER, Allen	Ravenna Capital Management	326902	3:51:40	00:00
13	354	YOUNG, Ayden	Rad Racing NW	361728	3:51:40	00:00
14	365	PETERSON, Benjamin	First Strike Velo/Slalom Consul	354994	3:51:40	00:00
15	350	TANNER, Josh	Hagens Berman Society Consultin	218858	3:51:40	00:00
16	342	CHIPCHASE, Dave	Olympia Orthopaedic Associates	220071	3:51:40	00:00
17	370	BRUCE, John	Tacoma Bike	55845	3:51:40	00:00
18	337	O'BRIEN, David	Rad Racing NW	251353	3:51:40	00:00
19	347	AUSTIN, Andrew	Old Town Bicycle	316276	3:51:40	00:00
20	363	OWART, Birkin	Unattached	374934	3:51:40	00:00
21	334	BAKER, Chris	CycleU/Apex Racing	335620	3:51:40	00:00
22	367	WALKER, Alex	WWW.DOUGVASKAS.COM	212549	3:51:40	00:00
23	360	WARD, Chris	Trailhead Coffee Roasters	274038	3:51:40	00:00
24	357	GERTJE, Henry	Olympia Orthopedics Associates	107920	3:53:20	01:40
25	339	OTANI, Keiichi	Hagens Berman Society Consultin	289231	3:53:20	01:40
26	345	BANKS, John	HPChiro/RPM Mortgage	403042	3:53:20	01:40
27	346	FARRELL, Tim	Audi	292499	3:53:20	01:40
28	340	ATKINSON, Francis	SCCA/Starbucks Cycling	310182	3:53:20	01:40
29	344	OWENS, Stephen	Apex/Cycle U Racing	251280	3:53:20	01:40
30	373	RICHMOND, Chad	Hagens Berman	266765	3:55:00	03:20
31	343	ROSENBERG, Edward	Garage Racing	286466	3:55:29	03:49
32	349	BRIGHT, Chris	Illy Coffee-River City Bicycles	55163	3:58:11	06:31
33	336	NEDELMANN, Marcus	Cycle U/Apex Racing	252009	4:00:22	08:42
34	366	STORRAR, Ben	WWW.DOUGVASKAS.COM	198969	4:01:16	09:36
35	371	WOOD, Jim	Alki/Rubicon	213076	4:02:57	11:17
36	372	BENOWITZ, Daniel	Fanatik	359223	4:03:36	11:56



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**Sunday - June 1, 2013 - Olympia, WA**  
**Men Category 3**  
**Stage #3 - Hammer Nutrition Road Race**  
**USA Cycling Chief Judge - Jeff Aurand**

<b># of Starters</b> <b>42</b>
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-	
<b>USAC Permit #2013-2266</b>	
<b>Start Time = 1:25 PM</b>	-
<b>Race Distance</b> <b>90 miles</b>	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>23.3 mph</b>

<b>PLACE</b>	<b>BIB #</b>	<b>RIDERS NAME</b>	<b>TEAM / AFFILIATION</b>	<b>USAC LICENSE</b>	<b>RACE TIME</b>	<b>TIME BACK</b>
37	352	MAHAN, Avi	ASC/Redline	210067	4:09:03	17:23
38	359	HOLBROOKS, Jim	Olympia Orthopedics Associates	180568	4:09:17	17:37
39	355	CAMERON, Jason	recycled cycles	288763	4:33:03	41:23
40	368	MCGILVRAY, Kyle	WWW.DOUGVASKAS.COM	238354	4:33:03	41:23
41	374	WAPLES, Sam	River City Red	366360	4:33:03	41:23
DNF	351	WYTHER, Kevin	Last Frontier Cycling/ Life Cyc	396209	DNF	-



**2013 CAPITAL STAGE RACE**  
**Presented by South Sound Velo**  
**Sunday - June 1, 2013 - Olympia, WA**  
**Men Category 4 / 5**

<b># of Starters</b> <b>58</b>
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**Stage #3 - Hammer Nutrition Road Race**  
**USA Cycling Chief Judge - Jeff Aurand**

-	
<b>USAC Permit #2013-2266</b>	
<b>Start Time = 9:30 AM</b>	-
<b>Race Distance</b> <b>47.5 miles</b>	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>23 mph</b>

PLACE	BIB #	RIDERS NAME	TEAM / AFFILIATION	USAC LICENSE	RACE TIME	TIME BACK
1	127	JACKSON, Jordan	ReCycle Shop/ Iron Horse Brewer	238462	2:04:02	00:00
2	106	MCCREADY, Alan	Kryki Sports/Audi	392095	2:04:02	00:00
3	103	VAN ULDEN, Joost	Glotman Simpson Cycling	INTL	2:04:02	00:00
4	163	MADDOCK, Jim	Husky Cycling	245670	2:04:02	00:00
5	115	PEPIN, Nathan	Olympia Orthopaedic Associates/	249643	2:04:02	00:00
6	101	FERRONATO, Anthony	Unattached	395818	2:04:02	00:00
7	152	STEIMLE, Milo	Broken Spoke Racing	382999	2:04:02	00:00
8	108	COLICH, Frank	Cucina Fresca	270202	2:04:02	00:00
9	138	JOY-WEBB, Chris	Team Oregon p/b Laurelwood	393382	2:04:02	00:00
10	136	EDWARDS, Benjy	Olympia Orthopedic Associates	379432	2:04:02	00:00
11	161	MUEHLHAUSEN, William	First Strike Velo	332792	2:04:02	00:00
12	165	BRADY, Nolan	Rad Racing NW	329058	2:04:02	00:00
13	148	WHILEY, Lewis	Rad Racing NW	351580	2:04:02	00:00
14	130	WATERFALL, Mathew	Tacoma Bike Racing Team	395059	2:04:02	00:00
15	102	LUKES, Andy	Bikesport	367893	2:04:02	00:00
16	162	BRESSLER, Jordan	Old Town Bicycle	INTL	2:04:02	00:00
17	135	RUTLEDGE, Eamon	Bikesport Racing	401488	2:04:02	00:00
18	116	ALCORN, William	Old Town Bike (OTB)	270414	2:04:02	00:00
19	160	SIVERLY, Nick	Blue Rooster	397917	2:04:02	00:00
20	132	MATHIS, Eric	Unattached	305771	2:04:02	00:00
21	131	SILVESTRI, Streett	3D Racing Team / Tom's Atlantic	201992	2:04:02	00:00
22	114	LITSINGER, Kurt	Cycle U/ Apex Racing	235532	2:04:02	00:00
23	112	KUZMENKO, Volodymyr	Cucina Fresca Cycling Team	378217	2:04:02	00:00
24	158	AUBURN, Ryan	Recycled Cycles Racing	397857	2:04:02	00:00
25	119	COLLINS, Conor	Old Town Bicycle (OTB)	388862	2:04:02	00:00
26	128	WAHRY, Jacob	Unattached	395836	2:04:02	00:00
27	146	GRANDITS, John	Cycle-U/Apex	188164	2:04:02	00:00
28	140	FREIER, Luca	Unattached	400204	2:04:36	00:34
29	104	WITHERS, Kurt	Glotman Simpson Cycling	INTL	2:04:36	00:34
30	164	TRACEY, Corey	Glotman Simpson Cycling	INTL	2:04:36	00:34
31	124	PARRISH, Michael	Glotman Simpson	INTL	2:04:36	00:34
32	139	FORDHAM, George	Kryki Sports/ Audi	392106	2:04:36	00:34
33	167	SMART, Nialli	Unattached	4045415	2:04:38	00:36
34	117	RASOR, Jeff	TBA Racing	210470	2:04:38	00:36
35	105	TORNOW, Justin	Unattached	393741	2:04:38	00:36
36	122	VAN EYCKE JR., Martin	Tacoma Bike Racing Team	375025	2:05:04	01:02



**2013 CAPITAL STAGE RACE**  
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**Sunday - June 1, 2013 - Olympia, WA**  
**Men Category 4 / 5**  
**Stage #3 - Hammer Nutrition Road Race**  
**USA Cycling Chief Judge - Jeff Aurand**

<b># of Starters</b> <b>58</b>
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-	
<b>USAC Permit #2013-2266</b>	
<b>Start Time = 9:30 AM</b>	-
<b>Race Distance</b> <b>47.5 miles</b>	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>23 mph</b>

<b>PLACE</b>	<b>BIB #</b>	<b>RIDERS NAME</b>	<b>TEAM / AFFILIATION</b>	<b>USAC LICENSE</b>	<b>RACE TIME</b>	<b>TIME BACK</b>
37	111	HUBBELL, Daniel	Cucina Fresca	362279	2:06:44	02:42
38	121	KAISER, Chris	Wheelsport Cycling Team	112857	2:06:44	02:42
39	145	SMITH, Zachary	Unattached	366506	2:06:56	02:54
40	159	MENKING, James	Recycle Shop	378966	2:08:44	04:42
41	153	BEST, Samuel	Unattached	ONE DAY	2:09:38	05:36
42	120	BRINK, Gavin	Seattle Super Squadra, Cucina F	393351	2:09:38	05:36
43	118	WICKER, Jeremy	Montana State University	357490	2:11:43	07:41
44	143	HORACEK, Eben	pdx devo junior cycling	405815	2:13:36	09:34
45	126	CARROLL-NOVACK, Layton	Cycle U/Apex Racing	368622	2:13:36	09:34
46	134	ADELSTEIN, Aaron	SCCA/Starbucks Cycling	305846	2:13:36	09:34
47	129	JONES, Ronald	Olympia Orthopaedics Associates	246852	2:13:38	09:36
48	123	BAIRD, Curtis	Olympia Orthopaedic Associates/	331666	2:16:40	12:38
49	125	CAMP, Nathan	Cycle U / Apex	393332	2:16:43	12:41
50	107	WRIGHT, Lewis	Unattached	381256	2:16:43	12:41
51	154	HODGINS, Michael	CycleU/Apex	360674	2:16:43	12:41
52	109	KAUFMANN, Jorge	Team Oregon p/b Laurelwood Brew	396632	2:16:43	12:41
53	144	DYKSTRA, Jim	Cucina Fresca	304706	2:18:45	14:43
54	142	ACHESON, David	Methow Cycle & Sport - Blue Sta	1083	2:22:58	18:56
55	137	KAMKE, Jonathan	Blue Rooster/Sports Medicine Cl	396211	2:22:58	18:56
56	156	GARATE, David	Fischer Plumbing / Jet City Vel	367407	2:22:58	18:56
DNF	141	TASSIN, Paul	Cycle U/Apex	360595	DNF	-
DNF	157	WALSTON, Michael	Unattached	ONE DAY	DNF	-



**2013 CAPITAL STAGE RACE**  
**Presented by South Sound Velo**  
**Sunday - June 1, 2013 - Olympia, WA**  
**Master Men 40+ Cat 3 / 4 / 5**  
**Stage #3 - Hammer Nutrition Road Race**  
**USA Cycling Chief Judge - Jeff Aurand**

<b># of Starters</b> <b>35</b>
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-	
<b>USAC Permit #2013-2266</b>	
<b>Start Time = 9:35 AM</b>	-
<b>Race Distance</b> <b>47.5 miles</b>	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>22.8 mph</b>

PLACE	BIB #	RIDERS NAME	TEAM / AFFILIATION	USAC LICENSE	RACE TIME	TIME BACK
1	180	BIRDSEY, Rick	Cycle U/Apex Racing	366692	2:05:00	00:00
2	186	PALMER, Patrick	HPChiro-RPM Mortgage	401389	2:05:00	00:00
3	196	PORTIN, Mark	Cucina Fresca	271175	2:05:00	00:00
4	181	CLOUSE, John	Fischer Plumbing	302850	2:05:00	00:00
5	193	HORACEK, Richard	HPC/RPM	ONE DAY	2:05:00	00:00
6	184	SAHL, Todd	SCCA/Starbucks Cycling	105471	2:05:00	00:00
7	204	MURPHY, Sean	Tacoma Bike Racing	120568	2:05:00	00:00
8	206	BARTLETT, Denny	Market Street Cycling Club	49565	2:05:00	00:00
9	185	HUGHES, Timothy	Olympia Orthopaedic Assoc. Cycl	288962	2:05:00	00:00
10	203	MAX, Ludo	Herriott Sports Performance/HSP	355916	2:05:00	00:00
11	175	MONETT, Scott	Tacoma Bike Racing	343104	2:05:00	00:00
12	178	MCALLISTER, John	Herriott Sports Performance	306966	2:05:00	00:00
13	179	LUNIEWSKI, Greg	Bikesale.com	207153	2:05:00	00:00
14	183	BLACK, Michael	PCP Racing	244477	2:05:00	00:00
15	176	CONNELL, Jason	Cycle U / Apex Racing	305679	2:05:00	00:00
16	171	BERRY, Nicholas	Independant	INTL	2:05:00	00:00
17	187	PONS, Francisco	Fischer Plumbing Cycling	276266	2:05:00	00:00
18	192	ANDERSON, Kyle	Olympia Orthopaedic Associates	306848	2:05:00	00:00
19	209	COFFEE, Paul	Tacoma Bike Racing	331942	2:05:00	00:00
20	201	BLEIFUHS, Steve	Cucina Fresca	70153	2:05:00	00:00
21	190	PRAITIS, Ed	PCP Racing	393272	2:05:00	00:00
22	207	BOLIN, Brian	Fischer Plumbing	224629	2:05:00	00:00
23	210	LIBERATOR, Daniel	Cucina Fresca	125693	2:05:00	00:00
24	195	OLSON, Chad	Cucina Fresca Cycling	287159	2:06:12	01:12
25	208	KULLAWAY, Maxwell	PCP Racing	93176	2:07:30	02:30
26	197	SANDERSON, Michael	Bikesale.com	309751	2:08:38	03:38
27	191	MAHAN, Chris	Cucina Fresca	190831	2:08:38	03:38
28	150	BRADY, Steven	Old Town Bicycle	337164	2:08:38	03:38
29	189	HUBBARD, Mark	Audi	302869	2:12:47	07:47
30	194	CATALINA, Thomas	SCCA/Starbucks Cycling	239086	2:26:54	21:54
31	173	MABAYOJE, Bukie	Unattached	332662	2:30:31	25:31
32	198	ROSSER, Andy	Olympia Orthopaedic Associates	243889	2:38:18	33:18
DNF	199	SACKETT-CONVERSE, Bob	Four Corners Cycle Therapy	166554	DNF	-
DNF	200	SPENCER, Ben	JRA	33602	DNF	-
DNF	202	BORMAN, Lance	Unattached	ONE DAY	DNF	-



**2013 CAPITAL STAGE RACE**  
**Presented by South Sound Velo**  
**Sunday - June 1, 2013 - Olympia, WA**  
**Master Men 50+ Cat 1-5**  
**Stage #3 - Hammer Nutrition Road Race**  
**USA Cycling Chief Judge - Jeff Aurand**

<b># of Starters</b> 17
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-	
<b>USAC Permit #2013-2266</b>	
<b>Start Time = 9:40 AM</b>	-
<b>Race Distance</b> 47.5 miles	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>22.6 mph</b>

PLACE	BIB #	RIDERS NAME	TEAM / AFFILIATION	USAC LICENSE	RACE TIME	TIME BACK
1	222	POTTER, Tom	Olympia Orthopaedics Associates	206784	2:06:02	00:00
2	226	GORDON, David	Olympia Orthopaedics Associates	279863	2:06:02	00:00
3	221	KREBSBACH, Paul	Cucina Fresca Cycling Team/Seat	19808	2:09:19	03:17
4	220	RIPLEY, Robert	HSP/Herriott Sports Performance	393647	2:11:18	05:16
5	230	SERANTONI, Bill	Cycle U / Apex Racing	302728	2:11:22	05:20
6	231	TORKELSON, Scott	Oldtown Bicycle	35771	2:14:27	08:25
7	219	STIMSON, Donald	Cucina Fresca Cycling Team/Seat	67392	2:14:27	08:25
8	232	THOMPSON, Steve	Bikesale.com	287800	2:14:27	08:25
9	223	GOLDFOOS, Robbin	Cucina Fresca	196376	2:14:30	08:28
10	227	FERBER, Garth	Cucina Fresca	277301	2:14:30	08:28
11	224	ADOLF, Chris	SCCA/Starbucks	1204	2:17:25	11:23
12	225	VAN LIESHOUT, Edgar	Hagens Berman/Society Consultin	361015	2:17:57	11:55
13	229	ROOF, Rick	Old Town Bike	242755	2:19:30	13:28
14	228	SOELLING, Chris	Cucina Fresca	305711	2:19:30	13:28
15	216	FRIEDT, David	Cucina Fresca Cycling Team	209057	2:48:28	42:26
16	218	GRASSER, Stephen	Cucina fresca	INTL	2:48:28	42:26
DNF	217	LITTLE, Jd	Emerald City Cycling Club	319968	DNF	-





**2013 CAPITAL STAGE RACE**  
**Presented by South Sound Velo**  
**Sunday - June 1, 2013 - Olympia, WA**  
**Women Category Pro / 1 / 2 / 3**  
**Stage #3 - Hammer Nutrition Road Race**  
**USA Cycling Chief Judge - Jeff Aurand**

<b># of Starters</b> <b>18</b>
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-	
<b>USAC Permit #2013-2266</b>	
<b>Start Time = 1:35 PM</b>	-
<b>Race Distance</b> <b>67 miles</b>	<b>Avg. Speed of Winner</b>
<b>FINAL</b>	<b>20.9 mph</b>

<b>PLACE</b>	<b>BIB #</b>	<b>RIDERS NAME</b>	<b>TEAM / AFFILIATION</b>	<b>USAC LICENSE</b>	<b>RACE TIME</b>	<b>TIME BACK</b>
1	380	WESTBROOK, Stacy	Therapeutic Associates PDX Cycl	394857	3:12:08	00:00
2	396	GRAY, Megan	Eddies Cycling	377586	3:12:08	00:00
3	389	ROOK, Anne-Marije	Team Group Health (Sound Velo C	332470	3:12:08	00:00
4	386	JOHNSON, Vanessa	SCCA/Starbucks Cycling Team	367844	3:12:08	00:00
5	384	CLIFT, Justine	Glotman Simpson	INTL	3:12:08	00:00
6	390	DANIEL, Marsa	Team Group Health	302047	3:12:08	00:00
7	392	LEE, Rachel	Upper Echelon Fitness and Rehab	406060	3:12:08	00:00
8	391	NETTLES, Elizabeth	Recycled Cycles Racing	179798	3:12:08	00:00
9	397	CONRAD, Michele	Keller Rohrback Cycling	157480	3:12:08	00:00
10	381	GOULD, Courtney	Therapeutic Associates PDX Cycl	396625	3:15:26	03:18
11	398	WOOD, Heidi	Alki/Rubicon	309733	3:15:29	03:21
12	383	MOSS, Jan	Therapeutic Associates- PDX	177551	3:15:29	03:21
13	388	RILEY, Jadine	Team Group Health	187804	3:15:29	03:21
14	382	MCMAHON, Jennifer	Glotman Simpson Cycling	INTL	3:16:06	03:58
15	385	TISDALE, Sarah	Therapeutic Associates PDX Cycl	311027	3:16:06	03:58
16	394	WILKINSON, Karen	Team Group Health	236442	3:26:00	13:52
17	395	GREGG, Sharon	Blue Rooster Racing/The Sports	270361	3:26:00	13:52
18	399	GREENING, Allison	Peterson Racing	222948	3:40:34	28:26



**2013 CAPITAL STAGE RACE**  
**Presented by South Sound Velo**  
**Sunday - June 1, 2013 - Olympia, WA**  
**Women Category 4**  
**Stage #3 - Hammer Nutrition Road Race**  
**USA Cycling Chief Judge - Jeff Aurand**

<b># of Starters</b> <b>16</b>
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-	
<b>USAC Permit #2013-2266</b>	
<b>Start Time = 9:45 AM</b>	-
<b>Race Distance</b> 47.5 miles	<b>Avg. Speed of Winner</b> 17.5 mph
<b>FINAL - REVISION A</b>	

<b>PLACE</b>	<b>BIB #</b>	<b>RIDERS NAME</b>	<b>TEAM / AFFILIATION</b>	<b>USAC LICENSE</b>	<b>RACE TIME</b>	<b>TIME BACK</b>
1	253	ZOLTON, Andi	JLVelo Ambassadors	286622	2:42:35	00:00
2	236	WITHERS, Alysia	Glotman Simpson Cycling	INTL	2:42:37	00:02
3	246	HOLLAND, Christine	Sorella Forte pb St. Honore Bak	358734	2:42:37	00:02
4	252	ROSS, Cassie	Broken Spoke Racing	381344	2:42:37	00:02
5	245	SAUVAGE, Agnes	Cucina Fresca	260768	2:42:37	00:02
6	251	WALKER, Kristen	UBC/Bikesale.com	304902	2:42:37	00:02
7	239	JILLOT, Trish	Sorella Forte p/b St. Honore	ONE DAY	2:42:37	00:02
8	250	MERTENS, Alexandra	Herriott Sports Performance	214378	2:42:38	00:03
9	237	ASHBY, Elizabeth	Glotman Simpson	INTL	2:42:41	00:06
10	243	KOONCE, Susan	Sorella Forte p/b St. Honore Ba	ONE DAY	2:45:49	03:14
11	244	FISHER, Jean	Olympia Orthopedics CBC racing	332986	2:45:49	03:14
12	240	WELCH, Colleen	Unattached	390726	2:45:49	03:14
13	248	WANG, Joellen	SCCA/Starbucks	393220	2:47:21	04:46
14	241	THOMAS, Debbie	Olympia Orthopedics Association	393937	2:47:21	04:46
15	242	BOURCIER, Vikki	Unattached	386032	3:11:20	28:45
DNF	238	ALEXANDER, Emily	SCCA/Starbucks Cycling	392792	DNF	-